

LIFE AND WORK OF
EMMANUEL UNITED CHURCH
OCTOBER 2024



Photo Credit: Emma Dowd

November Issue Submission Deadline:
October 21, 2024

Welcome to Emmanuel United Church

INCLUSIVE • COMPASSIONATE • JUSTICE SEEKING • WELCOMING ALL

Welcome to Emmanuel United Church, where the church is the body of Christ with each member having unique gifts to share and a ministry to offer. We invite you to come and visit, to worship, to join in our fellowship, to participate in our many activities, and to enrich your faith. As an affirming church we welcome everyone.

We recognize the Algonquin Nation, on whose traditional unceded territory Emmanuel United Church is located. We gratefully acknowledge them as past, present and future stewards of this land.

Telephone: 613-733-0437
691 Smyth Road,
Ottawa, ON K1G 1N7
Website: www.emmanuelunited.ca
Sunday Worship at 10:00 AM

**Office Hours: Monday – Thursday
9:00 am-4:30pm**

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For Information on any of our church activities, please call or email the office and check out our website- the upcoming events and good to know sections of the homepage host excellent content; get to know us even better by exploring more!



In Memoriam

***Bruce Hodgins,
August 29, 2024***

***Blessed are those who
mourn, For they shall be
comforted.
Matthew 5:4***

**Thank you to all those
who made donations to
the Memorial Fund, in
honour of a loved one or
friend.**

ACTIVITIES & GROUPS

Emmanuel's Men's Group meets monthly for Breakfast; join them at Perkins's Restaurant, St Laurent from 8:15-10:15 am.

The dates for the Men's Club Breakfast are:
October 12, November 9, and December 14

The **Book Club** meets on October 7th in the Lounge to discuss *Snow Road Station* by Elizabeth Hay, with the discussion led by Joyce White. Enjoy this witty story with a local setting; Snow Road Station is only an hour and 20 minutes outside of Ottawa.

Shantymen's Dinner **Saturday, October 26, 2024** **Sittings at 5:15 and 6:45 pm**



Hosted by the Emmanuel Men's Club, at Emmanuel United Church. The evening starts with a traditional Shantymen meal featuring a hearty menu of homemade beans and bread, ham, coleslaw, and dessert. Emmanuel men and lads do all the cooking, the serving, and yes, even the clean up!

The Emmanuel River Boys will provide us with home-grown, toe-tapping music following dinner.

Two sittings are available – 5:15 and 6:45 pm. Tickets are available through the Church Office.

\$25 adults, \$20 seniors (60+), \$10 children under 12, and \$60 family.

To book your tickets please call the Church Office at 613-733-0437. We look forward to having you join us for a hearty meal and excellent music.



Monday Night Christian Meditation Group

Jesus says, “When two or three pray together in my name, I am there among them.”

We live in a noisy world filled with ceaseless activity. We seek space to be quiet and be with God within ourselves. If you wish to learn how to meditate and find more quietness, you are welcome to join fellow meditators, who meet Mondays for an hour starting at 7:00pm on Zoom.

Christian meditation is a form of silent contemplative prayer. Simple, continuous, repetition of a mantra or prayer word leads us from the mind to the heart. Silently repeating the word creates a narrow path of silence we can follow through the noise, distractions, agitation, and turbulence of the mind. We are no longer talking to God or, worse, talking to ourselves. We are learning to be silent, to be with God, to be in God.

For many years we have been blessed with the leadership and guidance of our good friend Bill Meek. We will continue his legacy, even as we mourn his loss.

For further information and a zoom link, please contact Evelyn Perkins (perkeve@hotmail.com).

TELEOS meets October 30th at 7 pm on Zoom. Contact Colleen Calvert for the link.

The Thursday Morning Discussion Group (Heretics)



This month the Thursday Morning Discussion Group (Heretics) is viewing and discussing lectures by Professor Amy Jill Levine on the subject of the **Hebrew Bible**. Professor Levine’s ideas are well-researched, fascinating, and most importantly thought-provoking and an excellent basis for conversation.

We’d love to have you join us. Drop-ins are always welcome; no commitment is required. Please contact Evelyn Perkins or any member of Heretics for further information and a Zoom invitation.



**OUR EMMANUEL HOLIDAY BAZAAR IS
*SATURDAY NOVEMBER 9, 10AM-2PM***

This is a major fund-raising event for Emmanuel's general fund and we look forward to everyone being involved in big and small ways to make this event fun and successful!

Please consider volunteering to assist in various areas and/or working on Bazaar Day, Saturday November 9. Sign-up sheets will be in the Narthex mid-October. You can also contact Brenda Ashe: brendalash@gmail.com or 613-806-2296 or talk to Brenda on Sunday.

Your donations are so important to the 2024 Bazaar. Here are the various areas and special requests to consider when donating:

BAKING: All baking is welcome! Ginger, chocolate chip and oatmeal cookies sell well. Fudge, jams, jellies, preserves, small loaf cakes, muffins, cupcakes, squares and seasonal items are all appreciated. Cookies can be packaged by 6 or 12. Iced Cupcakes packaged in boxes to protect the icing, and muffins can be packaged by 2, 4 or 6 per package. Again, all baking is welcome.

BOOKS: Young adult and children's books sell well. Mystery, biography, history, crafts, self-help and travel books are appreciated. Please no textbooks, encyclopaedias, Harlequin romance.

CHRISTMAS DECOR: Good condition Christmas mugs, dishes, angels and Christmas ornaments and decorations. No electric lights.





KNITTING and SEWING: ONLY NEW knitted and sewn items please. The estimated cost of the item should be included with the donation. Toques, socks, mitts, baby items, kitchen towels, dish cloths and cloth wine bags are all appreciated.

JEWELRY and ACCESSORIES: Jewelry that does not require repair. Accessories can include gently used and cleaned scarves, ladies gloves, purses and jewelry storage boxes.

SCROUNGERS PARADISE: Items in good condition and in working order. Games, toys, sports equipment and puzzles with no missing pieces. No cracked or chipped dishes.

SHANTYMEN'S DELI: Homemade bread and rolls are needed to sell alongside the Deli items available at the table.

SILENT AUCTION: Can you provide tickets, a welcoming invitation, or a service to help others? A service can include making a dinner for pick-up or delivery, making a photo book, giving computer help. Also, unique treasures, good quality collectables and children's items are popular. **Please no** large sets of dishes, no large furniture items or non-working electrical items. No clothing.

WOODWORKING: Handmade wood items and wooden Christmas items. No furniture please.

YOUTH TABLE: Items / crafts made by youth from Emmanuel.

Thank you for contributing in any way possible.





FALL STEWARDSHIP CAMPAIGN

*“...It is more blessed to give than to receive.”
Acts 20:35*

As we enter the fall period, our Stewardship campaign approaches. Our theme for this year is **“The Spirit of Fellowship, the Need for Caring”**. This year’s campaign will begin on Sunday, October 27th with Stewardship Sunday and our campaign will end on Sunday, Nov 17th. Stay tuned for more information!

We thank all our members who continue to support Emmanuel and work individually, through committees, and groups to further God’s work and help in the lives of our congregation, our local community and in our global outreach.

The strength of our congregation is in the willingness of our members to make a difference and to collectively be a welcoming, inclusive congregation.

EMMANUEL
FRIDAY NIGHT AT THE



OCTOBER 11 | 7:00 PM



A heartwarming, truth-telling, genuine story about a man who wouldn't grow up and a boy who showed him what it really means to care for others.

From the novel by Nick Hornby

Starring Hugh Grant, Rachel Weisz, Toni Collette

Age: 12+

Two thumbs up - Roger Ebert
7/10 IMDb, 93% Rotten Tomatoes

**FREE ADMISSION
EVERYONE WELCOME!**

Bring your friends
Doors open at 6:30



& snacks
for sale



CHRISTIAN DEVELOPMENT

The **Nursery** is available every Sunday.

Sunday School provides activities for children aged 3 to 13 during our Sunday church service.

Children's Choir – Ashley Roy and Amelia Brohman are starting a children's choir. If a child in your family is interested in taking part, please contact Amelia at amelia.euc@gmail.com

Rainbow Hub is a monthly social group for LGBTQ2+ youth who are 12-18 years old from all across the city. The meetings are usually held on the first Friday of each month. For more information, please contact Ellen Brohman (ellenbrohman@gmail.com)

*Our next **Let's Stay Together*** will be **Sunday November 3** (there is none in October due to Thanksgiving and other events). Join us after the service on **November 3** for a lunch of homemade soup and rolls. After lunch activities will be on the theme of 'Raising Marginalized Voices'. More details will be available soon. We welcome suggestions of topics and themes for future sessions; please pass them on to any member of the CD team.

Tween/Teen Evening of Activities/Sleepover – date in October is being confirmed – stay tuned!

Confirmation – We are holding confirmation learning sessions this fall. Interested people should contact Amelia for more information.

Fall Hike – All ages are welcome to join us on **Saturday, Oct 19** for a day hike in Gatineau Park. We'll meet at the church at 9:30am and carpool together. Bring a bag lunch. For information, contact Val Lines.

COMMUNICATIONS

ADVERTISING - Our Alta Vista Community Newspapers, Riverview Park Review and VISTAS, continue to publish. If you have events or announcements, photos and/or stories for them, please send them to publicity@emmanuelunited.ca by the 15th of the previous month, earlier if possible, so we can get approval and layout space.

MOVIES – October 11, 7:00pm

A heartwarming, truth-telling, genuine story about a man who wouldn't grow up and a boy who showed him what it really means to care for others.

From the novel by Nick Hornby Starring Hugh Grant, Rachel Weitz, Toni Collette.

Age 12+

Russ

Chair, Communications Committee



COUNCIL

The September Council meeting was an in-person meeting held on Tuesday, September 17, 2024.

Highlights:

- bequest received from the Estate of Ann Macleod (\$20,000) to be applied to the James R. Macleod Memorial Youth Fund
- additional bequest received from the Estate of Isobel Bryan (\$37,341.35) - funds directed to the Legacy Fund (formerly Amalgamation Fund) consistent with the recommendations of the Ad Hoc Allocations Committee pertaining to the original bequest
- search process initiated for the position of Leader of Music Ministry - approval of the proposed Search Team and the 'Leader of Music Ministry Position Description'
- transfer of \$4,000 from James R. Macleod Memorial Youth Fund to the CD Camp Fund to fund youth activities

- Social Action Committee (SAC) starting process of assisting Russell Heights Community House to obtain charitable status. SAC and Finance Committee will continue to explore other solutions in the interim.

All members of the congregation may attend meetings of Council and Executive of Council as observers. Our meetings are held on the third Tuesday of the month. Our next meeting will be an in-person meeting of Full Council on Tuesday, October 15, 2024 at 7:00 pm in the CE Hall. If you wish to attend and observe, please contact Keith Jeacle at k.jeacle@outlook.com or Val Dowd at webmaster@emmanuelunited.ca for the Zoom coordinates.

GLOBAL PARTNERS

Camp Chipembi, Zambia

Alison Lines, Xavier Lamb and Erika Langner participated as leaders at 12th annual Camp Chipembi in Zambia in August, alongside 15 Zambian youth leaders and 3 leaders from Bell's Corners United Church. 129 children participated as campers. Thank you to the generosity of the Emmanuel congregation for sponsoring lunches, t-shirts and send-a-kid to camp!



Photo: Emmanuel representatives present to the Chipembi Congregation a banner designed by Emma Dowd and created during our community art project at the fall festival 2023.

Iglesia Bautista Emmanuel

Reverend Miguel has shared the disappointing news that the Deacon's board and principal have decided to close the IBE school in El Salvador after 43 years of operation, due to lack of funding.

Just Gifts

The Just Gifts Christmas market will be open for online sales from mid-November, with pick-up and in-person shopping on December 7th, 2025. We are looking for donations of preserves – pickles, relishes, jams and jellies. If you are doing fall canning, please consider setting aside some preserves for Just Gifts. All proceeds go to our partners in Zambia and El Salvador.

KEEPING IN TOUCH

Pictorial Directory Update

If your photo is in the directory and you have not picked up your directory, you can contact the office to arrange to do so.

Missing Photos? You should have received your purchased photos from IPC. If you have not, you can contact customer service 1-800-391-5161 extension 114, 115 or at: info@ipcphoto.ca **You will need your Order #** which can be found on the top right of the Pink copy that you received at the time of your purchase. Contact Joyce if you need assistance.

Thank you to Ron Squires

Ron has been a member of Visitation and Keeping in Touch Committees for many years. With the completion of the 2024 Pictorial Directory, he is retiring from the Committee. His wisdom, experience, and organization of big and small projects will be missed!

Membership

Make Emmanuel your home - we welcome everyone who chooses our congregation, wherever you are in your spiritual journey. Some of you may wish to join Emmanuel through profession or reaffirmation of faith, or transfer of membership from another congregation. **A New Member's Service is scheduled for Sunday, October 20.** If you have any questions about membership or desire

to be on the Emmanuel United Church official church roll, **please talk to Rev. Grant or call the church office.**

Post-Secondary Students, Keeping in Touch

Thank you to all who have sent in addresses for College and University Students. We want to include everyone, so this is a reminder that **we need address information by October 6.**

Thank you to all who are contributing to these gift packages.

Keeping in Touch in October and November

There are opportunities to keep in touch with each other at the **Shantymen's Dinner on October 26th** and the **Emmanuel Bazaar on November 9, 2024.** Let's help make these events a great success by letting family, friends and neighbours know about them. **It is also a great way to keep in touch with other volunteers by working together on the events.**

Members of the Keeping in Touch Team:

Ann Bihamba, Janet Campbell, Clarice Dewar, Patty Henderson, Phyllis MacRae, Hilde Reynolds, David Wray, Joyce White (Chair)

Contact: joyce.white@sympatico.ca or 613-324-8759 or welcoming@emmanuelunited.ca

MINISTRY & PERSONNEL

There will be a celebration of Theresa's time with us on Sunday, Oct 6 after the service. There is a card to sign (it will be kept in Val Lines' mail slot during the week). If you would like to make a contribution towards a gift for Theresa, you can give cash or cheque (made out to Valerie Lines) to any member of M&P, or by e-transfer to bvlines84@rogers.com.

A special thank you to Joan Foster-Jones for directing the choir in May and June and as they start back this fall. Thank you to Abi as well for playing all the service music during this time.

At the September 17 meeting, Emmanuel Council approved a search team to look for a new Leader of Music Ministry. The team is Valerie Lines (M&P); Joan Foster-Jones (Worship, choir); Shelley Farrell (choir, M&P); Jim Lamb (choir, JAM); and Sifa Zahinda (young

adult, JAM). Council also approved the position description which can be found on Emmanuel's website. Comments or suggestions related to the search and position description are welcome and can be given to any member of the search team.

We're very pleased to have Ann McNamee join us as an interim choir director/organist to fill in while we conduct the search. Ann was the organ and piano accompanist at Emmanuel many years ago when Ann Montgomery was the choir director. She was music director at Trinity United and then St. Stephen's Anglican, and was director of the Bytown Voices Community choir before moving to Jamaica, where she taught and was director of the National Youth Orchestra of Jamaica. Welcome Ann!

Grant's regular working days will now be Sunday through Thursday, with days off on Friday and Saturday (instead of days off on Friday and Monday). There will be times when he will need to work on a Friday or Saturday for funerals or other events; in that case he will take some time off on the following Monday.

PASTORAL CARE

Together We Thrive –

Fostering Self-Advocacy Through Mutual Support

Planning for Peace of Mind: The Importance of Advanced Care

Planning

“Preparing for Life's Transitions” is an article recently published by the Council on Aging of Ottawa. It explores the topic of ‘Smart Aging,’ emphasizing that as we age, we face numerous transitions, including changes in health and finances.

One key takeaway for me is that ‘smart aging’ challenges all age groups. Life transitions impact teenagers just as significantly as they do seniors. A common thread in all transitioning is decision-making – especially the decisions we make before a crisis is upon us. A crucial aspect of this process is learning when it is necessary to say ‘no.’

The Tuesday ZOOM conversation group discussed this question, which is important to making smart decisions: **When have you realized that saying 'no' to a new opportunity or experience was holding you back from something beneficial? What did that teach you about embracing change?"**

Here is the link to the article: <https://www.fifty-five-plus.com/blog/community/smart-aging/>

Mini Pilgrimage: Wed Oct 9, 10:30-12:30

Meet at Hog's Back Park. Includes long or short walks, socializing, and bagged lunch. If you can drive others or need a drive or require more information, contact Irene at: isjb47@gmail.com or Jill at: halifaxmaclean@gmail.com All welcome!

Meditation on Gratitude: A Reflection for October by John O'Donohue

As the leaves change and the air cools, take a moment to breathe deeply. Invite gratitude into your heart, a gentle companion that reveals the abundance around you.

Reflect on simple joys—the laughter of friends, the warmth of shared meals, the beauty of nature. Let these moments fill you with appreciation.

Imagine gratitude as a soft light, illuminating both the blessings and challenges in your life. Allow this light to expand, embracing all that you are.

As you move through October, let gratitude guide your perspective. Offer thanks to the earth, the sky, and the love that surrounds you. Embrace the fullness of your heart, and let gratitude lead your way.

The Pastoral Care Team

The Pastoral Care Team offers emotional and spiritual support to individuals and families facing various life challenges. The well-being of the Emmanuel community is our priority. To get in touch with the Pastoral Care Team, contact Ron MacDonald, Pastoral Care Provider at: pastoralcare@emmanuelunited.ca or contact the church at 613-733-0437. You can also reach out to the other team members, Rev. Grant Stuckless, Dr. Ron MacDonald, Malcolm Collins, Patricia Fairbairn, Terry Henderson, Jon Jones, Jill MacLean, and Joyce White (Keeping in Touch).

SOUTHEAST OTTAWA CLUSTER EVENTS

The Cluster BBQ is happening Friday October 18th at 6pm at Riverside United Church. The cluster represents our closest neighbours and we are each other's supporters and friends, come out for dinner together as we strengthen our ties to the wider United Church Community.

WORSHIP

Looking ahead to worship in October

October 6

World Wide Communion

Hebrews 1:1-4, 2:5-12

Celebration of Theresa Clarke's time as a part of Music Ministry at Emmanuel.

October 13

Thanksgiving

Joel 2:21-27

Matthew 6:25-33

October 20

Reception of New Members

Mark 10:35-45

October 27

Mark 10:46-52

We are looking to add to our roster of people who are willing to volunteer as an usher or to help with coffee and conversation. This is a great way to get to know people if you are new to the congregation (or even if you have been around for awhile). This doesn't need to be a huge time commitment. For ushering – see Bob Gander. For coffee and conversation – see Irene Bakker.



COMMUNION OFFERING SUNDAY, OCTOBER 6, 2024
will be in support of the Chipembi Congregation
- our Global Partner in Zambia.

The Chipembi Congregation of the United Church of Zambia is located on a UCZ Mission Station in a small rural community northeast of the capital of Lusaka. Working in partnership with the other institutions on the Chipembi Mission Station, including the Chipembi Girls Secondary School, the Chipembi College of Agriculture, the Chipembi Rural Health Centre and the Chipembi Basic School, the Chipembi congregation responds to the needs of this vast rural community.

Emmanuel has been in partnership with the Chipembi Congregation since 2011. Both communities of faith share a common interest in, and a commitment to, Christian development and outreach to those in need. Emmanuel takes an active part in shared partnership projects that will aid in the spiritual and educational development of children and young people and in the development of healthy and sustainable families and communities.

One of the areas that our partnership has focussed on over the years is Camp Chipembi, a week-long Christian day camp program for over 100 children from the area, led by youth and young adults from both the Chipembi and Emmanuel congregations. As a global intercultural learning and faith formation space for children, youth and young adults, it also provides an opportunity for leadership development. Camp Chipembi has become one of the critical lenses for seeing, learning and understanding how we are living out God's mission in this partnership.

More recently, the partnership has entered into agreement on a project for infrastructure development and renovation of the Chipembi Rural Health Centre. Situated in a district which has a

population of approximately 19,000 people, it is the only clinic in the district. The facility is in great need of repairs and upgrades – the facility looks old because it was painted a long time ago, the ceilings are in dilapidated state and the floor tiles need replacing. The ability to respond to the needs of the patients is severely impacted by the existing conditions of the clinic. It is an example of how health conditions in rural Zambia are far below what is acceptable. Through the partnership many areas will be renovated, most areas will be painted and air conditioning units and solar panels will be installed.

While it is important that we look after ourselves in the work we do at Emmanuel, it is also important that we reach out to those in our world who are in need, particularly those with whom we have a partnership.

We hope that you will give consideration for a donation to this partnership through the Communion Offering on Sunday, October 6, 2024.



Simplify your Celebrations

We would like to thank those who have made contributions in the month of June 2024 to the Emmanuel United Church as part of the *Simplify your Celebrations* project. Donations were received as follows:



In memory of Don Ford
by Hilde Reynolds,
Areta Crowell & Russell Smith



In celebration of Ann Frederking's birthday
by Areta Crowell & Russell Smith



With gratitude to the Perkins' for their generosity
by Areta Crowell & Russell Smith



Donations may be made by cheque
payable to "Emmanuel United Church",
e-transfer to envelope.secretary@emmanuelunited.ca
or through the CanadaHelps.org "Donate Now" button
on our website at www.emmanuelunited.ca



Simplify your Celebrations

(Form to accompany donation)

Donation to:
Emmanuel United Church
691 Smyth Road, Ottawa ON K1G 1N7

General Fund Capital Fund

From: (Name) _____

(Address) _____

In recognition of:

(Please provide a statement that could go into the next monthly packet,
along the lines of those on the previous page.)

If you do not wish for this to be published, please check here _____

Please send acknowledgment to:

If you wish this to be an anonymous donation, please check here _____

Amount: \$ _____

Thank You