

LIFE AND WORK OF EMMANUEL UNITED CHURCH NOVEMBER 2023



**December Issue Submission Deadline:
November 20, 2023**

WELCOME TO EMMANUEL UNITED CHURCH

Where the church is the body of Christ with each member having unique gifts to share and a ministry to offer. We invite you to come and visit, to worship, to join in our fellowship, to participate in our many activities, and to enrich your faith.

For information on any of our church activities, please call 613-733-0437 or email emmoffice@bellnet.ca or go to our website at www.emmanuelunited.ca

No Scents Makes Good Sense

*Emmanuel United Church provides a scent-free environment.
Please avoid wearing or using scented products as some
individuals have environmental sensitivities.*



Robert (Bob) Armstrong, October 5, 2023



Thank you to those who made donations to the Memorial Fund,
in honour of a loved one or friend.

(Bob Armstrong)
Areta Crowell & Russell Smith
Ron & Doreen Squires

Blessed are those who mourn, For they shall be comforted.
Matthew 5:4

Telephone: 613-733-0437
691 Smyth Road
Ottawa, ON K1G 1N7
Website: www.emmanuelunited.ca

Sunday Worship at 10:00 AM

Office Hours: Monday – Thursday 8:30am-4:00pm
(working remotely Mondays)

Minister of Worship and Pastoral Care

Grant Stuckless gstuckless@emmanuelunited.ca

Pastoral Care Provider

Ron MacDonald pastoralcare.euc@gmail.com

Office Administrator

Pat Harris emmoffice@bellnet.ca

Leader of Music Ministry

Theresa Clarke music@emmanuelunited.ca

Leader of Children, Youth and Young Adult Ministry

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Newsletter Editor

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Media Publicity

Steve Taylor publicity@emmanuelunited.ca

Volunteer Associate Minister

Stewart Hewlett yam@emmanuelunited.ca

CHRISTIAN DEVELOPMENT



Nursery – Nursery is available every Sunday.

Sunday School – In person Sunday school activities for children aged 3 to 13 take place during Sunday services.

Evenings for Youth

Sunday Oct 29, 5:30-8pm – A combined Tween/Teen event - for ages Gr 4 and up

Come to the church to play outdoor games in the dark, share a meal together and carve pumpkins.

For more information contact Ellen Brohman (ellenbrohman@gmail.com) or Val Lines (bvlines84@rogers.com)



Rainbow Hub - Rainbow Hub is a monthly social group organized and supported by the EOORC for LGBTQ2+ youth 12-18 years from across the city. Meetings are usually held on the first Friday of each month; however, the November and December meetings will be the second Friday of those months – **Friday, Nov 10 and Friday, Dec 8.**

A second Rainbow Hub is being formed at Kitchissippi United Church for youth aged 15-17.

For more information contact Ellen Brohman (ellenbrohman@gmail.com).

‘Let’s stay together’ Sundays – Let’s stay after church to build community, share in creative faith formation and have some intergenerational fun! Lunch and a choice of three activities will be provided.

Sunday, Nov 12 – 11:30 – 1:30 – Activities are Messy Church, Afro-beat dance instruction and a lecture/discussion (still being finalized).

Sunday, Dec 10 – 11:30 – 1:30 – Activities are Gingerbread House decorating, a carol sing, and a Teen/Adult Christmas craft.



Book Club – will meet on **November 13** at 7:00pm on Zoom to discuss *Agent Sonya* by Ben MacIntyre.

The Thursday Morning Discussion Group (Heretics)



The Thursday Morning Discussion Group (Heretics) meets regularly at 10:00 a.m. on Thursdays on Zoom.

We are now discussing the book *Holy Envy: Finding God in the Faith of Others*, by Barbara Brown

Taylor, using an online study guide as a source of questions. We always have interesting and lively times, and would love to have you join us. Drop-ins are always welcome; no commitment is required, and you do not need to have a copy of the book to participate. Please contact Evelyn Perkins or any member of Heretics for further information and a Zoom invitation.

Teleos – Wednesday, November 29th at 7:30 via Zoom

A group for all who identify as women. This month Lynn Solvason will share her trip to New Zealand. If you are not on the regular Teleos distribution list but would like a Zoom invitation, contact Joan Foster-Jones.

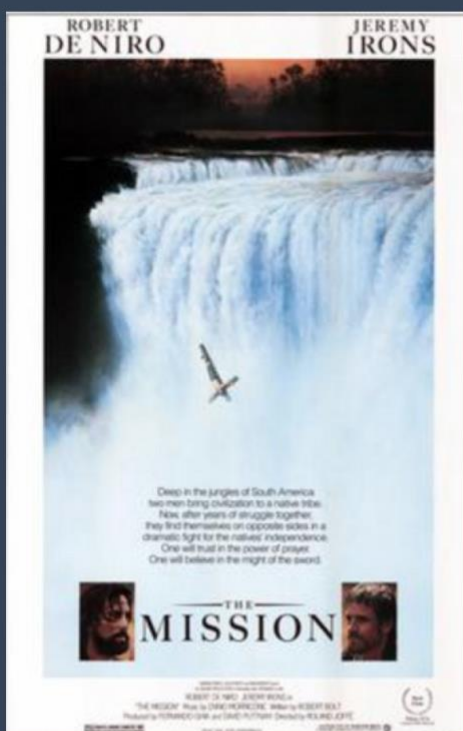
CHURCH ACTIVITIES & GROUPS

Men's Club Breakfast – Saturday **November 11** at 8:15am at Perkins Restaurant.

EMMANUEL
FRIDAY NIGHT AT THE

MOVIES

NOVEMBER 17 | 7:00 PM



Award-winning film, *The Mission*

The dramatic story of a Jesuit mission in 18th Century South America

Starring Jeremy Irons & Robert de Niro

Adventure, drama, history

Rated 7.4/10 IMDb

Rated PG

Some violent scenes

FREE ADMISSION
Free-will offering for
Opening our Doors
EVERYONE WELCOME!
Bring your friends



Pot luck supper Friday November 10, 6:30pm

The South East Ottawa United Church Cluster will welcome everyone from our five member churches to a potluck supper on November 10 at 6:30 pm. The host for this second annual cluster potluck supper will be **Riverside United Church** located at 3191 Riverside Drive. We encourage Emmanuel members to plan on attending and meeting our friends from our cluster neighbours - Riverside UC, Southminster UC, Rideau Park UC, Glebe St James UC and Emmanuel. There will be sign-up sheets soon in the narthex so we can sign up to attend and bring a dish for the supper. For information call Phyllis MacRae at 613-738-4720.

Monday Night Christian Meditation Group

Jesus says, “When two or three pray together in my name, I am there among them.”

We live in a noisy world filled with ceaseless activity. We seek space to be quiet and be with God within ourselves. If you wish to learn how to meditate and find more quietness, you are welcome to join fellow meditators, who meet Mondays for an hour starting at 7:00pm on Zoom.

Christian meditation is a form of silent contemplative prayer. Simple, continuous, repetition of a mantra or prayer word leads us from the mind to the heart. Silently repeating the word creates a narrow path of silence we can follow through the noise, distractions, agitation, and turbulence of the mind. We are no longer talking to God or, worse, talking to ourselves. We are learning to be silent, to be with God, to be in God.

For further information and a zoom link, please contact Evelyn Perkins (perkeve@hotmail.com).

COMMUNICATIONS

Website ~ How to email our staff and volunteers!

1. Click on CONTACT on the main menu of the Emmanuel Home Page!



2. This is what the CONTACT page looks like. Click on the dropdown list to select who you want to send your message to:

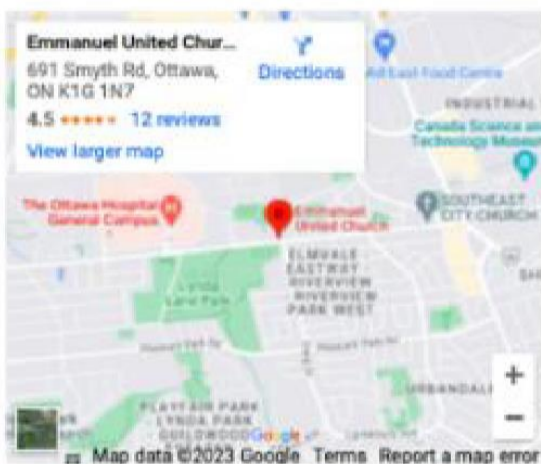
3. When you click the dropdown list, these are your options for emailing someone at Emmanuel. If the name you want is not there, email the church office and they can help you. The Church Office is the default but you can easily select someone else on the list. Complete all of the REQUIRED parts of the form and then click SUBMIT.



**EMMANUEL
UNITED
CHURCH**

HOME ABOUT WORSHIP ACTIVITIES FAITH IN ACTION RESOURCES SUPPORT CONTACT

Contact



Emmanuel United Church

Address: 691 Smyth Road, Ottawa, ON, K1G 1N7
Phone: (613) 733-0437
Fax: (613) 733-0125
Email: emmoffice@bellnet.ca



Send us a message

Name (Required)

First Last

Email (Required)

Phone (Required)

Recipient (Required)

Please select the recipient from the dropdown list.

- ✓ Church Office – Pat Harris
- Minister – Rev. Grant Stuckless
- Music Director – Theresa Clarke
- Handbell Choir – Ann Frederking
- Newsletter Editor – Phyllis MacRae
- Webmaster – Val Dowd
- Communications – Russell Pastuch
- Envelope Secretary – Keith Jeacle
- Sign Coordinator – Pierre Péron
- Advertising – Steve Taylor
- Welcome Host – Joyce White
- Christian Development – Ellen Brohman
- Volunteer Associate Minister – Rev. Stewart Hewlett

COUNCIL

The **November 21st** meeting will be a full meeting of Council, on Zoom, in order to allow a vote on Remit 1 and other matters requiring the presence of the full council. Thank you for planning to attend. Zoom details will be sent out as a reminder, by the Council Secretary closer to the date

Remit 1-Preparing to submit Emmanuel's Vote

In 2022, at General Council 44, the National Indigenous Council proposed that the church identify and remove any structural barriers that would prevent the development and sustaining of an autonomous National Indigenous Organization within The United Church of Canada. When any requested change in church structure will alter the Basis of Union of *The Manual*, as this will, a Category 3 Remit is required.

Approval of this remit will enable the creation of an autonomous National Indigenous Organization within The United Church of Canada.

This would acknowledge Indigenous peoples' rights to their own spiritual identities and to self-determination, and would be consistent with the Caretakers of our Indigenous Circle's document, *Calls to the Church*, and the *United Nation's Declaration on the rights of Indigenous Peoples.*"¹

Our own Regional Council, (EOORC) has submitted its “**Yes**” vote, but this is not enough. The *Emmanuel Council must vote on Remit 1* and submit its decision in writing by March 31, 2024. Abstentions or non-submissions are considered a vote against the remit. The information on both the United Church of Canada's website, some of which is quoted above, can be found here:

<https://united-church.ca/news/establishing-autonomous-national-indigenous-organization>

¹ <https://united-church.ca/news/establishing-autonomous-national-indigenous-organization>

More is on the EOORC website:

<https://eoorc.ca/resources/remit1/>

These resource pages are comprehensive and answer many questions already posed.

There have also been opportunities to attend information sessions either in person or online.

I attended an online session a few weeks ago and again, found that they covered the information available on the websites listed above.

A further related workshop, at Bells Corners United Church called, *One River, Two Canoes* went more in depth. Along with Rev. Grant, I participated in this two-day “deep dive” into the history of the Indigenous peoples in Canada. Two experts in both the history and the United Church, Rev. Dr. Teresa Burnett-Cole and Rev. Tony Snow, ensured that the presentation was interesting, insightful and deeply meaningful. The discussion around **Remit 1** was fulsome. The strong desire for a “Yes” vote by the UCC evident; this is what the indigenous Church needs in order to move forward and they will no longer accept options that they have not either initiated or fully endorse. The image of having to come to the historic figure of an Indian Broker, to ask permission for anything, was used to exemplify that those involved will no longer behave in this way. Emmanuel’s Council will meet specially in November to vote on Remit 1. If anyone has any strong objections to a “Yes” vote, please reach out to discuss them with the Council Chair before **November 21st**.

FINANCE



Our Emmanuel Holiday Bazaar is Saturday, November 4 from 10am-2pm


Our Bazaar is a valued community event so mark your calendars, tell your neighbors and friends to come and enjoy our welcoming and festive atmosphere!

The success of the Bazaar depends on volunteers and donations. Volunteer sign-up sheets are in the Narthex. Please consider giving your time to one of the many areas outlined there.

Donations can be brought to the church after Monday Oct. 30th, **however, baking can only be brought in on Friday Nov. 3rd.**

Here are the various areas and special requests to consider when donating.

- ★ **Baking:** Cookies, cakes, muffins etc. packaged in small quantities, jams, preserves and seasonal items.
- ★ **Books:** Fiction and non-fiction, but, please, NO text books, encyclopedias or reader's digest.
- ★ **Christmas Décor:** Good condition Christmas items but no electric lights please.
- ★ **Knitting and Sewing:** Only new handmade items. Also, gently used craft and clothing patterns, balls of wool, crochet hooks and knitting needles.

- 
- ★ **Jewelry and Accessories:** Jewelry can be polished but please nothing that requires repair. Accessories include scarves, gently used gloves, purses and jewelry storage boxes.
 - ★ **Scrounger's Paradise:** household items in good condition and in working order. No pieces missing in games, puzzles, toys and sports equipment.
 - ★ **Shantyman's Deli:** If you can make bread or rolls, please contact Dave Burness at 613-447-8977.
 - ★ **Silent Auction:** Good quality items, tickets to a local event, or consider providing a service. Please no electrical items, furniture, clothing or large sets of dishes.
 - ★ **Woodworking:** Handcrafted wooden items, Christmas decorations. No furniture please.
 - ★ **Youth Table:** Crafts made by youth.

**In big ways or small ways,
thank you for contributing to our
Emmanuel Holiday Bazaar!**

Saturday, November 4, 10am-2pm



AN EVENING OF CHRISTMAS READINGS

Friday, December 1, 2023

7:00 - 9:15

Emmanuel United Church, 691 Smyth Road

Graham's Christmas Readings: Memories

In honour of Graham Campbell, we will relive some stories from previous Christmas Reading events as well as hear new stories that Graham had been preparing.

Please join us for this special evening which will surely bring back memories of Christmases past

Returning MC will be Hallie Cotnam, CBC Radio

Christmas Home Baking at Intermission

Tickets are available at Coffee & Conversation or through the Church Office (613) 733-0437
Adults \$15, Youth (12-18) \$10

Proceeds to Re-Opening our Doors Project

GLOBAL PARTNERS



Emmanuel United Church

JUST GIFTS CHRISTMAS Market

Online orders: Nov 10-25, 2023

Order pick-up & in-person shopping:

Dec 2, 2023, 10-1

691 Smyth Rd

euconlinemarket.ca

**Fairtrade
& local
products**



**Proceeds
to partners in
Zambia &
El Salvador**

HEALTH

Take Time to be Wholly- Exercises Programs for Seniors

New Chair Yoga Exercise Program – on Mondays

We are delighted to announce our new chair yoga exercise program that started on Monday, October 16th. Chair yoga is a gentle and accessible way to enhance your flexibility, balance and overall well-being. It's perfect for individuals of all ages and fitness levels. No mat is required.

When: every Monday from 10:30 am to 11:30 am

Drop-in fee of \$5 per class.

Chair Stretch And Strength Exercise Program – on Fridays

Exercise that consists of light exercises, some standing using light free weights and exercise bands. The program is designed to encourage seniors to stay or become more fit by stretching and exercising most body muscles. All the equipment needed is provided.

When: every Friday from 10:30 am to 11:30 am.

Drop-in fee of \$5 per class.

KEEPING IN TOUCH

Cheering Students On

“Thinking of you” packages are being distributed to thirteen post-secondary young adults, giving them our support and wishing them well in their studies this year. Thank you to everyone who contributed by shopping (for example, school supplies, hand sanitizer, Hallowe’ en treats, toothbrushes and floss). As well we had cookie bakers, dishcloth knitters, special note cards and eco-friendly gift bags made by congregation members.

Your stewardship contribution to the General Fund provides Keeping in Touch and other committees with a budget to make this kind of outreach possible.

Over the years we have kept in touch with many students. I recently heard from Asha Hughes who graduated from nursing in June, 2023 and is now working in Wingham, Ontario.

Wear Your Name Tag to Welcome new Staff

Keeping in Touch is looking forward to working with the Pastoral Care Team and CD Committee as we welcome Ron MacDonald, Pastoral Care Provider and Amelia Brohman, Youth Worker. To help them get to know the congregation, let's wear our nametags on Sunday morning and at other gatherings. If you need a name tag, sign the sheet on the bulletin board by the office window and we will provide one.

Pictorial Directory 2024 Reserve the Date

**Photos will be taken at Emmanuel between Wednesday, April 10 and, Saturday, April 20. On-line booking will be available. The Directory is an important resource for the Emmanuel Community. Please consider volunteering for this project. We still require people on Reception, Publicity, Telephone Contact and Overall Planning. We are looking forward to being able to include your photo. We are a growing and ever-changing congregation.

The next meeting of the Keeping in Touch Committee will be Monday, December 4 at 7:00 P.M. on Zoom. We are looking for new members; please consider making it part of your stewardship at Emmanuel. Contact Joyce White, 613-745-8759 or at welcoming@emmanuelunited.ca

MINISTRY AND PERSONNEL

Hirings!

Leader of Children, Youth and Young Adult Ministry

The M&P and CD teams are pleased to announce that Amelia Brohman has been hired as our Leader of Children, Youth and Young Adult Ministry.

Amelia has been a member of Emmanuel for many years, taking part in youth activities herself. She has had leadership roles at Camp Awesome and Camp Chipembi. She was a member of the United Church of Canada's 'Young Black Scholarship Program' in 2021/2022 in which 6 black youth explored racism and creating safe places in the United Church.

She has additional experience working with teens in her capacity as a track and field mentor and coach. She has strong people skills developed in her previous work as a corrections officer and as a restaurant server.

Amelia started on October 21 and will be working 15 to 20 hours a week, primarily on weekends and evenings. She is excited for this opportunity to bring additional energy and organizational support to Emmanuel's programs.

Amelia can be reached at amelia.euc@gmail.com

Pastoral Care Provider

The M&P, Pastoral Care and Keeping In Touch teams are please to announce that Ron MacDonald has been hired as our Pastoral Care Provider.

Ron grew up active in the Presbyterian church. He is not ordained; however, he has a Masters of Divinity (1989) from University of St. Michael's College and a Doctor of Ministry (2006), from the Toronto School of Theology, University of St. Michael's College, University of Toronto.

Before retiring and moving to Ottawa in 2020, Ron held a dual role as Pastoral Minister/Elementary Catholic School Liaison and Director of Liturgical Music at St. Joseph/ Immaculate Conception Stratford Catholic Community in Stratford. He was in that position for 22 years.

Before working in the church, Ron was a secondary school teacher for 16 years in Papua New Guinea, Toronto and Stratford.

Ron is very much looking forward to meeting the people of Emmanuel and augmenting the Pastoral Care support provided by the Pastoral Care team and Rev Grant. His first day was October 24.

Office Administrator

We are starting the process to search for a replacement for Pat when she retires. Please pass on news of the position. Stay tuned for the details and timing of our plan to celebrate Pat's time with us.

PASTORAL CARE

The Pastoral Care Team is pleased to have Ron MacDonald joining the team to replace Roxanne as Pastoral Care Provider. Ron started October 24 and will gradually get to know his role and the people that we visit and contact. We are confident you will enjoy getting to know Ron.

The annual **From Loss to Light** Service (for those who have had a loved one die or have had any other grief experience or are having difficulty finding the joy this Christmas), will be on **Sunday Dec. 17th at 2:00PM**. It will be both in person and live streamed for those who are unable to attend in person. If you know anyone who may find Christmas difficult, please let them know of this service.

SOCIAL ACTION

Winter Clothing Donations

Thanks to everyone who generously donated winter clothing for the Zahinda family who arrived in Ottawa in July. We now have enough for the family to be ready for the oncoming Ottawa winter. If you have clothing, boots and shoes etc. that you would like to donate, please hang on to them for the next few months. We are expecting the second Zahinda family of 4 to arrive sometime in 2024. We do not have a date for their arrival. Once we know when they are expected, we can put out a call for a second round of clothing donations.

Emmanuel Refugee Support Group



Food Bank Monday

Let's continue to help our friends and neighbours who are food insecure. With COVID-19 ramping up again and unrelenting inflation pressures, that task became so much harder. Please support our local food banks.

There are two ways to help:

(1) Drive-Thru Drop Off - On Monday, November 27th between 2:00 to 3:30 PM.

Bring your donation of food etc. to the front entrance of the church. Please consider product quality over quantity as some items are easily broken by children. Pierre, Janice and Colleen will be waiting outside to accept your donations.

Size 3T, 4T, and 5T diapers and feminine supplies are especially appreciated. As is coffee.

- **Drop at Sunday Morning Worship**— you may also drop in your contributions to the collections box in the narthex on **Nov 26th** or earlier.
- Gifts of reusable cloth grocery bags (**not plastic**) would also be appreciated.

or

- (2) Make a donation** to the local food banks (in this case Rideau Rockcliffe Community Centre Food Bank) **via e-transfer** to the church at envelope.secretary@emmanuelunited.ca and indicate for food banks in the memo field. Donations will be gathered into one payment to the food bank.

STEWARDSHIP CAMPAIGN 2023

Sharing who we are. Sharing what we can.



" And do not forget to do good and to share with others, for with such sacrifices God is pleased" - Hebrews 13:16

This year's Stewardship Campaign theme is "Sharing who we are. Sharing what we can". We are blessed to have a congregation whose members share an active role in the activities at Emmanuel. Without your generous time and talent our church could not continue. For those who may be hesitant in volunteering, please give it a try! Whether it is on a committee or assisting in a specific initiative or project, every bit helps. A belief in sharing is fundamental to the workings at Emmanuel. As the saying goes, many hands make light work. We also ask that, if you can, please increase your pledges by 6% to allow us to continue the work of Emmanuel.

This year's campaign will begin on Sunday, October 29th with Stewardship Sunday and our campaign will end on Sunday, Nov 19th. Do take the time to pick up your Stewardship package after a Sunday Service starting on October 29th. Please think of how you can help or continue to help in the work and life at Emmanuel.
THANK YOU!

Tom Kannemann
Stewardship Coordinator

WORSHIP

November 5 Remembrance Sunday
Micah 4:1-5, John 5:9-17

November 12 Choosing How to be Ready
Matthew 25:1-13

November 19 The Talents of a Faith Community
Matthew 25:14-30

November 26 One Hoof in the Margins
Ezekiel 34:11-16, 20-24, Matthew 25:31-46

Looking Ahead

The first of the **Wednesday Advent Services** will be on November 29, followed by December 6, 13 and 20. These services, about 20 minutes in length, may include readings, prayer, scripture and music depending on the people who conduct them. They are a time for contemplation during the season of Advent.

They will be available only on Zoom and the link will be sent out in an email prior to November 29, and will be posted on the Emmanuel website.

Heads Up for December Already!

Mark your calendar for the first days of December.

Friday 1 Christmas Readings

Saturday 2 Just Gifts

Sunday 3 Communion

We will continue with individual serves. They are available as you enter the sanctuary, but should you forget, ushers will bring them to you during the Life and Work announcements.



Flowers - We would appreciate donations of poinsettia plants or other plants to beautify the sanctuary for Christmas. If you would like to donate a plant or give a monetary donation to help purchase one, please contact the office 613-733-0437.



Simplify your Celebrations

We would like to thank those who have made contributions in the month of October 2023 to the Emmanuel United Church as part of the *Simplify your Celebrations* project. Donations were received as follows:

Thanks to Blake Lines
for climbing the ladder and doing a needed repair
by Janet Campbell



In memoriam, Bob Armstrong.
We will miss you, Bob.
by Bill McLeish

In memory of Bob Armstrong
by Janice & Pierre Péron
Ross & Joyce White



Donations may be made by cheque
payable to “Emmanuel United Church”,
e-transfer to envelope.secretary@emmanuelunited.ca
or through the CanadaHelps.org “Donate Now” button
on our website at www.emmanuelunited.ca



Simplify your Celebrations
(Form to accompany donation)

Donation to:
Emmanuel United Church
691 Smyth Road, Ottawa ON K1G 1N7

General Fund

Capital Fund

From: (Name) _____

(Address) _____

In recognition of:

(Please provide a statement that could go into the next monthly packet, along the lines of those on the previous page.)

If you do not wish for this to be published, please check here _____

Please send acknowledgment to:

If you wish this to be an anonymous donation, please check here _____

Amount: \$ _____

Thank You