

Minister: Rev. Grant Stuckless
Pastoral Care Provider: Vacant
Music Ministry Leader: Theresa Clarke
Office Administrator: Pat Harris

OUTREACH

Emmanuel actively supports these organizations through food donations and other resources:

Hunger and Food

- ◆ Russell Heights Community House
- ◆ Heron Emergency Food Centre
- ◆ Rideau-Rockcliffe Community Resource Centre

Housing and Multifaith Cooperation and Dialogue

- ◆ Multi-faith Housing Initiative
- ◆ Veteran's House
- ◆ OMRA Shelter Corporation (Refugee Housing)
- ◆ Habitat for Humanity

Community Liaison

- ◆ Vincent Massey and Hillcrest Schools
- ◆ Isaruit Inuit Arts
- ◆ Christie Lake Kids
- ◆ South-East Ottawa Community Health Centre
- ◆ Al Anon
- ◆ Alzheimer's Support Group
- ◆ Women's Network

Emmanuel Refugee Support Group

Emmanuel has been active in refugee sponsorship since 1979, when the Vietnamese emergency resulted in the development of Canada's private sponsorship system. Since then, we have sponsored or supported a total of 15 families numbering 50 individuals...and we're not done. These families have come from many parts of the world, including Asia, Europe, Africa and the Middle East, most recently the Democratic Republic of the Congo and support for Syrian families.

GLOBAL PARTNERSHIP

Emmanuel United Church has been deeply enriched by its more than thirty-year partnership with Iglesia Bautista Emmanuel (Emmanuel Baptist Church) in San Salvador giving over 90 members opportunities through mission learning, election monitoring and house building trips, to learn about the issues facing Salvadoran people. As well, we have established a formal partnership with the United Church of Zambia Mission Station at Chipembi, Zambia for the purpose of aiding in the spiritual and educational development of children and young people. In support of that we have sent teams of young adults to Chipembi each summer to help run Camp Chipembi, a vacation bible school. In 2011/12, in memory of Iain Beaudoin, we facilitated a partnership with the Ottawa legal community and the People's Action Forum of Zambia to build a two-room school in a village in Munenga, Zambia.



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**A community church in Elmvale Acres since 1959.
Eastbrook United joined Emmanuel in 1999 and
Wesley United in 2013 through amalgamation. For
more information on our church activities and
partnerships, phone, email or go to our website at:
www.emmanuelunited.ca**

Emmanuel United Church

As an affirming church...
We Welcome Everyone!



Welcome to Emmanuel United Church where the church is the body of Christ and each member has unique gifts to share and a ministry to offer. We invite you to come and visit, to worship, to join in our fellowship and outreach, to participate in our many activities and to enrich your faith.

Sunday Worship: 10:00 a.m.



ACTIVITIES OFFERED AT EMMANUEL **CHILDREN and YOUNG FAMILIES**

Sunday School

Faith formation for all ages is an integral part of our church. We plan innovative ways to include children in worship and use inspiring curriculum materials in Sunday School.

Camp Emmanuel and the Cook and Canoe Camp

In early July, children ages 4-12 join in faith-based adventures, stories, songs and crafts. Older children can also participate in a week-long canoe camp in the Gatineau Hills.

Messy Church

An intergenerational time of crafts, games, stories, music and a meal together, where we celebrate faith with creativity and hospitality. Fun for all in community.

YOUTH and YOUNG ADULTS

There are many opportunities for leadership, study and programs to explore faith and have fun along the way.

Pre-Teen and Teen Evenings

We have monthly evenings for each group to get together with each other for games, dinner and faith-based activities.

Youth Participation in Worship

Youth help plan and lead a number of youth-led worships throughout the year and participate in some weekly services in ways that honour their unique gifts.

Leadership Opportunities

There are a number of opportunities for Emmanuel youth and young adults to develop leadership skills at special events, such as music variety night and through camp counselling at Camp Emmanuel and Camp Chipembi.

Service Learning Trips

Explore faith through service learning trips. In the past, there have been visits to partners in El Salvador, Nicaragua, Africa, as well as Habitat for Humanity builds in North America and a trip to the Centre for Reflection and Dialogue in Cuba. A recent initiative is Camp Chipembi in Zambia led by EUC leaders in partnership with the community there. Service trips also occur within Canada, meeting with youth from other faith communities.

JAM, a Youth Band

Youth and adults praise God through Christian contemporary music and secular music with a spiritual or socially conscious message.

Just Gifts

Work with others to promote Fair Trade and local products at a Just Gifts sale.

Rainbow Hub

A social group for LGBTQ2S+ youth and their allies aged 12-18 years from across the city meet at Emmanuel the first Friday evening of the month.

Great Adventures

Explore creation while enjoying adventures such as hiking and skiing in the Laurentians, taking part in a community camp weekend and canoeing in the wilderness.

Youth Connecting with Other United Church Youth

Opportunities to connect with other United Church youth from other regions at Worshiplude and Ontario Youth Parliament.

FAITH AND FELLOWSHIP IN COMMUNITY AND THE WORLD

Local Retreats and Mission Study Trips

Locally we organize one day trips in spring and fall to experience nature and spirituality in the countryside around Ottawa. In the past adults and young adults have learned, served and grown spirituality through working with hands on Habitat Builds in El Salvador, Louisiana and locally. Learning and spirituality were the focus of visits to the Iona Community in Scotland, Christian Centre for Reflection and Dialogue in Cuba, New York City and Toronto.

Reconciliation and Right Relations

Participate in educational and learning activities to increase our understanding of Canada's past and present relationship with Indigenous people. These include The Kairos Blanket Exercise, visits to First Nations communities, such as Haida Gwaii and Kitiigan Zibi and participation in Indigenous gatherings, walks and marches. In May, Emmanuel participates in the REDress Project by hanging red dresses and shirts in the trees outside of the church building along Smyth Road to highlight the plight of the MMIWG2S+ people and their communities. In September, we observe The Truth and Reconciliation Day, also known as Orange Shirt Day, to increase awareness of the violence and harm done to indigenous children in the Residential School system.

Wednesday Evening Faith Formation Activity

Join other adults as we engage with each other in themes of faith and spirituality through Bible Study, Advent and Lenten Services and Worshipping outdoors in the Botsford Garden.

Hispanic Christian Community

The Hispanic Christian Community gathers in community for special occasions such as a service of Remembrance for Monsignor Oscar Romero who was assassinated on March 24, 1980 and for special events to raise funds for needs in El Salvador.

Book Club

Meets the second Monday of the month from September to May at 7 p.m. Books are chosen by those who attend and include historic, indigenous, mystery, biography and other literature.

Thursday Morning Discussion Group ~ The Heretics

An adult group discusses modern thinking about Christian faith and its meaning in our lives, using scripture and recent resources. Open minds and sincere questions are welcome.

Teleos

A study group in which women are encouraged to discover and nourish their potential and to strengthen their faith. Meets the last Wednesday of the month.

Friendly Bridge

Meets on Wednesday between 12:30 and 3:30 pm for cards and conversation.

Quilting

The quilting group enjoys playing with vibrant fabrics, learning new skills and, most especially, the communal nature of this activity. New members are always welcome. The group meets on Tuesdays from 10:30 to 3:30. Drop ins are always welcome.

Men's Breakfast Club

Men of all ages meet at a local restaurant for breakfast and fellowship one Saturday morning per month. The club also assists with community outreach and church events and hosts occasional special presentations.

HEALTH AND WELL BEING

Take Time to Be Wholely

Meets on Monday and Friday at 10:30 am in the CE Hall for a one hour chair and exercise program by qualified fitness instructors.

Active Artists

Meet on Wednesday morning and afternoon to paint in peace, with friends helping each other.

Ottawa Christian Meditation

Meets on Monday from 7:00 -8:00 pm for silent and contemplative prayer.

Pastoral Care Provider and Team

Provide pastoral care and support to the Emmanuel community as needed.

MUSIC

Senior Choir

Rehearse on Thursday at 7:30 pm in the Sanctuary. New members welcome.

JAM

Meets as required to plan music for upcoming services at Emmanuel or around the Presbytery.

Handbell Choir ~ Emmanubells

Rehearse on Thursday from 6:00 pm - 7:30 pm. New members are welcome but you need to be able to read music.