

# 1 Day Nature Pilgrimage



All are invited to participate in Emmanuel's 6th One-day Local Nature Pilgrimage - *"Walk in Joy!"*

When: **Wednesday October 4th** (rain date October 11th)

Where: Gatineau Park in Chelsea, QC

What: Camaraderie, walks, worship & reflections with music, outdoor communion

Time: 9:00 carpool from Emmanuel

- Ice cream stop before returning at 3:30
- Bring a brown bag lunch, beverage, walking shoes, lawn chair, and a journal & pen if you wish
- Sign-up sheet on the bulletin board across from the CE Hall
  
- for more information please contact Nyla Garrett or Carol Scott

*Come and 'Walk in Joy' with fellow Emmanuelites!*