

## MINISTERIAL TEAM:

Minister: Rev. Dr. Steve Moore

Christian Development Minister: Rev. Catherine Gutjahr

Interim Pastoral Care Provider: Carol Scott

Leader of Music Ministry: Theresa Clarke

### OUTREACH

#### Hunger and Food

Emmanuel actively supports these organizations through food donations or other resources.

Russell Heights Community House Heron Emergency Food Cupboard

Rideau-Rockcliffe Community Resource Centre

The Ottawa Mission Centre 507 Food Secure Canada

#### Housing and Multifaith Cooperation and Dialogue

Multi-faith Housing Initiative

OMRA Shelter Corporation (Refugee Housing)

Habitat for Humanity

#### Community Liaison

Vincent Massey and Hillcrest Schools, South-East Ottawa Community Health Centre, Al Anon, Alzheimers' Support Group, Women's Network

#### Emmanuel Refugee Support Group

Emmanuel has been active in refugee sponsorship since 1979, when the Vietnamese emergency resulted in the development of Canada's private sponsorship system. Since then, we have sponsored or supported a total of 10 families numbering 34 individuals. These families have come from many parts of the world, including Asia, Europe, Africa and the Middle East, most recently the Democratic Republic of the Congo and support for Syrian families.

### GLOBAL PARTNERSHIP

Emmanuel United Church has been deeply enriched by its 29 year + partnership with Iglesia Bautista Emmanuel (Emmanuel Baptist Church) in San Salvador giving over 90 members opportunities through mission learning, election monitoring and house building trips, to learn about the issues facing Salvadoran people. As well, we have established a formal partnership with the United Church of Zambia Mission Station at Chipembi, Zambia for the purpose of aiding in the spiritual and educational development of children and young people. In support of that we have sent teams of young adults to Chipembi each summer to help run Camp Chipembi, a vacation bible school. In 2011/12, in memory of Iain Beaudoin, we facilitated a partnership with the Ottawa legal community and the People's Action Forum of Zambia to build a two-room school in a village in Munenga, Zambia.



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**A community church in Elmvale Acres since 1959.  
Eastbrook United joined Emmanuel in 1999 and Wesley  
United joined Emmanuel through amalgamation in 2013.  
For more information on our history, church activities and  
more: telephone, email or go to our website at:  
[www.emmanuelunited.ca](http://www.emmanuelunited.ca)**

# Emmanuel United Church

*As an affirming church...*

**WE WELCOME  
EVERYONE!**



**Welcome to Emmanuel United Church where the church is the body of Christ and each member has unique gifts to share and a ministry to offer, We invite you to come and visit, to worship, to join in our fellowship and outreach, to participate in our many activities, and to enrich your faith.**

**Sunday Worship: 10:00 AM**



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## **ACTIVITIES OFFERED AT EMMANUEL**

### **CHILDREN and YOUNG FAMILIES**

#### **Sunday School**

Faith formation for all ages is an integral part of our church. We plan innovative ways to include children in worship and use inspiring curriculum materials.

#### **Camp Awesome**

A vacation Bible school program held in early July for children ages 4 -11 with crafts, music, drama and stories.

#### **Messy Church**

All ages, fun, food, crafts, games and stories in community.

### **YOUTH and YOUNG ADULTS**

Opportunities for leadership, study and programs for this group to explore their faith and have fun along the way.

#### **Youth Circle**

Weekly during Sunday Worship, youth explore their faith in a creative environment.

#### **Youth Participation in Worship**

Youth help plan and lead a number of youth-led worships throughout the year and participate in some weekly services in ways that honour their unique gifts.

#### **Youth Connecting with the Community**

Currently the youth help to prepare food at the Ottawa Mission. A program on exploring and connecting with neighbours is currently being developed.

#### **Leadership Opportunities**

There are a number of opportunities for Emmanuel youth and young adults to develop leadership skills at special events, such as music variety night and through camp counselling at Camp Awesome and Camp Chipembi.

#### **Service Learning Trips**

Explore faith through service learning trips. In the past there have been visits to partners in El Salvador, Nicaragua, Africa, as well as Habitat for Humanity builds in North America and a trip to the Centre for Reflection and Dialogue in Cuba. A recent initiative is Camp Chipembi in Zambia led by EUC leaders in partnership with the community there. Service trips also occur within Canada, meeting with youth from other faith communities.

#### **JAM, a Youth Band**

Youth and Young adults praise God through Christian contemporary music and secular music with a spiritual or socially conscious message.

#### **Just Gifts**

Work with others to promote Fair Trade and local products at a Just Gifts sale.

#### **AFFIRM, Young Adults Advocating for LGBTQ2**

Bringing awareness and advocating for the importance of safe space for all people.

#### **Great Adventures**

Explore creation while enjoying the following adventures: hiking in mountainous regions; skiing in the Laurentians; taking part in a community camp weekend and canoeing in the wilderness. All ages join in these outdoor activities.

#### **Youth Connecting With other United Church Youth**

Opportunities to connect with other United Church youth across the country at Rendezvous, Niagara Youth festival and Worshiplude, Youth Parliament.

### **FAITH AND FELLOWSHIP IN COMMUNITY AND THE WORLD**

#### **Mission Study Trips**

Adults learn, serve and grow spirituality through working with our hands on Habitat Builds in El Salvador, Louisiana and locally. Learning and spirituality were the focus of visits to the Iona Community in Scotland, Christian Centre for Reflection and Dialogue in Cuba., New York City and Toronto. Locally we organize one day trips in spring and fall to experience nature and spirituality in the countryside around Ottawa.

#### **Reconciliation/ Right Relations**

Participate in educational and learning activities to increase our understanding of Canada's past and present relationship with Indigenous people. These include The Kairos Blanket Exercise, visits to First Nations communities, such as Haida Gwaii and Kitiigan Zibi, and participation in Indigenous gatherings, walks and marches.

#### **Faith Group:**

Join other adults as we support and engage each other in themes of faith and spirituality.

#### **Hispanic Christian Community**

Meets in people's homes for worship and socializing and at other times at Emmanuel for special events to raise funds for needs in El Salvador.

#### **Book Club**

Meets the first Monday of the month from September to May at 7 p.m. Books are current fiction with a balance between Canadian and international authors.

#### **Thursday Morning Discussion Group**

An adult group discusses modern thinking about Christian faith and its meaning in our lives, using scripture and recent resources. Open minds and sincere questions are welcome.

#### **Teleos**

A study group in which women are encouraged to discover and nourish their potential and to strengthen their faith. Meets the last Wednesday of the month.

#### **Friendly Bridge**

Meets on Wednesday between 12:30 and 3:30 pm for cards and conversation.

#### **Quilting**

The quilting group enjoys playing with vibrant fabrics, learning new skills and, most especially, the communal nature of this activity. New members are always welcome. The group meets on Tuesdays 10:30 to 3:30, come as your time allows.

#### **"Lunch Out"**

A fellowship event is held four times a year. All are invited to enjoy a prepared lunch and a short program with interesting speakers from the congregation.

#### **Men's Breakfast Club**

Men of all ages meet at a local restaurant for breakfast and fellowship one Saturday morning per month. The club also assists with community outreach and church events and hosts occasional special presentations.

### **HEALTH AND WELL BEING**

#### **Take Time To Be Wholly**

Meets on Monday and Friday at 10:30 am in the CE Hall for a one hour chair and exercise program by qualified fitness instructors. Bring a bag lunch on Monday and on Friday, devotions and a light lunch follow exercise time.

#### **Active Artists**

Meet on Wednesday morning and afternoon to paint in peace, with friends helping each other.

#### **Ottawa Christian Meditation**

Meets on Monday from 6:30 pm to 7:30 pm for silent and contemplative prayer.

#### **Pastoral Care Provider and Team**

Provide pastoral care and support to the Emmanuel community as needed.

#### **Local Food Initiatives**

Emmanuel has been fortunate to be educated by Local Food Procurement Coordinators in the practices of The Seven Pillars of Food Sovereignty.

### **MUSIC**

#### **Senior Choir**

Rehearse on Thursday at 7:30 pm in the Sanctuary. New members are welcome.

#### **JAM**

Meets as required to plan music for upcoming services at Emmanuel or around the Presbytery.

#### **Junior Choir**

Welcomes all singers from age 4 to 12 to perform on special occasions.

#### **Handbell Choir**

Rehearse on Thursday 6:00 pm - 7:30 pm. New members are welcome but need to be able to read music. Contact the director through the church office if interested.