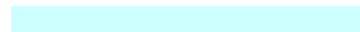


**PLEASE MARK YOUR DATES ON YOUR CALENDAR**

Coffee & Conversation Schedule				October			
Name		Phone	6	13	20	27	
Bakker, Irene	0	H 613-830-8943					
Calvert, Colleen	1	613-558-4006			A		
Clow, Joan	0	613-821-9164					
Huard, Judy	2	H 613-731-7158			H	H	
Hywarren, Christine	0	H 613-869-0253					
Jeacle, Keith	0	H 613-440-6646					
Jeacle, Nancy	0	613-440-6646					
MacRae, Phyllis	0	613-296-2669					
Meek, Debbie	1	613-521-3234				A	
Sims, Robert	0	613-233-8845					
White, Joyce and KIT	1	H 613-324-8759	H				
White, Keeping In Touch	1		A				
White, Keeping In Touch	1		A				
White, Keeping In Touch	1		A				
Hywarren, Christine & LST	1	H 613-869-0253		H			
Hywarren, Let's Stay Together	1			A			
Hywarren, Let's Stay Together	1			A			
Hywarren, Let's Stay Together	1			A			
	12	12	4	4	2	2	
			October				
			6	13	20	27	

H = Head Coffee Host, A = Assistant Host

 Long Weekends

**IF YOU MAKE A CHANGE, PLEASE ADVISE THE TEAMS THAT ARE AFFECTED**

**HEAD HOSTS: PLEASE REMEMBER TO PHONE YOUR TEAM IN ADVANCE**

**PLEASE MARK YOUR DATES ON YOUR CALENDAR**

			October			
SPARES		Phone	6	13	20	27
Bakker, Irene	0	H 613-830-8943				
Calvert, Colleen	0	613-558-4006				
Huard, Judy	0	H 613-731-7158				
Hywarren, Christine	0	H 613-869-0253				
Jeacle, Keith	0	H 613-440-6646				
MacRae, Phyllis	0	613-296-2669				
Sims, Robert	0	613-233-8845				
			October			
			6	13	20	27

H = Head Coffee Host, A = Assistant Host

 Long Weekends

**IF YOU MAKE A CHANGE, PLEASE ADVISE THE TEAMS THAT ARE AFFECTED**

**HEAD HOSTS: PLEASE REMEMBER TO PHONE YOUR TEAM IN ADVANCE**