

Thank God

It's

Wednesday

And I'm At Church !!!



Food, Faith, Fellowship

Wednesday May 10 and 24

Dinner 6pm – Discussions Follow



TGIW SCHEDULE

TGIW – Thank God it’s Wednesday and I’m at Church!

May 10 and May 24

There will be a dinner at 6pm (cost \$10) followed by a choice of programs at 7pm.

To help us know how many to prepare to feed, **sign-up sheets** are posted on the bulletin board outside Catherine’s office.

May 10:

What do Tia Hywarren, Albert Einstein and Mick Jagger all have in common?

They are all birders.

One in five Canadians watch birds; a life-long pastime that can be enjoyed in your backyard or on your next vacation farther afield.

Aaron Hywarren will offer an introduction to the hobby by explaining the basics, outlining helpful resources, and highlighting some of the best spots to see more than 200 species that call the National Capital Region home.

May 24:

Growing S.O.L.E.s. Student Led Philanthropy Project

How do you teach philanthropy and life skills to grade 8 students?

Greg McKean, a teacher at Vincent Massey Public School, talks about how he does just that—bringing the curriculum alive and benefiting the Russell Heights Community in the process.

Join Greg and be inspired by this successful effort, which began several years ago and has involved some of our own Emmanuel kids.

May 24: Learn about our neighbourhood food pantries

Sara Dwyer from the Russell Heights Community House will come talk about the activities, impact and challenges of the Community House. As well, Patricia Lau, Poverty Reduction Program Officer at the Rideau Rockcliffe Community Resource Center will speak about their programs.

All our neighbourhood food pantries have been experiencing an increased need; our speakers will share with us how we can help.