Life and Work of Emmanuel United Church May 2024

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Photo Credit: Emma Dowd

June Issue Submission Deadline: May 20, 2024

Welcome to Emmanuel United Church

Where the church is the body of Christ with each member having unique gifts to share and a ministry to offer. We invite you to come and visit, to worship, to join in our fellowship, to participate in our many activities, and to enrich your faith.

For information on any of our church activities, please call 613-733-0437 or email office@emmanuelunited.ca or go to our website at www.emmanuelunited.ca.

INNNNNNNNNNNNNNNNNNNN

Telephone: 613-733-0437 691 Smyth Road, Ottawa, ON K1G 1N7 Website: www.emmanuelunited.ca Sunday Worship at 10:00 AM

Office Hours: Monday – Thursday 9:00 am-4:00pm

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In Memoriam

Thank you to all those who made donations to the Memorial Fund, in honour of a loved one or friend.

For their donations in Memory of Edna Wright, we thank: *Phyllis MacRae & Richard Johnston Terry & Julie Henderson Keith & Nancy Jeacle Joyce & Ross White*

For Donations made in memory of Mary MacDonald, we thank: *Shirley Doswell.*

For giving in memory of Tony Stuckless we thank: Joyce & Ross White Keith & Nancy Jeacle

Blessed are those who mourn, For they shall be comforted. Matthew 5:4

EMMANUEL'S NEW PICTORIAL DIRECTORY

For eight days in April, Emmanuel became a photo studio as months of planning culminated in a parade of congregants coming to have their portraits taken for Emmanuel's 2024 Pictorial Directory. This was an undertaking of the Keeping In Touch Committee. Those involved in the planning included Joyce White, Val Dowd, Joan Foster-Jones, Phyllis MacRae, Janet Campbell, and Patty Henderson. With Council's approval, a contract with IPC Canada was signed by the coordinator, Ron Squires.

At the risk of leaving out some of the many people involved, the following made significant contributions to the success of the project.

Joyce White as co-coordinator brought her knowledge and love of the congregation, reaching out to families and individuals and ensuring they were included, making contact through phone calls and personal contact, coordinating the team of telephoners of Phyllis MacRae, Janet Campbell, Isobel Oakley, and Clarice Dewar, and providing inspired insights at every turn.

Joan Foster-Jones took charge of the recruiting and scheduling of the team of registration hosts, providing guidance and instructions for Jim Lamb, Jean Henderson, Colleen Calvert, Areta Crowell, Janet Campbell, Irene Bakker, Julie Henderson, Jill MacLean, and Betsi Collins, and serving as host herself on numerous occasions.

Val Dowd assumed responsibility for the entire layout of the directory, planning the content and layout of the cover and the "editorial pages" of groups, staff, and activities, and planning the layout of the family pages. She provided many of the photos for the editorial pages, augmented by photos provided by Jon Jones and Emma Dowd.

Still others contributed by making announcements on Sunday mornings, making posters, assisting with the Sunday sign-ups, and providing transportation to the church. The many weekly handouts were all produced with Emma's helpful eye for an attractive layout.

But you and your family ensured the success of this major project by willingly participating, signing up for your appointment, turning up on schedule, and patiently going through the process of registration, photography and pose selection. Thank you!

A Look Ahead:

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In about a week's time we will have compiled all the paperwork and related materials that need to be sent to IPC and they will begin the three to four week-long preparation of the draft of our directory. After that, our team of proofreaders will begin carefully examining every aspect of the draft, a process that will take as long as we need to ensure the final directory is as perfect as possible. IPC will then need another 3 to 4 weeks to incorporate the required changes before printing and returning the final directories to the church for distribution. We will all benefit from your participation as part of the directory process.

Ron Squires, Coordinator

ACTIVITIES & GROUPS

The **Book Club** will meet on **Monday, May 13th** at 7pm on Zoom. Phyllis will lead us in discussing *Run* by Ann Patchett. *Run* tells the story of the family of a former Mayor of Bostin as, over the course of 24 hours, an accident brings forth an important person from their past.



Featuring Choirs from Emmanuel United - Emmanubells St. Andrew's Presbyterian - St. Andrew's Ringers Trinity Presbyterian - Trinity Hilltop Ringers and from Rideau Park United: A Touch of Brass, La Bell Ensemble, Ringing Praise, and Youth Bells

Admission is Free or with a freewill offering

Teleos is a group for all who identify as female. On **Wednesday**, **May 29th at 7:00 via Zoom**, Janet Thompson will lead us in a discussion of Women in the Bible (*rescheduled from April*). If you are not on the Teleos distribution list but would like to attend, please contact Joan Foster-Jones for the Zoom invitation. This season the **Thursday Morning Discussion Group (Heretics)** has been delving into Jesus' Parables, finding layers of meaning in these stories that we never saw before. We have almost finished this period of study, and then we'll be looking again for fresh ideas. Heretics meets regularly at 10:00 a.m. on Thursdays on Zoom, and all are invited. Please contact Evelyn Perkins (perkeve@hotmail.com) or any member of Heretics for further

(perkeve@hotmail.com) or any member of Heretics for further information and a Zoom invitation.

Monday Night Christian Meditation Group

Jesus says, "When two or three pray together in my name, I am there among them." We live in a noisy world filled with ceaseless activity. We seek space to be quiet and be with God within ourselves. If you wish to learn how to meditate and find more quietness, you are welcome to join fellow meditators, who meet on Mondays for an hour starting at 7:00pm on Zoom.

Christian meditation is a form of silent contemplative prayer. Simple, continuous, repetition of a mantra or prayer word leads us from the mind to the heart. Silently repeating the word creates a narrow path of silence we can follow through the noise, distractions, agitation, and turbulence of the mind. We are no longer talking to God or, worse, talking to ourselves. We are learning to be silent, to be with God, to be in God.

For many years we have been blessed with the leadership and guidance of our good friend Bill Meek. We will continue his legacy, even as we mourn his loss.

For further information and a zoom link, please contact Evelyn Perkins (perkeve@hotmail.com).



Save the date! **The Peanut Butter Falcon** is the final offering in **Emmanuel's Friday Night at the Movies.** The film is suited to all ages, bring your family and friends! **FRIDAY MAY 24, 7:00 PM**

A heartwarming adventure about a misfit on the run in the bayous of Louisiana, a young man with Down's Syndrome escaping from the seniors home where he is required to live, and a young social worker who is tracking him down and wants him to have a better life. For information contact Phyllis MacRae at pmjmacrae@gmail.com

Food Bank Sunday and Monday



It's that time again. Time to think about donating to the Rideau Rockcliffe Community Resource Centre food bank. The need is growing steadily. You can drop off donations to the church on May 27th between **2:00 to 3:00 PM. NOTE NEW TIMES!**

Size 3T, 4T, and 5T diapers and feminine supplies are especially appreciated, as is coffee, and reusable grocery.

Feel free to drop contributions in the food bank collection box on or before Sunday the 26th or **make a donation** to the local food banks **via e-transfer** to <u>envelope.secretary@emmanuelunited.ca</u> and indicate for food banks (in this case Rideau Rockcliffe Community Resource Center Food Bank) in the memo field.





CHRISTIAN DEVELOPMENT

The **Nursery** is available every Sunday.

Sunday School provides in-person activities for children aged 3 to 13 during our Sunday church service.

Rainbow Hub is a monthly social group organized and supported by the EOORC for LGBTQ2+ youth who are 12-18 years old from all across the city. Emmanuel hosts meetings for youth 12-15 years old; our meetings are usually held on the first Friday of each month. A second Rainbow Hub is being formed at Kitchissippi United Church for youth aged 15-17. For more information contact Ellen Brohman. ellenbrohman@gmail.com

A **Children's Choir** is returning to Emmanuel! Ashley Roy and Amelia Brohman are working to begin a children's choir. If a child in your family is interested in taking part, please contact Amelia at amelia.euc@gmail.com

Join us on *Let's Stay Together* Sundays, by staying after church once a month to build community, share in creative faith formation and take part in some intergenerational fun! Our next event is Sunday, **May 12 from11:30 to 1:00**. The theme for the May session is gardens! Lunch will be provided, followed by a choice of attending an informative talk on seeds and sustainable gardening by Janet Mark Wallace, making a stepping stone or painting a pet rock for your garden, or joining Messy church and planting seeds in our Botsford Yard vegetable garden. You'll also get some seeds to take home. As usual, there is a sign-up sheet in the Narthex.

Get Outdoors and join us for a **Spring Hike** on **Saturday May 11th**. Join Val Lines and David Burness on a spring hike in Gatineau Park. We'll meet at the church at **10am** and carpool to Gatineau Park. We're planning to hike to King Mountain which has spectacular views over the Ottawa Valley. The hike will be 5km to 7km depending on which trails the group chooses. Contact Val Lines (bvlines84@rogers.com) if you are interested.

A Young Adult Weekend Away is happening in May, from the 24th to the 26th. Young Adults are invited to take part in a weekend away at a cabin about an hour away from Ottawa for discussions, community building, worship and fun! Contact Amelia for more information if you are interested.

Camp Awesome at Emmanuel will take place from the **8**th **to the 12**th **of July.** Camp Awesome programming is a day camp program offered by the EOORC region. Camp Awesome is for children aged 4-12 and runs from 9:30am-3:30pm each day. Extended care is available at no additional cost from 8:00-9:30am and 3:30-5:00pm. Additional information and online registration can be found at Program & Registration – Camp Awesome (camp-awesome.ca). Information is also available from Ellen, Amelia, or Val Lines.

Emmanuel's **Junior Leader in Training Program** runs concurrently with Camp Awesome, from the **8**th **to 12**th **of July.** Emmanuel provides an opportunity for youth going into Grade 7, 8 or 9 in September to learn leadership skills, support the Camp Awesome program and have fun! For information on this program please contact Val Lines. bvlines84@rogers.com

Adventure into the wilderness with our **Canoe Camp**! The camp runs from **July 29th to August 2nd** and is intended for youth going into Grades 4 and above in September. Monday and Tuesday will be spent at Emmanuel, preparing food and playing games. The canoe camping will take place at Lac LaPeche, about 45 minutes north of Ottawa, from Wednesday morning to Friday afternoon. Registration forms will be available soon. For more information, contact Val Lines at bylines84@rogers.com

COMMUNICATIONS

Advertising

Our Alta Vista Community Newspapers, Riverview Park Review and VISTAS, continue to publish. If you have events or announcements, photos and/or stories for them, please send them to publicity@emmanuelunited.ca by the 15th of the previous month, earlier if possible, so we can get approval and layout space.

Newsletter

If you have suggestions for articles and stories or would like to make a contribution to the upcoming edition of the Emmanuel newsletter, please contact Phyllis MacRae at: newsletter@emmanuelunited.ca.

COUNCIL

Our first Executive of Council meeting was a Zoom meeting held on Tuesday, April 16, 2024. **Highlights** include the approval of two motions on the use of funds from the Memorial Fund:

- 1) To purchase a new BBQ to support youth and family activities at Emmanuel;
 - a. (Emmanuel has a BBQ but it is in very poor condition with missing wheels and burnt-out burners).
- 2) To cover the cost of pictorial directory photos for seniors who are unable to come to Emmanuel for their photo sitting.

a. (The cost is \$17.00 each for the company to put the picture in the directory and to include a free directory to the individuals - approximately 20 seniors in this situation)

All members of the congregation may attend meetings of Council and Executive of Council as observers. Our meetings are held on the third Tuesday of the month. **Our next meeting with be a meeting of full Council on Tuesday, May 21, 2024 at 7:00 pm on Zoom.** If you wish to attend and observe, please contact Keith Jeacle at k.jeacle@outlook.com or Val Dowd at webmaster@emmanuelunited.ca for the Zoom coordinates.

FINANCE

Apply for the **Post-Secondary Bursary Fund**! This bursary is to be paid to a deserving Emmanuel student commencing a full-time postsecondary program. The *deadline for the application is June 2*, 2024. The program must be started sometime in the calendar year following that date. The student can be up to the age of twenty-four years. The application can be found on the RESOURCES > Documents page of the website or by clicking this link: https://emmanuelunited.ca/wp-content/uploads/2024/02/Student-Bursary-Application.pdf.

GLOBAL PARTNERS

Chipembi Rural Health Centre Infrastructure Development and Renovation

Emmanuel U.C., Bells Corners U.C and the Chipembi Congregation of the United Church of Zambia have entered into agreement on a project for infrastructure development and renovation to the Chipembi Rural Health Centre.

The Chipembi Rural Health Centre is one of the partner institutions within the Chipembi Mission Station, our Zambian partner. It is situated in a district which has a population of approximately 19000 people and is the only clinic in the district. Mining operations have increased in the area and as such the population is growing and so too are the number of people being attended to at the Health Centre.

As those of us who have visited the Health Centre in Chipembi can attest the Health Centre is in great need of repairs and upgrades. The facility looks old because it was painted a long time ago, the ceilings are in dilapidated state and the floor tiles need replacing. It is an example of how health conditions in rural Zambia are far below what is acceptable.

As there is so much to be done, the Board of the Chipembi Rural Health Centre toured the facility and identified the most pressing needs. A budget was presented which prioritized the areas to be renovated - pillars, ceiling boards, plumbing and installation of an air conditioning unit and solar panels. The budget also included painting of most of the areas.



Work on the project commenced after Easter, and already both the air conditioning unit and the solar panels have been installed.

Thanks to very successful Christmas Markets and your generous donations, we have been able to support such a worthwhile and important project.



Camp Chipembi 2024



Rowan Dowd and Amelia Brohman at Victoria Falls in 2019

Once again this year and for the 11th time, we are supporting the vacation bible school to be held in August 2024 at the Chipembi Consistory of the United Church of Zambia. This year's camp will be a for 100 children and youths. Everyone at the camp gets a t-shirt, and each day they receive a nutritious lunch. Starting in May and until mid-July, we will be selling sponsorships for lunches, and t-shirts.

You can sponsor in any of the following ways: Send a kid to Camp Chipembi (by paying for a t-shirt & 5 lunches), donate funds for any number of t-shirts, or any number of lunches At the time of packet publication prices for the above items had not been determined. Prices will be advertised in the Sunday announcement slides and on the church web site.

You can sponsor any of the above in the usual ways:

- a) buy a sponsorship at the table at Coffee & Conversation;
- b) make an e-transfer (to envelope.secretary@emmanuelunited.ca)
- c) write a cheque (to Emmanuel United Church) in an envelope mailed or dropped off at the church.

In the case of b) or c), please indicate in the comments field or on a note what you aresponsoring and that it is for Camp Chipembi. **Tax receipts will be provided.**



Zambian Leaders & Campers packing up at the end of the day



If you have any questions you can call Keith Jeacle @ 613 440-6646 or Jim Lamb @ 613 797-2753



Camp Chipembi campers, 2019

HEALTH

Take Time to be Wholely is Emmanuel's biweekly Exercise Program for Seniors. Our Monday offering, which would typically be our Chair Yoga Program will be on hold until the fall session. Both Monday and Friday classes will now focus on our Stretch and Strength exercise program.

On Monday & Friday's from 10:30 to 11:30 am come and join the Stretch and Strength Exercise Program. The class consists of light exercises, and some standing using light free weights and exercise bands. The program is designed to encourage seniors to stay or become more fit by stretching and exercising most body muscles. All the equipment needed is provided. *Drop-in fee of \$5 per class.*

PLEASE NOTE THAT THE FOLLOWING CLASSES ARE CANCELLED:

- Friday, May 3 (instructor away)
- Monday, May 6 (instructor away)
- Monday, May 20 (Victoria Day)

The final day for TTBW will be Friday, June 14, 2024.

KEEPING IN TOUCH

Volunteer Opportunity, Greeter Co-ordinator

Greeters at the church door were a welcoming presence on Sunday morning and then COVID 19 changed everything. At the April meeting of Keeping in Touch, we discussed having greeters again. Greeting on a Sunday morning is an important way to participate in the life and work of Emmanuel and meet people.

If you are interested in contacting people to arrange for someone to be at the door on a weekly basis contact Joyce White.

Name Tags

Even though we will soon be able to put names to faces with photos in the directory we encourage everyone to wear a nametag. If you need a name tag, write your name on the sheet that is on the bulletin board closest to the office and one will be provided.

Coffee and Conversation, May 5.

If you would like to help KIT with Coffee and Conversation we would be happy to teach you more about kitchen routines.

Photo Directory, A Community Effort!

Our gratitude goes out to Ron Squires for being the Co-ordinator of the 2024 Pictorial Directory. His knowledge from organizing past directories, attention to detail and liaison with the photo company were a key reason why things ran so smoothly. The project was a great way to keep in touch and bring the Emmanuel community together.

The next Keeping in Touch Meeting is Tuesday May 7 at 7:00 P.M. on Zoom. Joyce White, Chair, 613-324-8759, joyce.white@sympatico.ca

MINISTRY & PERSONNEL

Grant will be on study leave the week of May 13. He will be attending the Festival of Homiletics, which takes May 13-16. He will be attending online, taking part in lectures on preaching. Jeannie Taylor will take the service on May 19.

Emma continues to attend the Pastoral Care Course; the last session is May 13.

PASTORAL CARE

Emmanuel's Spring Pilgrimage 2024

The Pastoral Care Team extends a heartfelt invitation to join us on a journey of unity, compassion, and solidarity. We gather amidst the beauty of nature's awakening to reflect on and be spiritually nourished by it.

- Theme: No One Stands Alone
- Where: Vincent Massey Park (Riverside at Heron)
- When: Wed. May 8th (rain date May 15th) 10 A.M-2 P.M.
- Who: All are welcome
- **Why:** To enjoy nature, grow spiritually, and share with our Church family.
- **Register:** After Easter, a sign-up sheet will be posted in the upstairs hallway opposite the C.E. Hall or talk to Irene Baaker or Jill MacLean. Drivers are needed.

Take part in our **Tuesday coffee and conversation zoom** meeting if you are looking for an interesting conversation. The group meets from 10 to 11 a.m. and after a check in fostering connection, they discuss current affairs, spirituality, and Christian faith. Interested? For more information contact Ron MacDonald at 613-733-0437. You can also contact Steve Taylor at publicity@emmanuelunited.ca for the Zoom link. All are welcome!

The **Pastoral Care Team** offers emotional and spiritual support to individuals and families facing various life challenges. Whether you're experiencing personal struggles, navigating difficult decisions, coping with loss, or simply seeking a listening ear, our team is here to offer comfort, encouragement, and guidance.

The well-being of the Emmanuel community is our priority. To get in touch with the Pastoral Care Team, contact Ron MacDonald, Pastoral Care Provider at: pastoralcare.euc@gmail.com or contact the church at 613-733-0437.

Pastoral Care Team: Rev. Grant Stuckless, Dr. Ron MacDonald, Malcolm Collins, Nyla Garrett, Patricia Fairbairn, Terry Henderson, Jon Jones, Jill MacLean, and Joyce White (Keeping in Touch).

SOCIAL ACTION

GAZA CEASEFIRE PILGRIMAGE : MAY 22

As is included on the EUC webpage, our UCC Moderator sent a message calling us to join a worldwide prayer for a complete ceasefire and lasting peace in Gaza and Palestine/Israel.

She will be coming to Ottawa as part of a **March for Peace on May 22**, calling for a permanent ceasefire. Read her full prayer and call for us to join her on our EUC website. Follow the KAIROS link in that website to see how each of us can participate individually: 1. walk some portion of the length of Gaza (that is 41 km!), wearing white and holding a sign with your prayer for peace- then send a picture to the Prime Minister.

2. Wear white to church on May 12 and we'll get a picture to share with KAIROS, the Prime Minister, and others who are calling for the Ceasefire.

3. Participate in the WALK for PEACE on MAY 22

Mainly, this is a time to reflect prayerfully on all the lives lost, the damage sustained, and call for a permanent ceasefire. Read the Moderator's message and the other statements from Kairos. Act and pray for a just and lasting peace, for healing in this troubled land.

Areta Crowell for SAC

SOUTHEAST OTTAWA CLUSTER EVENTS

The Southeast Ottawa Cluster consists of Emmanuel, Glebe St James, Rideau Park, Riverside & Southminster United Churches

Riverside: stop by on Saturday mornings to check out the farmers market hosted here!

Rideau Park: is hosting is hosting *Bells in Spring* a massed handbell and chimes concert at 7 pm on May 5th. Attendance is free, with a free will offering.

Glebe St James: On Tuesday's at 1pm you are welcome to join them for a game of chess or two. If you are interested, contact Jennifer <u>admin@glebestjames.ca</u>.

Southminster: On May 15th at 12 pm, you can attend, *Dance with Me!*, a concert featuring Pianist four-hand duo Mauro Bertoli and Frédéric Lacroix as they breathe life into a selection of instrumental dances by Eastern-European and Russian composers written and adapted to the piano.

WORSHIP

Looking ahead to May Worship Services

May 5

John 15:9-17 Double bell choir

May 12

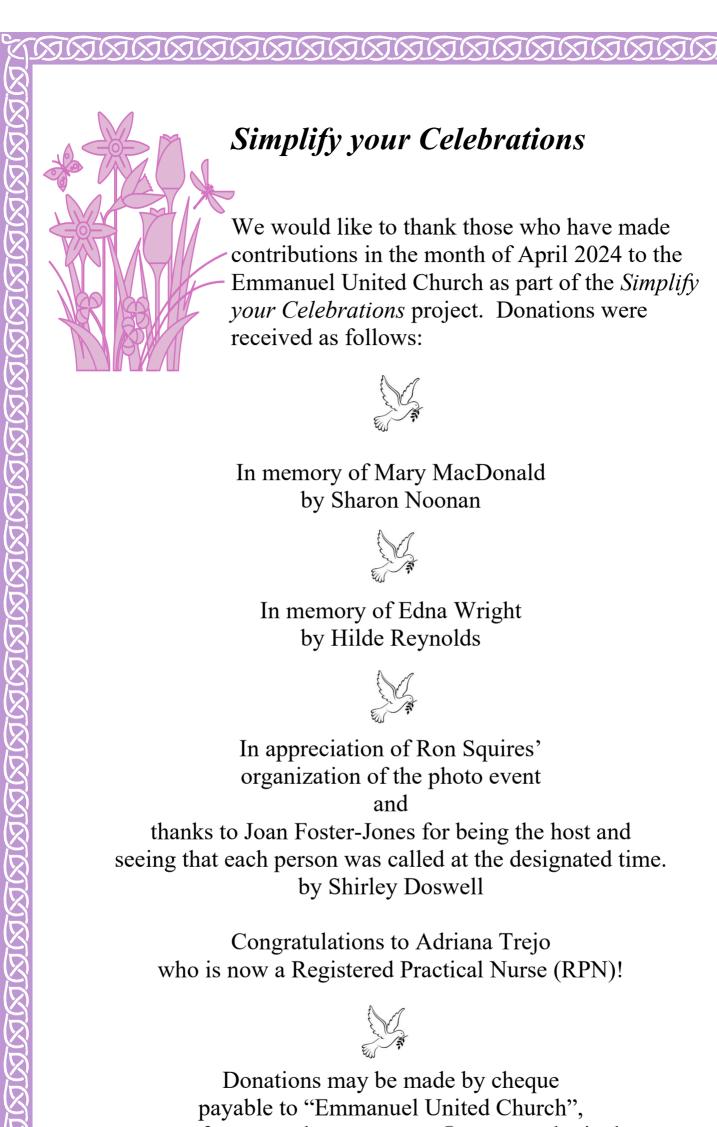
Intergenerational Service

May 19

Pentecost Jeannie Taylor preaching Acts 2: 1-21 Romans 8: 22-27

May 26

Communion Rebirth John 3:1-17



Simplify your Celebrations

We would like to thank those who have made contributions in the month of April 2024 to the Emmanuel United Church as part of the Simplify *your Celebrations* project. Donations were received as follows:



In memory of Mary MacDonald by Sharon Noonan



In memory of Edna Wright by Hilde Reynolds



In appreciation of Ron Squires' organization of the photo event and

thanks to Joan Foster-Jones for being the host and seeing that each person was called at the designated time. by Shirley Doswell

Congratulations to Adriana Trejo who is now a Registered Practical Nurse (RPN)!



Donations may be made by cheque payable to "Emmanuel United Church", e-transfer to envelope.secretary@emmanuelunited.ca or through the CanadaHelps.org "Donate Now" button on our website at www.emmanuelunited.ca

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