

LIFE AND WORK OF EMMANUEL UNITED CHURCH

November 2022



December Issue Submission Deadline:
Monday, November 21, 2022

WELCOME TO EMMANUEL UNITED CHURCH

Where the church is the body of Christ with each member having unique gifts to share and a ministry to offer. We invite you to come and visit, to worship, to join in our fellowship, to participate in our many activities, and to enrich your faith.

For information on any of our church activities, please call 613-733-0437 or email emmoffice@bellnet.ca or go to our website at www.emmanuelunited.ca

No Scents Makes Good Sense

*Emmanuel United Church provides a scent-free environment.
Please avoid wearing or using scented products as some
individuals have environmental sensitivities.*

Note: The online version of the Packet has the personal phone numbers and email addresses of Emmanuel members removed. Contact the office (613-733-0437) for further information.



Mary Probert, October 2, 2022
Cyril Chapman, October 5, 2022



Thank you to those who made donations to the Memorial Fund, in
honour of a loved one or friend.

(Pauline Oliver)
D. Lynn Solvason & Russell Pastuch
Joyce & Ross White

Blessed are those who mourn, for they shall be comforted.
Matthew 5:4

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Sunday Worship at 10:00 AM

Office Hours: Monday – Thursday
8:30am-4:00pm

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CHRISTIAN DEVELOPMENT



Nursery – Nursery is available every Sunday.

Sunday school – In person Sunday school activities for children aged 4 to 12 are being held during Sunday services.



Messy Church – Join us on **Sunday, November 6 from 11:45 to 1pm** for an intergenerational time of crafts, games, stories and music. A light lunch will be served. For more information, contact Val Lines.

Teen Evenings – Join us for teen evenings on the third Sunday of every month, from **6pm-8:30pm**. There will be games, dinner, and fun faith-based activities. Our next evenings are on **Sunday, October 30** (postponed from Oct 16) and **Sunday, Nov 20**. For more information, contact Ellen Brohman or Val Lines.



Rainbow Hub - The EOORC started a program called Rainbow Hub in March 2022. Rainbow Hub is a monthly social group for LGBTQ2+ youth 12-18 years from across the city. It is held at Emmanuel on the **first Friday of the month**. The next evening is on **Friday, Nov 4**. For more information, contact Ellen Brohman (.



Book Club Schedule

The book club will meet on Monday, November 14 at 7:00pm on Zoom to discuss *The Other Passenger* by Louise Candlish.

The **Thursday Morning Discussion Group** ('Heretics')

The group is now working with the book ***Do I Stay Christian*** by Brian D. McLaren, and will intersperse discussions of that book with discussions of various topics, notably from the ***Broadview*** magazine.



Regardless of the topic, we always have interesting and lively times, and we'd love to have you join us! No preparation is required. We meet at 10:00 a.m. on Thursday mornings on Zoom. Please contact Evelyn Perkins or any member of Heretics for further information and a Zoom invitation.

Teleos – Wednesday, November 30th at 7:00 pm via Zoom

Teleos will meet and have a chance to get to know Rev. Grant. If you are not on the regular Teleos distribution list but would like a Zoom invitation to this meeting, please contact Joan Foster-Jones.

CHURCH ACTIVITIES & GROUPS

Men's Club Breakfast – Saturday, **November 12** at 8:15am at Perkins Restaurant.

A Kitchen Party – Friday, November 18, 2022

7:30-8:30pm (Doors open at 7:00pm) Emmanuel United Church Freewill offering with all proceeds to Ottawa Food Banks. Music by **The Lyon Street Celtic Band**. A family friendly event for all ages. **Note:** Covid masking is required for audience members. Performers will pre-test.

EUC Music Ministry

The EUC Music Ministry extends a warm invitation to any who would like to participate in our Senior Choir's preparation and presentation of Advent and Christmas music! **Come and sing with us! Do you have any youth (Grades 9-12) in need of their mandatory high school Community Service Hours? Earn up to 20 hours!** Rehearsals are in the Sanctuary on Thursday

evenings from 7:30pm to 9:00pm with choir warmup at 9:40am downstairs prior to our Sunday services at 10:00am. Commitment includes our Christmas Eve Service at 7:30pm on December 24th. Please contact **EUC Leader of Music Ministry, Theresa Clarke**

Monday Night Christian Meditation Group

Jesus says, “When two or three pray together in my name, I am there among them.”

We live in a noisy world filled with ceaseless activity. We seek space to be quiet and be with God within ourselves. If you wish to learn how to meditate and find more quietness, you are welcome to join fellow meditators, who meet Mondays for an hour starting at **7:00pm** on Zoom.

Christian meditation is a form of silent contemplative prayer. Simple, continuous, repetition of a mantra or prayer word leads us from the mind to the heart. Silently repeating the word creates a narrow path of silence we can follow through the noise, distractions, agitation, and turbulence of the mind. We are no longer talking to God or, worse, talking to ourselves. We are learning to be silent, to be with God, to be in God.

For further information, contact Bill Meek.

COUNCIL

Executive of Council will meet at 7:00pm on Tuesday, November 15 in the C.E. Hall.

Emmanuel Covid Standards

We are encouraged that more people are finding it comfortable to attend Sunday services. It is also understandable that everyone is making their own decisions that fit their own comfort levels.

1. For worship services masks must continue to be worn.

2. For other activities in the church, wearing of masks is encouraged but not required. Staying distanced from others is also encouraged.
3. For gatherings, either as part of Emmanuel activities or by outside groups, leaders of such gatherings can set mask standards applicable for their particular situation.
4. Items 2 and 3 also apply to the kitchen.

(Water fountains have now been re-opened.)

Emergency Planning Committee

GLOBAL PARTNERS



***“Just Gifts”* Christmas Market**

Fair Trade and Local Products

November/December 2022

Emmanuel’s “*Just Gifts*” Christmas Market featuring fair trade and local products will be a hybrid version this year with an on-line component and an in-person market as well. Everyone is invited to take part. Invite friends and family. Proceeds will go to our Global Partners in El Salvador and Zambia.

The order form for the on-line market will be available at www.emmanuelunited.ca from November 11th to 26th, with pick up on Saturday December 3, 2022.

December 3rd will also be the date of the in-person market. If you would like to have a table at Just Gifts, or know of someone who would, please contact Keith Jeacle.

If you are able to commit ginger cookies or chocolate chip cookies, jams, jellies, pickles and relish, or any handicraft items – art, woodworking, knitting, crocheting, etc. for the on-line component please contact Keith Jeacle.

We will also be having a bake table at the in-person market, and would welcome contributions on that date. More info to follow.

Why Fair Trade?

The concept of fair trade begins by asking consumers to change the way they think about shopping. Fair trade encourages us to ask the questions:

Who made it and how were they treated?

What does this company stand for?

How was this product made?

Fair Trade is a way that helps you know that those farmers and workers got a fair deal in producing their goods. By supporting Fair Trade, you are advocating for powerful change for some of

the people who need it most. And better yet, you are helping give them the tools to do so.

Based on the simple idea that the products we buy and sell are connected to the livelihoods of others, fair trade is a way to make a conscious choice for a better world.

**THE UNITED CHURCH OF ZAMBIA,
Chipembi Congregation,
P.O. Box 820038,
CHISAMBA.**



19th October 2022

United Church of Canada,
Emmanuel United Church Congregation

691 Smyth Road
Ottawa, Ontario
Canada.

Dear Keith Jeacle,

**RE: INVITATION TO THE OFFICIAL OPENING OF
THE CHIPEMBI CONGREGATION NEW OFFICE
BLOCK**

Calvary greetings from the United Church of Zambia
Chipembi Congregation. I am hopeful and trust that this letter
finds you well.

Reference is made to the above captioned subject matter.

UCZ Chipembi Congregation will hold a dedication service in favour of the completion of the new office block in **March, 2023** at the church premises.

To that effect, I write primarily to invite the Emmanuel United Church partners to come and witness the celebrations of the official opening of the new office block. What a joyous moment would it be to have you in our midst!

Please confirm your attendance, and if the trip to Zambia is established of which we are looking forward to seeing it happen, let us know the dates you would think are convenient for you to visit Zambia in the month of March, 2023. It is necessary that the feedback is given as early as possible so that we can re-align ourselves to prepare your stay.

We will be glad to hear from you soonest.

In Christ's service,

Rev. Chilambwe Kambalange Lwao
Minister in-charge, UCZ Chipembi Congregation

HEALTH

TTtbW Exercise

Classes started on September 12th and will continue until Friday December 16th. We start at 10:30 am every Monday and Friday and hope to see you there.

TTtbW or Take Time to be Wholely is an exercise group for seniors and consists of light exercises, some standing and light free weight and band exercises. The program is designed to encourage seniors to stay or become more fit by stretching and exercising most body muscles. It is a light workout held twice each week on Mondays and Fridays at 10:30 am at a minimal cost, \$5 per session. Our instructor keeps you busy for an hour each session. All the equipment needed is provided, all we need is your body!

KEEPING IN TOUCH

Cheering Students On

“Thinking of you” packages were distributed to fifteen post-secondary young adults in October, giving them our support and wishing them well in their studies. Thank you to everyone who contributed by shopping (for example, school supplies, hand sanitizer, Hallowe’en treats, toothbrushes and floss). As well, we had cookie bakers, dishcloth knitters, and special cards and cloth gift bags made by congregation members.

Your stewardship contribution to the General Fund provides Keeping in Touch and other committees with a budget to make this kind of outreach possible.

Here are some messages from grateful students:

“School has been good, but very, very busy. Thank you so much for the goody bag! It made my week.”

“I’m having afternoon tea, hot lemon green tea along with ginger cookies!”

“Thanks to everyone involved for the amazing gift! I will definitely be using everything.”

Lunch for Newcomers: Sunday, November 13, 2022

The Keeping in Touch Committee will be hosting this lunch on Sunday, November 13 following the worship service. This informal gathering will provide an opportunity to extend a welcome to newcomers, and join in fellowship. If you have visited Emmanuel by watching one of our live-stream services, or are attending in person, we welcome you to join us at lunch so we that can get to know each other. Contact Joyce White or welcoming@emmanuelunited.ca

Transportation

There are times when it may be necessary to accept assistance with transportation to Emmanuel for a Worship Service. Call the church office for more information. We will also have a

Transportation table set up when **KIT** hosts Coffee Hour on November 6. See you there!

The next meeting of the Keeping in Touch Committee will be by Zoom on Tuesday, November 1 at 7:00 P.M.

MINISTRY AND PERSONNEL

Ministry and Personnel has been continuing with orientation for Rev. Grant. We are meeting with him regularly via Zoom and are keeping in touch in-person during the week.

We are working on staffing the position of Leader of Children, Youth and Young Adults, which was approved by the Emmanuel Council on 22 June. An advertisement is posted on the Emmanuel website, together with the Position Description, and also on the website of the Eastern Ontario Outaouais Regional Council.

We are looking for sources of funding for this position in order to minimize the draw on the General Fund. Other sources of internal funding are being investigated. And, we have applied to the Region's Vision and Transformation Leadership Team for a grant to support the youth Leader position.

Some members attended an on-line workshop for Ministry and Personnel Committees on 22 October. The workshop was presented by Rev. Whit Strong, the Pastoral Relations Minister of the Eastern Ontario Outaouais Regional Council. Whit's presentation covered details related to the role and membership of the M&P Committee as the intermediary between the congregation and staff and as a mechanism to support staff in their growth and in the ministry of the church. The workshop highlighted that the Committee's value comes in its support and encouragement of dialogue between ministry personnel and the congregation with respect to mission, ministry goals, and strategies.

The importance of an annual review for each staff member was emphasized. In keeping with our standard practice, we will be working in November to organize check-in meetings with each of our staff.

Ministry & Personnel - Graham Campbell, Shelley Ferrell, Val Lines, Jill MacLean, Chikwa Zahinda

PASTORAL CARE

Prayer Group

Please share any concerns with our Pastoral Care Provider (Roxanne.delimage@gmail.com) or Rev Grant Stuckless so we can pray through our Prayer Group, and indeed our congregation. The Prayer Group is a confidential group praying for concerns. You can submit your prayers, and ask for anonymity or add your name, whatever you are comfortable with.



Pastoral Care held a successful **Mini Pilgrimage** to Remic Rapids (off the SJAM Parkway), on Oct. 14, 2022, for 11 folks. It was a lovely fall day; check out this space for a peaceful local outing before winter! (Google Ottawa Rock Art).

In addition, please save the date Dec 11, 2022 at 2pm for our annual ‘Loss to Light Service’, for those who wish to work through grief, at this time of year.

Fall is here and our hybrid system of in-person, or Zoom, for Church activities is an ongoing reality. Please reach out if you want to learn Zoom for Faith Study or any other activities. We are here for any Pastoral Care concerns; please share these with us.

SOCIAL ACTION

Food Bank ~~Sunday~~, Monday



Christmas is coming quickly. Let's help make this a joyous time for our neighbours and support folks who are food insecure. With COVID-19 and inflation pressures, that task got much harder. Please support our local food banks.

There are two ways to help:

- **Drive-Thru Drop Off** - On Monday, **November 28th between 2 to 3:30M**, bring your donation of non-perishable food and unscented baby wipes, pull ups 2T, 3T and 4T, toddler supplies: cookies, cereals, and shampoos (feminine supplies also appreciated) to the back entrance of the church. Please no candy. Pierre, Janice, and Colleen will be waiting to accept your donations.
- **Gifts** of reusable cloth grocery bags would be most welcome.

If you are unable to deliver in person, you can still participate. We will have **drivers available to pick-up** your donations. Please arrange for pick-up no later than **9:00 am on Monday, November 28th** so that the necessary arrangements can be made. Please call Janice Peron to arrange.

- **Make a donation** to the local food banks (in this case Russell Heights Community Center) **via e-transfer** to the church at envelope.secretary@emmanuelunited.ca and indicate for food banks in the memo field. Donations will be gathered into one payment to the food bank.



Grocery Cards Are Coming Back!

Starting January 8th, 2023 and on the first Sunday of each month thereafter, you can purchase Loblaws and Farm Boy grocery cards at Coffee and Conversation.

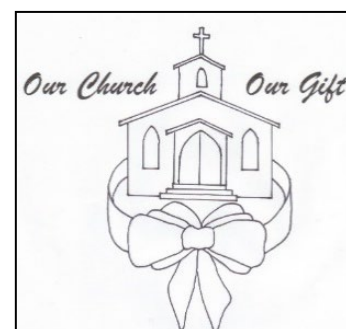
Please help support refugee housing through OMRA at no cost to yourselves. For more information, please contact Janice Péron.

Stewardship Campaign

Our Church, Our Gift

"Give, and it will be given to you... For the measure you give, will be the measure you get back." -Luke 6:38

On Sunday, Oct 23rd we commenced our fall Stewardship Campaign. The theme of our Campaign is "Our Church, Our Gift" -- the importance of members coming back to the Church after a long absence due to COVID, the opening of our doors again to the community, and our church continuing to enable our ongoing mission. Over the next several weeks, you will see bulletin notices and testimonials with a stewardship theme.



Please take the time to pick up your Stewardship package after a Sunday Service, if you have not already done so, as this provides more detail on why we need your ongoing support. **Do take the time to read the package and think about how you can personally offer your time and talent (if you already are not doing so) and how you can financially assist the Church to**

meet our mission and commitments in 2023. We ask that if you can, please increase your pledges by 5% to allow us to continue the work of Emmanuel without having to make significant reductions in our Operational Budget that will jeopardize our ability to support the mission and vision of Emmanuel United Church.

Tom Kannemann
Stewardship Coordinator

WORSHIP

November is the end of one liturgical season and the beginning of a new year on the Christian calendar. We journey together from remembering those who went before us to anticipating the birth of Christ within us.

Upcoming Worship Services:

November 6th: Rev. Grant Stuckless, Remembrance Sunday
November 13th: Rev. Grant Stuckless
November 20th: Rev. Grant Stuckless, Reign of Christ Sunday
November 27th: Youth Sunday, Advent 1

Weekly Faith Study continues on ZOOM on Wednesdays, November 2nd to 23rd from 6:30 p.m. to 7:45 p.m. Drop-ins always welcome.

Thank you as always to all who bring meaningful worship to our Faith Community: Rev. Grant Stuckless, Theresa Clarke our Minister of Music, Abi Sanchez on piano, Sue Longstreet – who decorates the sanctuary, Joan Foster-Jones for the banners, the senior choir, Emmanubells, Jim Lamb and JAM, the slide preparers, lay readers, audio-visual team, ushers and coffee servers. It takes many hands to serve and more help is always needed. Please consider offering up your gifts when you fill in your time and talents survey.

Advent

As in past years, we will be seeking volunteers to lead half hour Wednesday evening Advent Services on **November 30th, December 7th, 14th, and 21st**. Please let me know if you are interested in leading or co-leading a service.

For the word of God in scripture,
For the word of God among us,
For the word of God within us,
Thanks be to God.

Jeannie Page, Chair of Worship



Simplify your Celebrations

We would like to thank those who have made contributions in the month of October to the Emmanuel United Church as part of the *Simplify your Celebrations* project. Donations were received as follows:



In memory of Mary Probert
by Hilde Reynolds



Donations may be made by cheque
payable to “Emmanuel United Church”,
or through the CanadaHelps.org “Donate Now” button
on our website at www.emmanuelunited.ca



Simplify your Celebrations
(Form to accompany donation)

Donation to:
Emmanuel United Church
691 Smyth Road, Ottawa ON K1G 1N7

☐

General Fund

☐

Capital Fund

From: (Name) _____

(Address) _____

In recognition of:

(Please provide a statement that could go into the next monthly packet, along the lines of those on the previous page.)

If you do not wish for this to be published, please check here _____

Please send acknowledgment to:

If you wish this to be an anonymous donation, please check here _____

Amount: \$ _____

Thank You