

LIFE AND WORK OF  
EMMANUEL UNITED CHURCH  
JUNE 2024



Photo Credit: Emma Dowd

**Summer( July+August) Issue Submission Deadline:**  
June 25, 2024

*Welcome to Emmanuel United Church*

INCLUSIVE • COMPASSIONATE • JUSTICE SEEKING • WELCOMING ALL

Welcome to Emmanuel United Church, where the church is the body of Christ with each member having unique gifts to share and a ministry to offer. We invite you to come and visit, to worship, to join in our fellowship, to participate in our many activities, and to enrich your faith. As an affirming church we welcome everyone.

We recognize the Algonquin Nation, on whose traditional unceded territory Emmanuel United Church is located. We gratefully acknowledge them as past, present and future stewards of this land.

Telephone: 613-733-0437  
691 Smyth Road,  
Ottawa, ON K1G 1N7  
Website: [www.emmanuelunited.ca](http://www.emmanuelunited.ca)  
Sunday Worship at 10:00 AM

**Office Hours: Monday – Thursday  
9:00 am-4:30pm**

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For Information on any of our church activities please call or email the office and check out our website- the upcoming events and good to know sections of the homepage host excellent content; get to know us even better by exploring more!



*In Memoriam*

Thank you to all those  
who made donations  
to the Memorial Fund,  
in honour of a loved  
one or friend.

For their donations in  
Memory of  
Edna Wright,  
we thank:  
*Areta Crowell & Russell  
Smith*

For Donations made in  
memory of  
Tony Stuckless,  
we thank:  
*Areta Crowell & Russell  
Smith.*

*Blessed are those who  
mourn, For they shall be  
comforted.  
Matthew 5:4*

## ACTIVITIES & GROUPS

**Book Club** is hosting its final meeting before the summer break where the selections for next year's books will be revealed and the schedule planned. The meeting is a celebratory dinner hosted at the Canal Ritz on Monday June 10<sup>th</sup> at 6:00 pm.

### **Monday Night Christian Meditation Group**

Jesus says, "When two or three pray together in my name, I am there among them."

We live in a noisy world filled with ceaseless activity. We seek space to be quiet and be with God within ourselves. If you wish to learn how to meditate and find more quietness, you are welcome to join fellow meditators, who meet Mondays for an hour starting at 7:00pm on Zoom.

Christian meditation is a form of silent contemplative prayer. Simple, continuous, repetition of a mantra or prayer word leads us from the mind to the heart. Silently repeating the word creates a narrow path of silence we can follow through the noise, distractions, agitation, and turbulence of the mind. We are no longer talking to God or, worse, talking to ourselves. We are learning to be silent, to be with God, to be in God.

For many years we have been blessed with the leadership and guidance of our good friend Bill Meek. We will continue his legacy, even as we mourn his loss.

For further information and a zoom link, please contact Evelyn Perkins ([perkeve@hotmail.com](mailto:perkeve@hotmail.com)).

The **Thursday Morning Discussion Group (Heretics)** will take a summer break starting in early June. On September 12, 2024, we will come back with fresh ideas for the new season. We're thinking of an in-depth look at the beatitudes, the possibility of a carbon-free economy, on-line lectures on parables, a new book... What will we decide on? Come and find out!

Please contact Evelyn Perkins ([perkeve@hotmail.com](mailto:perkeve@hotmail.com)), or any member of Heretics for further information, or with ideas you may have for our fall discussion. New members are always welcome.

OUR EMMANUEL HOLIDAY BAZAAR IS  
SATURDAY NOV. 9, 2024

**PLEASE KEEP EMMANUEL'S BAZAAR IN MIND.**

If you are canning or making jams over the summer,  
please consider setting aside a jar or 2 for the Bazaar.

If you are cleaning out, clearing out your home or wondering what to  
do with no-longer- needed treasures, please consider setting items aside  
for the Bazaar.

If sewing, knitting, or creating other handmade projects over the  
summer, please consider setting aside a few items for the Bazaar.

THANK YOU FOR YOUR SUPPORT.  
BRENDA ASHE, BAZAAR CONVENOR



## CHRISTIAN DEVELOPMENT

The **Nursery** is available every Sunday.

**Sunday School** provides in-person activities for children aged 3 to 13 during our Sunday church service.

**Rainbow Hub** is a monthly social group organized and supported by the EOORC for LGBTQ2+ youth who are 12-18 years old from all across the city. It is paused for the summer and will resume in September.



A **Children's Choir** is returning to Emmanuel! Ashley Roy and Amelia Brohman are working to begin a children's choir. If a child in your family is interested in taking part, please contact Amelia at [ameleia.euc@gmail.com](mailto:ameleia.euc@gmail.com)

Tweens and Teens are invited to join in a day of fun and learning at the **Summer Solstice Indigenous Festival Pow Wow and Celebration at Madahoki Farm on Saturday June 22**. We will meet at Emmanuel at 11am for a BBQ lunch and then head out to the PowWow. Contact Amelia if you or your youth are interested.

Thank you to everyone who participated in *Let's Stay Together Sundays* held on the second Sunday of each month since November. We will resume them in September! We welcome suggestions of topics and themes for future sessions; please pass them on to any member of the CD team.

**Camp Awesome** at Emmanuel will take place from the **8<sup>th</sup> to the 12<sup>th</sup> of July**. Camp Awesome programming is a day camp program offered by the EOORC region. Camp Awesome is for children aged 4-12 and runs from 9:30am-3:30pm each day. Extended care is available at no additional cost from 8:00-9:30am and 3:30-5:00pm. Additional information and online registration can be found at [Program & Registration – Camp Awesome \(camp-awesome.ca\)](http://camp-awesome.ca). Information is also available from Ellen, Amelia, or Val Lines.

**Help sponsor a Camper!** If you would like to help provide funds for a child to attend Camp Awesome, please contact Val Lines.

Emmanuel's **Junior Leader in Training Program** runs concurrently with Camp Awesome, from the **8<sup>th</sup> to 12<sup>th</sup> of July**. Emmanuel provides an opportunity for youth going into Grade 7, 8 or 9 in September to learn leadership skills, support the Camp Awesome program and have fun! For information on this program please contact Val Lines ([bvlines84@rogers.com](mailto:bvlines84@rogers.com))

Adventure into the wilderness with our **Canoe Camp!** The camp runs from **July 29<sup>th</sup> to August 2<sup>nd</sup>** and is intended for youth going into Grades 4 and above in September. Monday and Tuesday will be spent at Emmanuel, preparing food and playing games. The canoe camping will take place at Lac LaPeche, about 45 minutes north of

Ottawa, from Wednesday morning to Friday afternoon. Registration forms will be available soon. For more information, contact Val Lines at [bvlines84@rogers.com](mailto:bvlines84@rogers.com)

## COUNCIL

The May Council meeting was a Zoom meeting held on Tuesday, May 21, 2024.

Highlights:

- appointment of Angie De Castro as Financial Reviewer for 2024
- name change of the segregated fund “Amalgamation Fund” to “Legacy Fund” to better reflect the composition of funds received and recognize bequests.
- renewal of Rev. Stewart Hewlett as Voluntary Associate Minister (VAM) for 2024/2025
- appointment of Rev. Georgina Fitzgerald as additional Voluntary Associate Minister
- search process initiated for the position of Bookkeeper

All members of the congregation may attend meetings of Council and Executive of Council as observers. Our meetings are held on the third Tuesday of the month. Our next meeting will be a meeting of Executive of Council on Tuesday, June 18, 2024 at 7:00 pm on Zoom. If you wish to attend and observe, please contact Keith Jeacle at [k.jeacle@outlook.com](mailto:k.jeacle@outlook.com) or Val Dowd at [webmaster@emmanuelunited.ca](mailto:webmaster@emmanuelunited.ca) for the Zoom coordinates.

## FINANCE

### WE ARE LOOKING FOR A BOOKKEEPER!

Mary Turnbull, Emmanuel’s current bookkeeper, will be moving to Napanee at the end of August and, as such, we are looking for someone to fill the bookkeeper position.

The bookkeeper is responsible for recording financial transactions in our accounting software (QuickBooks), maintenance of the accounts, processing payments, checking for proper authorizations, assisting in

distribution of cheques and completing monthly bank reconciliations. Knowledge of Quick Books is an asset, but not essential. We will help train you!

The bookkeeper is not responsible for administration of payroll, preparation of financial statements, GST/HST or other government filings (this is done by our Treasurer). We have a strong experienced Finance Committee to help you and our Treasurer, Lynn Solvason, works closely with the bookkeeper.

There is also a yearly honorarium paid to the bookkeeper of \$1,000. If you are interested, or would like more information, please contact Tom Kannemann, [thomask2@rogers.com](mailto:thomask2@rogers.com) or Keith Jeacle, [k.jeacle@outlook.com](mailto:k.jeacle@outlook.com) .

Tom Kannemann, Chair of the Finance Committee  
Keith Jeacle, Chair of Council

## GLOBAL PARTNERS



Camp Chipembi begins its 11<sup>th</sup> year, and once again, we are supporting the vacation bible school to be held in August 2024 at the Chipembi Consistory of the United Church of Zambia. Alison Lines, Xavier Lamb and Erika Langner have volunteered to serve as leaders at Camp Chipembi this year. Thanks to Phil English, Keith Jeacle and Shelly Colins, a suitcase of bibles and volleyballs has already been delivered to Zambia.



*Photo by Emma Dowd, Camp Chipembi Sports Day 2017*



This year's camp will be a for 120 children and youths. Campers receive a t-shirt, and a daily nutritious lunch. Due to drought, food prices have increased significantly, meaning that this meal may be the only food the children receive in a day.



You can sponsor in any of the following ways:

- Send a kid to Camp Chipembi (t-shirt & 5 lunches): \$50 per camper
- Any number of t-shirts: \$15 per t-shirt
- Lunches for the week: \$35 per child

Sponsorships can be made in the usual ways:

- a) buy a sponsorship at the table at Coffee & Conversation;
  - b) make an e-transfer (to [envelope.secretary@emmanuelunited.ca](mailto:envelope.secretary@emmanuelunited.ca));
- OR
- c) write a cheque (to Emmanuel United Church) in an envelope mailed or dropped off at the church.

*In the case of b) or c), please indicate in the comments field or on a note what you are sponsoring and that it is for Camp Chipembi.*

Tax receipts will be provided. If you have any questions, you can call Keith Jeacle at 613 440-6646 or Jim Lamb at 613 797-2753.

Thank you to the volunteers who are assisting with fundraising and to everyone who has donated so generously.



On June 9<sup>th</sup>, 2024, Iglesia Bautista Emmanuel in El Salvador will be celebrating their **60<sup>th</sup> anniversary**.

## HEALTH

### **Chair Stretch and Strength Exercise Program**

Exercise that consists of light exercises, including both seated and standing exercises using light free weights and exercise bands. The program is designed to encourage seniors to stay or become more fit by stretching and exercising most body muscles. All the equipment needed is provided. Drop-in fee of \$5 per class.

**When:** On Mondays & Fridays from 10:30 to 11:30 am.

**Drop in-Fee:** \$5 per class.

**Final Session:** Friday, June 14, 2024

## KEEPING IN TOUCH

### **Best Wishes to all Students,**

As the school year draws to an end, we are thinking of you.

Wherever you are in your studies, be it a graduation milestone or a change of class or school, remember that we are cheering you on whatever the future holds for you.

### **Address/Phone Number/Email Changes**

We were able to collect a lot of changes during the Pictorial Directory sessions and Emma has updated these changes on our congregational list. But we know that there are always more changes and want to hear about these before we publish our Address List for **Congregational Use Only** as part of the Pictorial Directory. Please keep us informed.

### **Summer Hospitality:**

Summer is a time of re-energizing for many volunteers and it is also a time when guests attend worship services. It really makes a difference if they receive a warm welcome and an invitation to stay for a glass of lemonade.

If you notice visitors and they seem comfortable about doing so, ask them to sign the guest book with an address and phone number so that we can get in touch.

### **Weekly Greeters:**

We hope to bring back weekly greeters at the door starting in September. If you could be part of a team to contact families to

greet, or if you would like to be a greeter who offers a welcoming presence at the door, please contact Joyce White, 613-324-8759 or [welcoming@emmanuelunited.ca](mailto:welcoming@emmanuelunited.ca)

It's a great way to get to know people.

May summer be a time to reflect, rejuvenate and connect with all things that bring you peace.

## MINISTRY & PERSONNEL

M&P is grateful to Joan Foster-Jones and Abigail Sanchez-Rojas for their additional contributions to music leadership while Theresa is away on a personal leave of absence.

The front doors may be locked in the afternoons for staff safety. If it is locked when you arrive, please ring the bell.

## PASTORAL CARE

The Pastoral Care Team offers emotional and spiritual support to individuals and families facing various life challenges. Whether you're experiencing personal struggles, navigating difficult decisions, coping with loss, or simply seeking a listening ear, our team is here to offer comfort, encouragement, and guidance.

The well-being of the Emmanuel community is our priority. To get in touch with the Pastoral Care Team, contact Ron MacDonald, Pastoral Care Provider at: [pastoralcare.euc@gmail.com](mailto:pastoralcare.euc@gmail.com) or contact the church at 613-733-0437.

Pastoral Care Team: Rev. Grant Stuckless, Dr. Ron MacDonald, Malcolm Collins, Nyla Garrett, Patricia Fairbairn, Terry Henderson, Jon Jones, Jill MacLean, and Joyce White (Keeping in Touch).

**Together We Thrive: Fostering Self-Advocacy through Mutual Support** is a new initiative launched by Ron MacDonald and the Pastoral Care Team aimed at empowering each other to become stronger advocates for ourselves and our community when we are in situations where we might be taken advantage of.

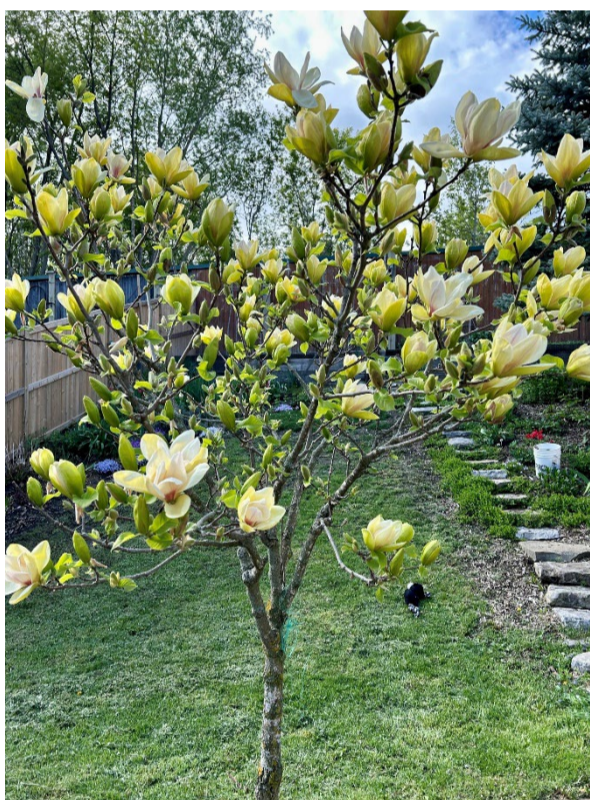
By coming together and offering mutual support, we can achieve greater levels of self-advocacy and make a meaningful impact in our lives and the lives of those around us.

To launch this initiative, I would like to share three links to self-advocacy information.

- 1) <https://www.scotiabank.com/ca/en/personal/advice-plus/features/posts.how-to-safeguard-seniors-against-home-improvement-scams-in-canada.html> (provided by Phyllis MacRae)
- 2) <https://www.cyber.gc.ca/en/guidance/dont-take-bait-recognize-and-avoid-phishing-attacks> (provided by Phyllis MacRae)
- 3) <https://coaottawa.ca/> (The Council on Aging Ottawa is dedicated to advancing the wellbeing of Ottawa's older adults)

Please send Ron any suggestions you may have to enhance this initiative further and/or any resources that we can share to [pastoralcare.euc@gmail.com](mailto:pastoralcare.euc@gmail.com)

## Emmanuel's Spring Pilgrimage 2024



Due to inclement weather, the spring pilgrimage had to be cancelled, with great disappointment. Below is a reflection on community that was included in this year's pilgrimage. "In the forest, trees form communities bound by their interconnected roots and mutual support, demonstrating the profound beauty and strength found in unity and collaboration." (Diana Beresford-Kroeger – To Speak for the Trees)

*Blooming Magnolia Tree, Photo by Joyce White*

Much like the intricate ecosystem of a forest, our faith community is formed and sustained by relationships that interconnect us and provide mutual support that strengthens us.

**Reflection:** Take a few moments to be inspired by the trees around you and how their root systems interconnect them, and how this interconnectedness nurtures them. How is a community like a forest? How do we strengthen one another in community?

**Tuesday Coffee And Conversation Zoom Meeting** Looking for some interesting conversation on a Tuesday morning? Why not consider joining our Tuesday Zoom Conversation Group from 10 a.m. to 11 a.m. for discussions on current affairs, spirituality, and Christian faith. We start with a check-in to connect. Interested? For more information contact Ron MacDonald at 613-733-0437. You can also contact Steve Taylor at [publicity@emmanuelunited.ca](mailto:publicity@emmanuelunited.ca) for the Zoom link. All are welcome!

## SOUTHEAST OTTAWA CLUSTER EVENTS

*The Southeast Ottawa Cluster consists of Emmanuel, Glebe St James, Rideau Park, Riverside & Southminster United Churches*

**Riverside:** stop by on Saturday mornings to check out the farmers market hosted here!

**Rideau Park:** On Saturday June 8<sup>th</sup> Rideau Park is having a garage sale beginning at 8:30 am.

**Glebe St James:** On Tuesday's at 1pm you are welcome to join them for a game of chess or two. If you are interested, contact Jennifer [admin@glebestjames.ca](mailto:admin@glebestjames.ca).

**Southminster:** Friday Night Live is a coffee house concert featuring young musicians age 12 and up on June 7<sup>th</sup> from 7:00 pm – 9:00 pm

## WORSHIP

Many thanks to Ellen Brohman for organizing the April 28<sup>th</sup> service on the theme of our spiritual connection with music and to Jeannie Taylor for leading Worship on Pentecost while Grant was on study leave.

Looking ahead to Worship in June

June 2 (Pride Sunday)

June 9

Mark 3: 20-35

June 16

Mark 4: 26-34

June 23

Mark 4: 35-41

June 30 Joint Worship at Rideau Park

Have you ever wished that you could pick the hymns for the Sunday service? Now is your chance. Following the positive feedback from the music service at the end of April, you are invited to let us know of a favourite hymn that we can include in the worship plans. As our leaders did at that service, you would be prepared to tell us why your chosen hymn has special meaning for you.

If you would like to participate in worship in this fashion, let Grant or Joan Foster-Jones know and we will work your choice into an upcoming service.



## *Simplify your Celebrations*

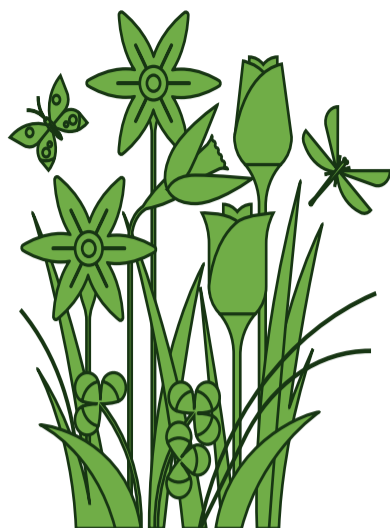
We would like to thank those who have made contributions in the month of April 2024 to the Emmanuel United Church as part of the *Simplify your Celebrations* project. Donations were received as follows:



In memory of Edna Wright  
by Janice & Pierre Péron



Donations may be made by cheque payable to “Emmanuel United Church”, e-transfer to [envelope.secretary@emmanuelunited.ca](mailto:envelope.secretary@emmanuelunited.ca) or through the CanadaHelps.org “Donate Now” button on our website at [www.emmanuelunited.ca](http://www.emmanuelunited.ca)



## ***Simplify your Celebrations***

(Form to accompany donation)

Donation to:

Emmanuel United Church

691 Smyth Road, Ottawa ON K1G 1N7

General Fund  Capital Fund

From: (Name) \_\_\_\_\_

(Address) \_\_\_\_\_

\_\_\_\_\_

**In recognition of:**

(Please provide a statement that could go into the next monthly packet,  
along the lines of those on the previous page.)

\_\_\_\_\_

\_\_\_\_\_

If you do not wish for this to be published, please check here \_\_\_\_\_

**Please send acknowledgment to:**

\_\_\_\_\_

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If you wish this to be an anonymous donation, please check here \_\_\_\_\_

Amount: \$ \_\_\_\_\_

*Thank You*