

LIFE AND WORK OF EMMANUEL UNITED CHURCH SEPTEMBER 2023



**October Issue Submission Deadline:
September 25, 2023**

WELCOME TO EMMANUEL UNITED CHURCH

Where the church is the body of Christ with each member having unique gifts to share and a ministry to offer. We invite you to come and visit, to worship, to join in our fellowship, to participate in our many activities, and to enrich your faith.

For information on any of our church activities, please call 613-733-0437 or email emmoffice@bellnet.ca or go to our website at www.emmanuelunited.ca

No Scents Makes Good Sense

*Emmanuel United Church provides a scent-free environment.
Please avoid wearing or using scented products as some
individuals have environmental sensitivities.*



IN MEMORIAM

Rev. Robert (Bob) Williams, July 22, 2023



Thank you to those who made donations to the Memorial Fund, in honour of a loved one or friend.

(Lotte Orton)

Jean Lewis

(Shirley Pihlainen)

Mother of Dan, mother-in-law of Carol Terentiuk
and grandmother to Drew, Devin, Matti and Kayla Pihlainen and families
Joyce & Ross White

Blessed are those who mourn, For they shall be comforted.

Matthew 5:4

Telephone: 613-733-0437
691 Smyth Road
Ottawa, ON K1G 1N7
Website: www.emmanuelunited.ca

Sunday Worship at 10:00 AM

Office Hours: Monday – Thursday 8:30am-4:00pm
(working remotely Mondays)

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CHRISTIAN DEVELOPMENT



Nursery – Nursery is available every Sunday.

Sunday School – In person Sunday school activities for children aged 4 to 12 take place during Sunday services.

Teen Evenings – Join us for teen evenings once a month from **6pm-8:15pm**. There are games, dinner, and fun faith-based activities. For more information, contact Ellen Brohman (ellenbrohman@gmail.com) or Val Lines (bvlines84@rogers.com).



Rainbow Hub - Rainbow Hub is a monthly social group organized and supported by the EOORC for LGBTQ2+ youth 12-18 years from across the city. Meetings are usually held on the first Friday of each month (except for September, it will be the second Friday). For more information, contact Ellen Brohman (ellenbrohman@gmail.com).



Day Hike – Saturday, Sept 16 - All ages are invited to join us for a day hike in the Manitou Mountain Trail Network near Calabogie. There are some great views from the trail! We will meet at the church at 8:30am and carpool to Calabogie (about 1hr 15min). The hike will be about 9km long. We'll have lunch on the trail. Let Val Lines (bvlines84@rogers.com) know if you would like more information or would like to join us.

The Thursday Morning Discussion Group (Heretics)



The Thursday Morning Discussion Group (Heretics) will resume our weekly meetings at 10:00 a.m. on Thursday, September 14.

We will start with the book *Holy Envy: Finding God in the Faith of Others*, by Barbara Brown Taylor, and then continue with other interesting topics, some of which have already been proposed. Regardless of

the topic, we always have interesting and lively times, and we'd love to have you join us. Drop-ins are always welcome; no commitment is required. Please contact Evelyn Perkins or any member of Heretics for further information and a Zoom invitation.



From The Library

Another summer draws to a close and we welcome fall – cool breezes and an abundance of beautiful fall flowers and local fresh produce.

On the bookshelves on the north wall of the library, I have created a separate space for meditation books. Debbie Meek kindly donated eight books of Bill's resources for meditation. I have placed memorial labels in these books to honour Bill and his dedication to meditation.

Roxane came across a box of meditation books which I have carded and placed on that shelf. Books for the Thursday Morning discussion Group (Heretics) and the Book Club can be found on this bookshelf as well.

Each week a variety of books for children are placed in the plastic book boxes outside the narthex. The children like to pick out a book just for themselves!

Happy reading all!



Book Club – will meet on September 11 at 7:00pm in the Lounge to discuss *The Last Train to London* by Meg Waite Clayton.

TELEOS – Wednesday, September 27 at 7:00 pm via Zoom
The group will meet to share stories of our summer and to make plans for the coming year. We expect that some of our meetings this year will be in-person. For further details about this group contact Joan Foster-Jones.



You are invited to attend an Emmanuel Café
on the 6th and Final Pilgrimage to Haida Gwaii

Sunday, September 24, 2023

7:00 pm

in the CE Hall

Emmanuel United Church

The purpose of this final pilgrimage was to provide participants opportunities to learn about the history, culture, and issues of First Nations Peoples from members of the Haida Nation. The Haida have been at the forefront of recovering their ancestors, reclaiming their culture, language and traditions, and protecting their lands, the sea and natural resources.

Come and hear about the experiences of the 2023 pilgrimage,
an Emmanuel ministry of reconciliation.



CHURCH ACTIVITIES & GROUPS

Men's Club Breakfast – Saturday, **September 9** at 8:15am at Perkins Restaurant.



The Emmanubells welcome new members to join us. Handbell experience is not required, but a basic ability to read music is. We rehearse on Thursdays from 6 pm - 7:30 pm. If you are interested, please contact Ann Frederking at ViolaAnnF@gmail.com

Bible Study

READING THE BIBLE AGAIN FOR
THE FIRST TIME
BY THEOLOGIAN MARCUS BORG

Leaders: Bill McLeish & Jill MacLean

WEDNESDAYS STARTING SEPTEMBER 27
FOR 8 WEEKS

7:00-8:30 pm on Zoom

Free! Please register with Jill MacLean:
halifaxmaclean@gmail.com

Bible Study

Purpose: To find ways to read the Bible so that it becomes more meaningful in our lives-both in our hearts and in our minds. Every Sunday, we welcome all who, among other things, are

questioners or questioning believers. None of us have all the answers--or even all the questions!

Suggestion: If you read this book, you will undoubtedly, get more out of the study. However, we hope to arrange the sessions so even if someone has been unable to read it, they will still be able to join in and learn or feel something. There is 1 copy of the book in the Emmanuel library.

Please come join us!

Monday Night Christian Meditation Group

Jesus says, “When two or three pray together in my name, I am there among them.”

We live in a noisy world filled with ceaseless activity. We seek space to be quiet and be with God within ourselves. If you wish to learn how to meditate and find more quietness, you are welcome to join fellow meditators, who meet Mondays for an hour starting at 7:00pm on Zoom.

Christian meditation is a form of silent contemplative prayer. Simple, continuous, repetition of a mantra or prayer word leads us from the mind to the heart. Silently repeating the word creates a narrow path of silence we can follow through the noise, distractions, agitation, and turbulence of the mind. We are no longer talking to God or, worse, talking to ourselves. We are learning to be silent, to be with God, to be in God.

For further information and a zoom link, please contact Evelyn Perkins (perkeve@hotmail.com).

EASTERN ONTARIO & OUTAOUAIS **REGION**

<https://eoorc.ca/resources/setting-our-sights/>

Setting Our Sights

The EOORC Region (Eastern Ontario Outaouais Region) of the United Church is inviting members of congregations to take part in

a conversation about how we would like our church to go forward into the future.

On September 16 from 10 am to 3 pm all of those interested are invited to an in-person discussion at Kitchissippi United Church. This is part of a process the Region is calling **Setting Our Sights**. This is our regional part of a conversation being carried out across the national church to set and implement priorities for our church. These consultations are taking place at different locations across the Region.

Those who would like to take part in this conversation are asked to register on line at the link above by **Monday September 11**. We are also invited to complete a short survey to describe our individual views on the future of the church. The survey can be found at the same link.

All Emmanuelites are encouraged to take part. Youth, young adults and young families are especially encouraged. Lunch will be provided at Kitchissippi church.

If you have questions, please contact Phyllis MacRae at pmjmacrae@gmail.com.

“God is not done with us yet!”

FINANCE

Emmanuel Holiday Bazaar Saturday, November 4, 10am-2pm.

As we write this update, the bazaar is less than 10 weeks away. While that may seem like a lot of time, there is still lots to do as we prepare for our first in person bazaar in over five years.

First of all, we require a supervisor for the **Knitting and Sewing** table. If you would like to participate, please contact Brenda Ashe (613-738-7783).

There will be many opportunities to contribute between now and November 4. The website, monthly packet and Sunday bulletin will keep you up to date with what's happening!

In the meantime, if you are canning or making jams this fall, please consider setting aside a jar or two for our Bazaar.

If you are cleaning out, clearing out, or wondering what to do with no – longer-needed treasures, please consider setting them aside for our Bazaar.

Thank you for your support.
Brenda Ashe, Bazaar Convener
Val Dowd, Bazaar Assistant Convener

GLOBAL PARTNERS

Since COVID began, we seem to have experienced a disengagement from our global partners in both El Salvador and Zambia. We were not able to travel for a period of time which meant no pilgrimages to either of our partners have taken place. Our participation in Camp Chipembi has been limited recently to financial support, sponsorship of t-shirts and lunches for the participants.

In light of this realization, the Global Partners Committee was considering how we might “re-energize” our commitment to our partners – Iglesia Bautista Emmanuel (IBE) in San Salvador and the United Church of Zambia, Chipembi Congregation in Zambia. Thanks to the Clark-Kazak family for the idea, planning for a Global Partners Fall Festival was put in motion.

Global Partners Fall Festival:



Saturday, September 23, 2023

3:00 – 5:00 pm

Church parking lot (weather permitting)

In addition to information on both of our global partners, and Emmanuel’s global partner activities, there will be live entertainment, a slide presentation, refreshments and snacks - cotton candy, popcorn, churros/donuts, corn on the cob.... You will be able to work on a community art project for presentation to each of our partners. And of course an opportunity to meet and greet Pastor Miguel Tomas Castro from our partner - IBE. So come and enjoy!

Come for the Fall Festival; Stay for the Dinner



IT'S A POTLUCK
11

You are invited to a potluck dinner and social time
with

Pastor Miguel Tomas Castro and Lidia Mendes
Iglesia Bautista Emmanuel (IBE), San Salvador

Saturday, September 23, 2023

6:00 pm

CE Hall

Bring a dish, salad or dessert to share.

Coffee, tea and juice will be provided.

**Visit by Pastor Miguel Tomas Castro
Iglesia Bautista Emmanuel (IBE), San Salvador**



We look forward to welcoming, to Emmanuel, Pastor Miguel Tomas Castro and his wife, Lidia Mendes, from Iglesia Bautista Emmanuel (IBE), our Global Partner in El Salvador for the week of September 18 -24, 2023. They will arrive in Ottawa following visits with several communities of faith in the East Central Ontario Region. Throughout the week, they will meet with Rev. Grant and various Emmanuel committees to exchange information and ideas, and share hopes and concerns, in our common experience of faith. Miguel and Lidia will attend the Global Partners Fall Festival on Saturday, September 23, 2023 from 3:00 – 5:00 pm, and be guests at an open Potluck Dinner following at 6:00 pm. Their visit to Ottawa will wrap up on Sunday, September 24, 2023 where Pastor Castro will preach at Emmanuel's worship service (with translation).

CAMP CHIPEMBI 2023



The 10th Anniversary of Camp Chipembi was held from August 9 - 15, 2023 with 120 enthusiastic children participants and 14 inspiring young leaders, including 2 from Bells Corners United Church.

“*Celebrating with Gratitude*” was the overall theme of the Camp, both in celebration of the 10th anniversary, and also honouring the legacy of Omega Bula (Auntie “O” to many) who during her battle with cancer would sign off on her regular updates with the one word “gratitude”. The daily sub-themes were a recap of the themes from Camp Chipembi over the past 10 years – “*I am the Light of the World*”, “*We are the Change*”, “*Together we can Overcome*” ... Once the themes had been established then Bible stories, songs, crafts and activities were chosen to go along with them.

It was a fun-filled week!!!



A big “**Thank You**” to all who helped make this year’s camp a success, through sponsorship of “Send-a -kid-to-Camp”, or t-shirts and lunches.

Dates for Camp Chipembi 2024 – August 9 – 17, 2024
Youth and young adults - plan now to be a Camp leader

HEALTH

TTtbW or Take Time to be Wholly is an exercise group for seniors and consists of light exercises, some standing and light free weight and band exercises. The program is designed to encourage seniors to stay or become more fit by stretching and exercising most body muscles. It is a light workout held Fridays (for this session) at 10:30 am at a minimal cost, \$5 per session. Our instructor keeps you busy for an hour each session. All the equipment needed is provided, all we need is your body!

The TTtbW exercise program **will begin for the fall session on Friday, September 15** and will run on Fridays until December. Changes to this schedule may occur.

KEEPING IN TOUCH

Pictorial Directory 2024

Keeping in Touch has met with IPC Canada Photo Service Inc, a company that has produced pictorial directories for us in the past. In September, we will bring a proposal to the Executive of Council that family photos for a new directory be taken in April 2024. We have new families and want to include everyone. Meanwhile, when events start up again in the fall, continue to capture our life and work in action with photos that could be part of the Directory. Photos of Emmanuel summer camps, gardens and summer Sunday school are welcome now. Contact: RNSquires@magma.ca

School Days

Welcome back to all students! In October, the Keeping in Touch Committee, on behalf of Emmanuel, will be sending “Thinking of You” packages to students continuing their education in a **Post-Secondary setting**. We welcome names and addresses of students, in town or away, at College or University so that we can keep in touch. Please send contact information to Joyce White 613-324-8759, joyce.white@sympatico.ca

Coffee and Conversation

Keeping in Touch will be the host on October 1 in the CE Hall. If you would like to join us in the kitchen, we would be happy to show you how to volunteer for this fellowship activity and share your gift of hospitality.

Tuesday Morning Zoom Coffee and Conversation 10:00 A.M.

Thanks to Steve Taylor for keeping this going on Zoom during the Summer months. It is always good to connect with each other once a week. Everyone is welcome to join in. Contact publicity@emmanuelunited.ca for the Zoom link.

Name Badges

Wearing a name badge is a signal that you are open to conversation and serves as a welcoming sign to others. If you can't find your name on the rack in the narthex, you can request a name badge on the sign-up sheet located on the bulletin board closest to the office. New names, new ideas, Emmanuel 2023!

Emergency Contacts

We have recently reviewed our list of Emergency Contacts and updated it. We are missing information for many of you. Not sure we have yours? Check with us.

What do we need?

- Send: full names of your contacts, two are best, ideally one name outside the EUC connection (eg. sibling, son, daughter, other relative, close friend)
- Their phone number (cell is ideal)
- To RNSquires@magma.ca
or to joyce.white@sympatico.ca

MINISTRY & PERSONNEL

Our thanks to Loli Zahinda who filled in for Pat for two weeks in August. We're also grateful to Abigail, Phillip Burness and Jennifer King for providing music during Sunday services while Theresa was away.

The search process for a replacement for Roxanne continues. We've posted the opening in several places including on Emmanuel's website. Please share information of this opportunity with anyone you think may be interested.

The search process for a family and youth leader also continues.

PASTORAL CARE

Ever thought you or someone you know, might be a good fit on our Pastoral Care team? We have all taken the 10-week training course offered by the Ottawa Pastoral Care Training Program.

The next opportunity for training starts on Monday Sep 18th and ends on Nov. 27th. The afternoon sessions, from 1-3:30 are in person, while the evening sessions from 7-9:15 are on ZOOM. For more information, talk to Rev. Grant or any other member of the pastoral care team: Malcolm Collins, Nyla Garrett, Patricia Fairbairn, Terry Henderson, Jon Jones, Jill MacLean, or our liaison with Keeping in Touch (KIT), Joyce White.



SOCIAL ACTION

**Food Bank & School Supply
-Sunday, Monday**



Let's continue to help our friends and neighbours who are food insecure. With lingering COVID-19 and inflation pressures, that task became much harder. Please support our local food banks. The cost of school supplies can be daunting.

There are two ways to help:

**(1) Drive-Thru Drop Off - On Monday, September 25th
between 2:00 to 3:30 PM.**

Bring your donation of food, diapers etc. but especially school supplies including:

- Pencil crayons, washable markers, HB pencils, pens
- Pencil sharpeners, erasers
- Kid safe scissors,
- Metric rulers, glue sticks
- Lined notebooks, paper, both lined and graph, duo tangs, binders
- Calculators, geometry sets
- French English dictionaries, small hand sanitizers

to the front entrance of the church. Please consider product quality over quantity as some items are easily broken by children. Pierre, Janice and Colleen will be waiting outside to accept your donations.

- **Drop at Sunday Morning Worship**— you may also drop in your contributions to the collections box in the narthex on **Sept 24th** or earlier.
- Gifts of reusable cloth grocery bags (**not plastic**) would also be appreciated.
- **Please no more egg cartons.**

or

- (2) **Make a donation** to the local food banks (in this case Rideau Rockcliffe Community Centre Food Bank) **via e-transfer** to the church at envelope.secretary@emmanuelunited.ca and indicate for food banks in the memo field. Donations will be gathered into one payment to the food bank.



HERON
EMERGENCY
FOOD
CENTRE

STEP UP & STEP OUT TO STOP HUNGER



WALKATHON

SEPTEMBER 23, 2023

9 AM - 12 PM

ST. THOMAS THE APOSTLE ANGLICAN CHURCH
2345 ALTA VISA DRIVE

FOR PLEDGE SHEETS:
CALL 613 737 9090
CONTACT YOUR HEFC REPRESENTATIVE

DONATE NOW BY SCANNING OUR QR CODE



WWW.HEFC.CA

WORSHIP

Emmanuel is a busy place, and a busy place means busy people who work behind the scenes to ensure activities and events continue to run smoothly. In particular Sunday Worship Service involves many people.

Members of the Worship Committee contact people in the Congregation to invite them to take part in Sunday services. If you haven't been approached, here's your opportunity.

Check out the list below, think about what interests you and email us.

Senior Choir: Theresa Clarke theresaclarkemusic@gmail.com

Bell Choir: Ann Frederking violaannf@gmail.com

Ushering: Joan Clow jclow1486@rogers.com

Lay Reader: Janet Campbell jicampbell@me.com

Communion

Server: Jennifer Mogridge jgmogridge@sympatico.ca

Communion

Preparer: Jeannie Taylor. jeannietaylor2023@gmail.com

Coffee & Conversation: Irene Bakker ijsb47@gmail.com

Banners: Joan Foster Jones. joanfosterjones@gmail.com

Audio-Visual: Russ Pastuch solvason.pastuch@sympatico.ca

You will be given all the information you need, paired up with somebody to help get started, and welcomed with open arms. The more, the merrier. And note that these activities will only continue as volunteers volunteer.

We thank Sue Longstreet for her beautiful floral arrangements each week, and for the decorations she provides for special occasions.

EUC Music Ministry: You're Invited!

The EUC Music Ministry resumes weekly rehearsals on Thursday, September 07, 2023 with the **Senior Choir hosting an Open House rehearsal from 7:30pm to 8:30pm in the Sanctuary with all invited** to attend and check out our Sunday choir! We have openings in all sections (*Soprano, Alto, Tenor, Bass*) and we would be delighted to have you join us!

The Emmanubells and JAM also resume rehearsals and planning for upcoming services.

For more information please contact

Theresa Clarke (Leader of Music Ministry) at:

theresaclarke@music@gmail.com



Simplify your Celebrations

We would like to thank those who have made contributions in the months of July and August to the Emmanuel United Church as part of the *Simplify your Celebrations* project. Donations were received as follows:

Many thanks to Norman Williams and Keith Jeacle
for their planning & organization
of the recent pilgrimage to Haida Gwaii
by Patricia Fairbairn

Many thanks to Ed Langner for his tech support
by Julie & Terry Henderson

In recognition of Bob, Ross, Christine, Mary and Joan
who discovered, and cleared water in the flooded basement
and Pierre for follow-up



In memory of Rev. Robert (Bob) Williams



Donations may be made by cheque
payable to “Emmanuel United Church”,
e-transfer to envelope.secretary@emmanuelunited.ca
or through the CanadaHelps.org “Donate Now” button
on our website at www.emmanuelunited.ca



Simplify your Celebrations
(Form to accompany donation)

Donation to:
Emmanuel United Church
691 Smyth Road, Ottawa ON K1G 1N7

General Fund

Capital Fund

From: (Name) _____

(Address) _____

In recognition of:

(Please provide a statement that could go into the next monthly packet, along the lines of those on the previous page.)

If you do not wish for this to be published, please check here _____

Please send acknowledgment to:

If you wish this to be an anonymous donation, please check here _____

Amount: \$ _____

Thank You