

## An Update from the Emergency Planning Committee ~ November 30, 2023

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The EPC met recently to review the current public health situation. As predicted, there has been a rise in Covid-19 and respiratory cases in Ottawa.

The message from Ottawa Public Health remains the same—flu and respiratory viruses will continue to be in the community. Their recommendations remain:

- **Vaccinate** against flu/Covid-19/RSV and reduce the risk of infection
- **Stay home if you are not feeling well**
- **Mask if** you must go out and someone in your house is sick
- **Wash your hands** often and use sanitizer

At Emmanuel, we will continue to encourage individuals to follow these recommendations.

Masking is no longer required at the church. However, individuals who are more comfortable wearing masks are encouraged to make this choice.

We continue to ask that everyone **be conscious of and sensitive to the personal space of those around you**; consider that some are more comfortable with 2 metre distancing. Particularly, our seniors and those living with conditions that weaken their immune systems may wish to keep this space.

With grateful thanks to our Communications Committee, worship remains available online each week.

Thank you for your continued support.

Emergency Planning Committee,  
Blake Lines, Ross White, Rev. Grant Stuckless, Christine Hywarren