

LIFE AND WORK OF EMMANUEL UNITED CHURCH JUNE 2023



July/August Issue Submission Deadline:
June 19, 2023

WELCOME TO EMMANUEL UNITED CHURCH

Where the church is the body of Christ with each member having unique gifts to share and a ministry to offer. We invite you to come and visit, to worship, to join in our fellowship, to participate in our many activities, and to enrich your faith.

For information on any of our church activities, please call 613-733-0437 or email emmo@bellnet.ca or go to our website at www.emmanuelunited.ca

No Scents Makes Good Sense

*Emmanuel United Church provides a scent-free environment.
Please avoid wearing or using scented products as some
individuals have environmental sensitivities.*

Note: The online version of the Packet has the personal phone numbers and email addresses of Emmanuel members removed. Contact the office (613-733-0437) for further information.



IN MEMORIAM

Laurine Pointen, April 18, 2023
Shirley Monsebraaten, May 4, 2023
Willie Selkirk, May 8, 2023
Charlotte (Lotte) Orton, May 11, 2023
William Donald Wells, May 18, 2023



Thank you to those who made donations to the Memorial Fund, in honour of a loved one or friend.

(Graham Campbell)
Phyllis MacRae & Richard Johnston
Harold Hedley & Wendy McCracken
Betsi & Malcolm Collins; Isobel Oakley
Sheila & Thierry Faure; Church Extension Committee

(Richard (Dick) Russell)
Nyla Garrett

(Shirley Monsebraaten)
Marg & Graham Kneen; Helen Binks
Isobel Oakley; Deborah Meek

(Willie Selkirk)
Isobel Oakley
David Dodd

(Lotte Orton)
Isobel Oakley

Blessed are those who mourn, For they shall be comforted.
Matthew 5:4

Telephone: 613-733-0437
691 Smyth Road
Ottawa, ON K1G 1N7
Website: www.emmanuelunited.ca

Sunday Worship at 10:00 AM

Office Hours: Monday – Thursday 8:30am-4:00pm
(working remotely Mondays)

Minister of Worship and Pastoral Care

Grant Stuckless gstuckless@emmanuelunited.ca

Office Administrator

Pat Harris emmoffice@bellnet.ca

Leader of Music Ministry

Theresa Clarke music@emmanuelunited.ca

Assistant-Webmaster

Russ Pastuch assistant.webmaster@emmanuelunited.ca

Envelope Secretary

Keith Jeacle envelope.secretary@emmanuelunited.ca

Newsletter Editor

Phyllis MacRae newsletter@emmanuelunited.ca

Media Publicity

Steve Taylor publicity@emmanuelunited.ca

Volunteer Associate Minister

Stewart Hewlett vam@emmanuelunited.ca

CHRISTIAN DEVELOPMENT



Nursery – Nursery is available every Sunday.

Sunday School – In person Sunday school activities for children, aged 4 to 12 are being held during Sunday services.

Teen Evenings – Join us for teen evenings once month (usually the third Sunday of the month) from **6pm-8:15pm**. There will be games, dinner, and fun faith-based activities. For more information, contact Ellen Brohman or Val Lines.



Rainbow Hub - The EOORC started a program called Rainbow Hub in March 2022. Rainbow Hub is a monthly social group for LGBTQ2+ youth 12-18 years from across the city. It is held at Emmanuel on the **first Friday of the month**. The next evening is on **Friday, June 2**. For more information, contact Ellen Brohman.



Camp Emmanuel – July 4-7 for kids aged 4 to 12. Come aboard the *SS Emmanuel* and spend 4 days adventuring. Stories, games, cooking & STEM activities will abound as we cruise the seas together! The camp will run from 9:30am to 3:30pm, with pre and post camp care available. For more information or to register please visit our Camp Emmanuel website at [Camp Emmanuel Registration \(emmanuelsummercamp.com\)](http://emmanuelsummercamp.com)

There is a list and a basket for recycled items, which we are requesting for camp crafts and activities in the Narthex. Thanks for your contributions!

If you would like to sponsor a child from the broader community around Emmanuel to come to camp, please contact Val Lines.

Cook and Canoe Camp – July 31 – Aug 4 - for youth going into Gr 4 in September and older. Monday and Tuesday will be spent at Emmanuel, preparing food and playing games. The canoe camping

will take place at Lac LaPêche, about 45 minutes north of Ottawa, from Wednesday morning to Friday afternoon. For additional information, please contact Val Lines. To register, fill in the registration form at https://docs.google.com/forms/d/13nIzcTxNdSF_kEsxzLWPHLYhv8N_jRTQZunviJKByBg

Emmanuel Summer Students



We are pleased to have Loli Zahinda and Vanessa Brohman as our summer students this year. They are providing Friday take-home lunches for seniors, working with kids in the vegetable garden, and helping with Sunday school, Camp Emmanuel and the canoe camp, as well as other activities. They will be organizing some special events for families and seniors – stay

tuned for more information!

The **Thursday Morning Discussion Group (Heretics)** will take a summer break starting June 8. On September 11, 2023, we will come back with fresh ideas for the new season.



Please contact Evelyn Perkins or any member of Heretics for further information, or with ideas you may have for our fall discussion. New members are always welcome.

CHURCH ACTIVITIES & GROUPS

The Re-Opening Our Doors project is almost complete. We have a couple of items outstanding and work is underway to finish them in the next few weeks.

To celebrate the completion we are having a Dedication Ceremony just before the service on the **4th of June** (weather permitting). If you would like to join us, please be at the front doors of the church

by 9:45 on Sunday the 4th of June. We will make sure there are chairs available for those who would like one.

The final bills have been paid and we have accumulated a debt of \$100K. This is borrowed from internal Emmanuel funds, but it needs to be paid back. Therefore, the committee will be continuing with fundraising activities. If you contributed at the start of the project, we ask that you consider another one-time gift to assist with retiring the debt. If you made a pledge over two or three years, we ask that you consider pledging for an additional year.

Thank you for all your support and we look forward to seeing you on the 4th of June.

Blake Lines

On behalf of the Re-opening Our Doors Committee

Men's Club Breakfast – Saturday, **June 10** at 8:15am at Perkins Restaurant.

Monday Night Christian Meditation Group

Jesus says, “When two or three pray together in my name, I am there among them.”

We live in a noisy world filled with ceaseless activity. We seek space to be quiet and be with God within ourselves. If you wish to learn how to meditate and find more quietness, you are welcome to join fellow meditators, who meet Mondays for an hour starting at 7:00pm on Zoom.

Christian meditation is a form of silent contemplative prayer. Simple, continuous, repetition of a mantra or prayer word leads us from the mind to the heart. Silently repeating the word creates a narrow path of silence we can follow through the noise, distractions, agitation, and turbulence of the mind. We are no longer talking to God or, worse, talking to ourselves. We are learning to be silent, to be with God, to be in God.

For many years, we have been blessed with the leadership and guidance of our good friend Bill Meek. We will continue his legacy, even as we mourn his loss.

For further information and a zoom link, please contact Evelyn Perkins.

COMMUNITY GROUPS

CGIT Camp Kalalla, Alcove QC (www.kalalla.com)

Since 1949, Camp Kalalla has provided empowering experiences for girls and young women (ages 7-16) through a traditional camp program including swimming, kayaking, canoeing, crafts, hiking, campfires, overnights, Discovery Time (facilitated group discussions), evening Vespers, and our Leader-in-Training program. Accredited by the Ontario Camps Association, Kalalla grows skills and self-confidence in our campers, builds lifelong friendships, and creates fun, laughter, and magical moments at our beautiful 100-acre camp in the Gatineau hills. Join us!

2023 camper dates are July 23-30. For more information see www.kalalla.com, or contact us at registrar@kalalla.com

COMMUNICATIONS

WEBSITE - The website committee has been working for over a year to design a new Emmanuel website. Willie Selkirk was an integral part of the team. His skills at coding and web design were central to our process. With his passing, we are now exploring different avenues to complete our work. We will miss Willie but we hope we can produce something he would be proud of.

Have a great summer and see you in the fall.

FINANCE

*Emmanuel United
Church*




STRAWBERRY SOCIAL

SUN 25 JUNE
1-4 PM

Held in Emmanuel's CE Hall,
691 Smyth Road
Tickets: \$10 for adults
\$5 for children under 10

For tickets or information,
contact the church office at
613-733-0437





Our **Emmanuel Holiday Bazaar** is
Nov. 4, 2023 and we are making plans...

*Wooden holiday decorations are being
made by Russ Pastuch to be painted by our
youth.

If you have pieces of wood and/or doweling
that could be re-purposed, please email Russ
directly: solvason.pastuch@sympatico.ca

*If you are canning or making jams over the
summer, please consider setting aside a jar
or 2 for our Bazaar

*If you are cleaning out, clearing out or
wondering what to do with no-longer-needed
treasures, please consider setting items
aside for our Bazaar.

Thank you for your support.
Brenda Ashe, Bazaar Convener
Val Dowd, Assistant Convener

GLOBAL PARTNERS

Camp Chipembi 2023



2023 marks the 10th anniversary of Camp Chipembi. Once again this year, we will be supporting the vacation bible school to be held in August 2023, a week-long camp for 100 children, from the Chipembi community, ages 4-14. Everyone at the camp gets a t-shirt, and each day they receive a nutritious lunch.

We are currently selling sponsorships for lunches and t-shirts.

T-shirts - \$10 each

Lunches - \$6 for one day or 5 days for \$25



or

Send a kid to Camp Chipembi (t-shirt & 5 lunches) - \$35

Leadership Opportunity – Camp Chipembi 2023

We are looking for young adults between the ages of 17 and 30 to join with Zambian leaders in developing and implementing a week-long Christian day camp program, in Chipembi, for children between the ages of 4 and 14.

Must be:

- available for two (2) weeks in August
- willing and able to travel to Chipembi, Zambia

• Previous camp leadership experience an asset, but not required.

For more information, please contact Keith Jeacle or Jim Lamb.

SAVE THE DATE!

GLOBAL PARTNERS FALL FESTIVAL



Sept. 23, 2023 | 3 PM to 5 PM

Community art project

International snacks

Live music

Info on El Salvador & Zambia

Emmanuel United Church, 691 Smyth Rd

Questions? Contact Keith Jeacle or Christina Clark-Kazak

HEALTH

TTtbW or Take Time to be Wholely is an exercise group for seniors and consists of light exercises, some standing and light free weight and band exercises. The program is designed to encourage seniors to stay or become more fit by stretching and exercising most body muscles. It is a light workout held twice each week on Mondays and

Fridays at 10:30 am at a minimal cost, \$5 per session. Our instructor keeps you busy for an hour each session. All the equipment needed is provided, all we need is your body!

Our last exercise class for this session is Friday June 2nd, we plan to start the fall session on Monday September 11. Stay fit over the summer.

KEEPING IN TOUCH

Farewell to Roxanne

On Sunday, June 11 we will gather to say farewell to Roxanne Delmage as she retires from her position as Pastoral Care Provider at Emmanuel. Thank you, Roxanne, for the special connections and constant care that you have shared with us for the past four years!

Congratulations All Students

We hope it has been a good school year for everyone as COVID 19 restrictions eased and it was easier to connect with friends again. Best wishes to those who are graduating and we are cheering you on whatever the future holds for you.

Address/Phone Number/Email Changes

Summer is often the time for moves. Please notify the church office if your phone number, street or email address have changed so that we can keep in touch with you.

It is with great sadness that we reflect on the loss of congregation members who are no longer with us.

Summer Hospitality

Summer is a time of re-energizing for many volunteers and it is also a time when guests attend worship services. It really makes a difference if they receive a warm welcome and an invitation to stay for a glass of lemonade.

If you notice someone new and they seem comfortable doing so, ask them to sign the guest book with an address and phone number so that we can get in touch with them.

May summer be a time to reflect, rejuvenate and connect with all things that bring a smile to your face. It will soon be time to smell the glorious rose bush in the Botsford Garden!



MINISTRY & PERSONNEL

Plans are underway for Roxanne's retirement celebration which will be held Sunday, June 11 in the sanctuary, right after the service. There will be cake upstairs in the hall afterwards. There is a card available for people to sign and write messages; see a member of M&P after any service or Pat during the week.

The search process for a replacement for Roxanne is underway. We've posted the opening in several places. Please share information of the opening with anyone you think may be interested.

Pat will be on vacation from June 5 through June 16. Loli Zahinda will be filling in for her while she is away.

PASTORAL CARE



Summer is beginning, and I am reminded of the last sentence of Mary Oliver's poem, *The Summer Day*. "Tell me, what is it you plan to do with your one wild and precious life?". I pray each of you will follow your longings and have a nourishing

summer filled with warm fellowship wherever your journey takes you.

As I contemplate retirement as your Pastoral Care Provider, I give gratitude to God, and to each of you for the trust you have shown in allowing your story to be intertwined with my own. I will treasure my time, and the energy of love at work, at Emmanuel United Church.

Please continue to reach out to our Pastoral Care Team (Malcolm Collins, Terry Henderson, Jill MacLean, Jon Jones, Nyla Garrett, Patricia Fairbairn, and Rev Grant Stuckless) for your Pastoral Care needs.

SOCIAL ACTION

Emmanuel is deepening its partnership with Isaruit Inuit Arts as part of our commitment to reconciliation.

We are starting to get occasional requests for drivers, as most Inuit in Ottawa do not have cars or even a driver's license. And, unfortunately, Inuit often suffer abuse when they take public transport.

If you are interested in helping out, please contact Phil English.

WORSHIP

June is a month of endings and beginnings. It's the end of the school year and the beginning of summer holidays.

June 4 Affirm Sunday

We welcome the Gay Men's Chorus. You may wish to wear rainbow coloured attire. Let's celebrate!

June 11 Celebration of Roxanne following the service

June 18 Indigenous Day of Prayer

Norman Williams will be present at the commissioning of Haida Gwaii pilgrims. They will be taking a banner based on the logo in Haida Gwaii House where the pilgrims stay, to present to the group visited pre-Covid. There is also a banner for Emmanuel, and thanks go to Joan Foster-Jones for her idea and creation.

Sunday June 18 and Saturday June 24 will be new beginnings for two couples as they celebrate their wedding.

June 25 will be the last day for the Choir before their summer break. We thank them for their dedication and gift of music.

We are grateful for those who present the children's story each week.

Thanks to: Christine Clark-Kazak, Anahita, Rostum
Christine Hywarren
Ellen Brohman
Grant Stuckless
Myrna Lamb
Val Lines

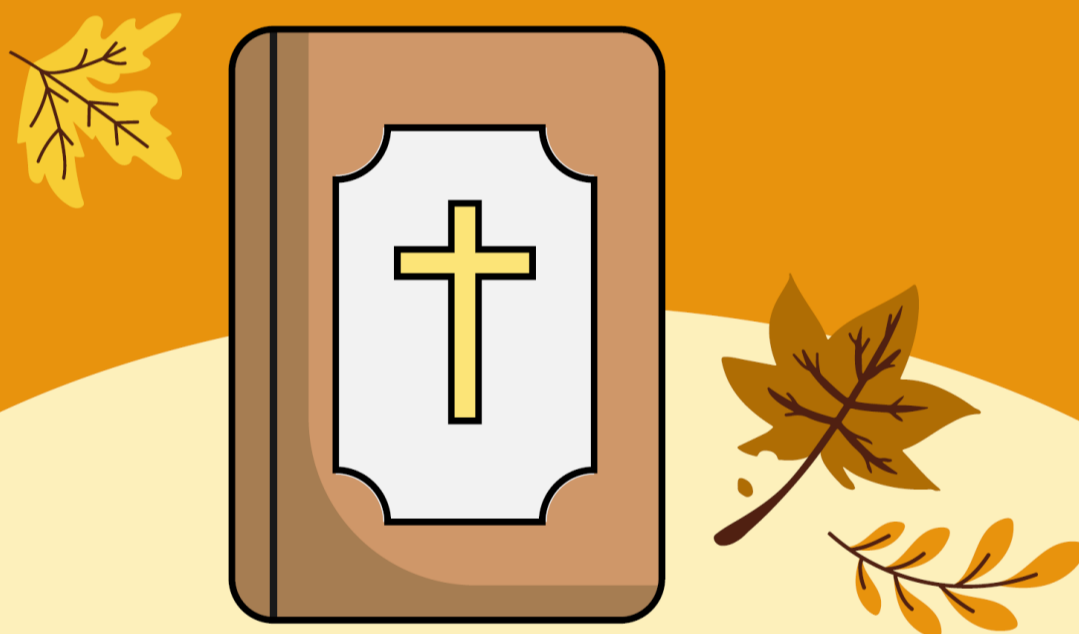
We have much to celebrate!

**Wondering how to find the Bible meaningful in YOUR life?
Then join us!**

Bible Study

**READING THE BIBLE AGAIN FOR
THE FIRST TIME
BY THEOLOGIAN MARCUS BORG**

Leaders: Bill McLeish & Jill MacLean



**WEDNESDAYS STARTING SEPTEMBER 27
FOR 8 WEEKS**

7:00-8:30 pm on Zoom

Free! Please register with Jill MacLean:
halifaxmaclean@gmail.com



Simplify your Celebrations

We would like to thank those who have made contributions in the month of May to the Emmanuel United Church as part of the *Simplify your Celebrations* project. Donations were received as follows:



In recognition of **Roxanne Delmage** – Thanks for your support especially during the loss of my Mum
by Sharon Noonan

Many thanks for special help with Income Tax forms
by Edna Wright

With thanks to all who extended greetings and assisted in the celebration of Russell Smith's 90th birthday, May 23
by Russell Smith





In memory of “Two Pillars of the Church”
Graham Campbell & Bill Meek
by Nyla Garrett

In recognition of **Graham Campbell**
and with sincere appreciation for his many contributions
to the life of Emmanuel
by Val Dowd; Deborah Meek; Don & Margo Ford
Marg & Graham Kneen; Sharon Noonan

In memory of **Richard (Dick) Russell**,
with caring thoughts for Colleen
by Gord & Sue Hodges; Areta Crowell & Russell Smith;
Patty Kavcic

In appreciation and remembrance of **Shirley Monsebraaten**
by Mary Turnbull; Gord & Sue Hodges;
Val Dowd; Areta Crowell & Russell Smith;
Jim & Myrna Lamb; Patty Henderson; Hilde Reynolds;
Patty Kavcic; Sharon Noonan

In memory of **Rev. John Lougheed** (Peter’s father)
by Areta Crowell & Russell Smith

In memory of **Willie Selkirk**
by Jim & Myrna Lamb; Patty Kavcic; Sharon Noonan





Simplify your Celebrations
(Form to accompany donation)

Donation to:
Emmanuel United Church
691 Smyth Road, Ottawa ON K1G 1N7

General Fund

Capital Fund

From: (Name) _____

(Address) _____

In recognition of:

(Please provide a statement that could go into the next monthly packet, along the lines of those on the previous page.)

If you do not wish for this to be published, please check here _____

Please send acknowledgment to:

If you wish this to be an anonymous donation, please check here _____

Amount: \$ _____

Thank You