

LIFE AND WORK OF EMMANUEL UNITED CHURCH JUNE 2025



Photo Credit: Emma Dowd

Summer Issue (July/August) Submission Deadline:
June 23, 2025

Welcome to Emmanuel United Church

INCLUSIVE • COMPASSIONATE • JUSTICE SEEKING • WELCOMING ALL

Welcome to Emmanuel United Church, where the church is the body of Christ with each member having unique gifts to share and a ministry to offer. We invite you to come and visit, to worship, to join in our fellowship, to participate in our many activities, and to enrich your faith. As an affirming church, we welcome everyone.

We recognize the Algonquin Nation, on whose traditional unceded territory Emmanuel United Church is located. We gratefully acknowledge them as past, present and future stewards of this land.

**691 Smyth Road,
Ottawa, ON K1G 1N7
Website: www.emmanuelunited.ca
Telephone: 613-733-0437**

Sunday Worship at 10:00 AM

**Office Hours: Monday – Thursday
9:00 am-4:30pm**

MINISTER OF WORSHIP AND PASTORAL CARE

Grant Stuckless revgstuckless@emmanuelunited.ca

PASTORAL CARE PROVIDER

Ron MacDonald pastoralcare@emmanuelunited.ca

OFFICE ADMINISTRATOR

Emma Dowd office@emmanuelunited.ca

LEADER OF CHILDREN, YOUTH AND YOUNG ADULT MINISTRY

Amelia Brohman amelia.euc@gmail.com

WEBMASTER

Val Dowd webmaster@emmanuelunited.ca

ENVELOPE SECRETARY

Keith Jeacle envelope.secretary@emmanuelunited.ca

NEWSLETTER EDITOR

Phyllis MacRae newsletter@emmanuelunited.ca

MEDIA PUBLICITY

Steve Taylor publicity@emmanuelunited.ca

KEEPING IN TOUCH

Joyce White welcoming@emmanuelunited.ca

For Information on any of our church activities, please call or email the office and check out our website - the upcoming events and good to know sections of the homepage host excellent content; get to know us even better by exploring more!

In Memoriam

Joan Reveler

May 7, 2025

***Blessed are those who
mourn, For they shall be
comforted.***

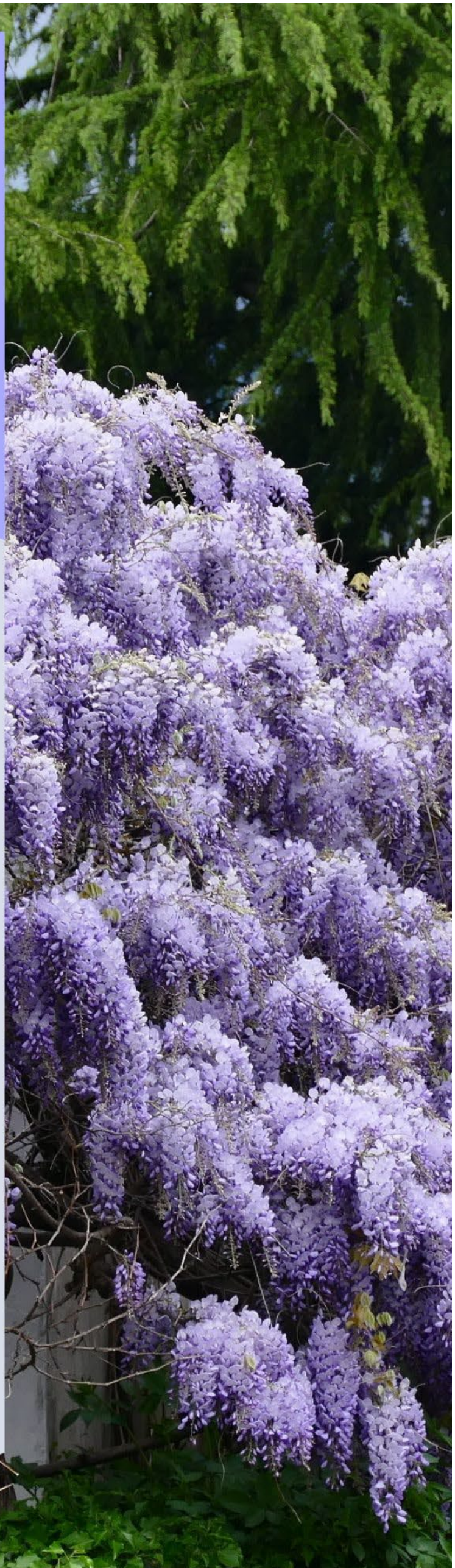
Matthew 5:4

***Thank you to all those
who made donations to
the Memorial Fund, in
honour of a loved one
or friend.***

***(Eva-May Hamilton)
Areta Crowell &
Russell Smith***

***(Cathy Borza)
Areta Crowell &
Russell Smith***

***(Joan Reveler)
With fond memories of
Joan Reveler
by Julie & Terry
Henderson***



ACTIVITIES & GROUPS



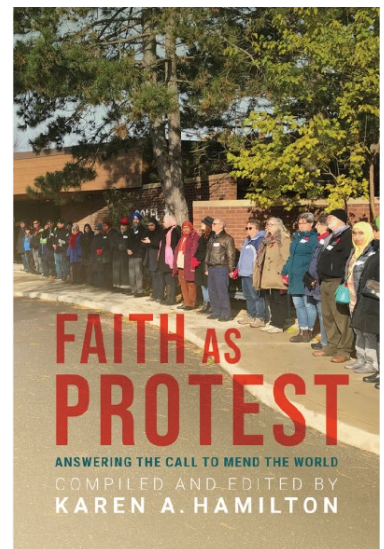
What is Tulipathon?

Each May, rain or shine, the Multifaitth Housing Initiative (MHI) hosts Tulipathon, a 3KM walkathon fundraiser at Commissioners Park. This annual event invites MHI's 80+ faith group members, their congregations, and the wider community for a scenic walk through the tulips. With 100% of all proceeds going toward MHI's subsidies program, our goal this year was to raise \$125,000.

Tulipathon was held on May 25th, and Emmanuel members walked with folks from all across Ottawa to support MHI. Our team at Emmanuel fundraised over \$1,400.

Thank you for your support.

The Thursday Morning Discussion Group (Heretics) will take a summer break starting in June. On September 11, 2025, we will come back for the new season. We will look at one of the Moderator's BOOK SQUAD books: *Faith as Protest : Answering the Call to Mend the World*, compiled by Karen Hamilton.



Please contact Evelyn Perkins (perkeve@hotmail.com), or any member of Heretics for further information, or with ideas you may have for our fall discussion. New members are always welcome.

Book Club will meet at the Canal Ritz on Monday, June 9th, at 6pm to announce the results of their votes, and reveal the book selection for the 2025-2026 year.

The **Emmanuel's Men's Group** meets monthly for Breakfast from 8:30-10:30 am at Roger's Italian Bistro, at 500 Terminal Ave. The upcoming dates are June 14, July 12, and August 9.

Monday Night Christian Meditation Group

“I tell you, whoever does not accept the kingdom of God like a child will never enter into it.” (Mark 10:15)

“[Meditation] is a simple way. Its simplicity is it's great challenge to us because we are trained to seek the truth, for accuracy, only in complexity. It is a *simple* but not necessarily *easy* way. It requires trust and perhaps indeed a certain recklessness to begin and it requires courage to persevere but all we have to lose are our own limitations.” – John Main OSB

The meditation group meets on Monday evening for an hour starting at 7:00pm on Zoom. There is 25 minutes of silent meditation, a talk or video presentation, and a time for sharing. For further information and a zoom link, please contact Evelyn Perkins (perkeve@hotmail.com).



CHRISTIAN DEVELOPMENT

The **Nursery** is available every Sunday.

Sunday School provides activities for children aged 3 to 14 during our Sunday church service.

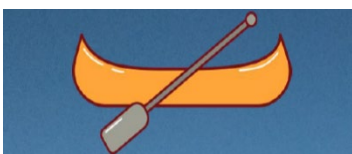
Rainbow Hub is a monthly social group for LGBTQ2+ youth who are 12-18 years old from across the city. It is paused for the summer and will resume in September. For more information, please contact Ellen Brohman. (ellenbrohman@gmail.com)

Thank you to everyone who participated in our ***Let's Stay Together Sundays*** which are usually held on the second Sunday of each month. We will resume them in September! We welcome suggestions of topics or themes for future sessions; please pass them on to any member of the CD team.

Post-Secondary Bursary – Students entering the first year of a post-secondary program are encouraged to apply for a bursary from Emmanuel. To apply, please fill in the application form found at [Student-Bursary-Application.pdf](#) and include a letter of reference and proof of acceptance into the program. For more information contact Janice Peron, Val Lines or Ellen Brohman. Applications are due by June 8, 2025.

Youth Community Service Leadership Camp - July 7 to July 11, 9am to 3:30pm. Youth going into Grade 6 to 10 will take part in community outreach projects as well as games, crafts and baking. For more information or a registration form contact Amelia Brohman or Valerie Lines.

Cook and Canoe Camp - July 28 to Aug 1



Youth going into Grade 4 and up will spend Monday and Tuesday at Emmanuel preparing food for our canoe trip, playing games and taking part in other activities. Wednesday morning to Friday afternoon will be spent canoe camping at Lac LaPêche, about 50 minutes north of Ottawa. For more information or a registration form contact Valerie Lines.

COMMUNICATIONS

All proceeds as it should with one exception.

HELP!!!

We seem to have “misplaced” one of our two digital handheld microphones. It was last seen about 4 weeks ago, and a search has not turned it up. Normally stored in the brown cabinet in the Sanctuary, it is absent.



This is a rather expensive piece of kit that, hopefully, was just used and then not properly put away. If you know where it is or have seen it, please let one of the team know.

COUNCIL

The May Council meeting was a Zoom meeting held on Tuesday, May 20, 2025.

Highlights:

- Approval of updated “*Policy for Use of Premises*”
 1. Space rental rates increased by 10% across the board – there had not been an increase since 2014
 2. Change in process of orientation for new renters - recommended that someone from Emmanuel be present at commencement of the rental to:
 - confirm requirement for restoration of equipment in its original state, and
 - confirm acceptable standards of cleanliness.
 3. Also recommended that Emmanuel contact be present at end of rental to ensure conditions are met.
- Approval of Russell Heights Community House Funding Agreement
 1. As Russell Heights Community House does not have charitable status, a partnership agreement was entered into with Britannia Woods Community House (BWCH) and Russell Heights Community House (RHCH) in order for

Emmanuel to renew its financial support to the Russell Heights Food Bank.

2. BWCH is the home for the Coalition of Community Houses

3. Emmanuel will provide the funds to BWCH (a registered charity) which in turn will provide funding to RHCH.

- Approval of the hiring of Ann McNamee for the position of Music Director at Emmanuel effective July 1, 2025.
- Approval of the hiring of Abigail Sanchez-Rojas for the position of Collaborative Musician at Emmanuel effective August 1, 2025.
- Approval of participation of Emmanuel United Church, with Bells Corners United Church and the Chipembi Congregation of the United Church of Zambia in the construction of a girl's dormitory at the Chipembi Day Secondary School in Chipembi. This project is part of the mission of Emmanuel through its Global Outreach ministry.
- Appointment of Angie De Castro as Financial Reviewer for 2025

All members of the congregation may attend meetings of Council and Executive of Council as observers. Our meetings are held on the third Tuesday of the month. Our next meeting will be a meeting of Executive of Council on Tuesday, June 17, 2025 at 7:00 pm on Zoom. If you wish to attend and observe, please contact Keith Jeacle or Val Dowd (k.jeacle@outlook.com, or webmaster@emmanuelunited.ca) for the Zoom coordinates.

GLOBAL PARTNERS



Fundraising for Camp Chipembi 2025

Just a reminder, we are still working to raise funds in support of Camp Chipembi this year.

You can sponsor in any of the following ways:

- Send a kid to Camp Chipembi (t-shirt & lunches) - \$50
- Any number of t-shirts - \$15 each
- Any number of lunches - \$7 each or lunches for a kid for the whole camp - \$35

You can sponsor any of the above in the usual ways:

- a) buy a sponsorship at the table at Coffee & Conversation;
- b) make an e-transfer (to envelope.secretary@emmanuelunited.ca); or
- c) write a cheque (to Emmanuel United Church) in an envelope mailed or dropped off at the church.

In the case of b) or c), please indicate in the comments field or on a note what you are sponsoring and that it is for Camp Chipembi.

Tax receipts will be provided.

Starting in June, there will be a suitcase in the Narthex with a list of supplies needed in the operation of the camp. You can also support Camp Chipembi by purchasing supplies on the list and leaving them in the suitcase.

If you have any questions you can call Keith Jeacle @ 613 440-6646 or Jim Lamb @ 613 797-2753



HEALTH

TAKE TIME TO BE WHOLEY- Exercise Programs for Seniors

Chair Yoga Exercise Program – Monday's from 10:30 to 11:30 am Chair Yoga is a gentle and accessible way to enhance your flexibility, balance and overall well-being. It's perfect for individuals of all ages and fitness levels. No mat is required. Cost: Drop-in fee of \$5 per class.

Stretch and Strength Exercise Program – Friday's from 10:30 to 11:30 am Exercise that consists of light exercises, some standing using light free weights and exercise bands. The program is designed to encourage seniors to stay or become more fit by stretching and exercising most body muscles. All the equipment needed is provided. Drop-in fee of \$5 per class.

Important Notice:

- The final class of the season will be held on **Friday, June 20.**
- **There will be no exercise classes during the summer months.**
- The **fall session** will begin on Monday, September 8.

KEEPING IN TOUCH

Welcome Lunch

Forty people attended the lunch on May 11, when we welcomed the confirmation class, a baby who was blessed, newcomers, and family members and visitors. Thank you to everyone who offered hospitality and conversation, provided food, served lunch, washed a mountain of dishes and laundry and set up and took down tables!

Best Wishes to all Students

As the school year draws to an end, we are thinking of you. Wherever you are in your studies, be it a graduation milestone, a change of class or school, or a completed course for employment we wish you good luck, bonne chance.

Summer Hospitality:

Summer is a time of re-energizing for many volunteers and it is also a time when guests attend worship services. It really makes a difference

if they receive a warm welcome and an invitation to stay for a glass of lemonade.

If you notice visitors and they seem comfortable about doing so, ask them to sign the guest book with their name, address and phone number so that we can get in touch.

Members of the Keeping in Touch Committee are: Janet Campbell, Phyllis MacRae, Latisha Joseph, Hilde Reynolds, Zawadi Zahinda, Joyce White, David Wray. This year the Chair position is vacant. If you would like to know more about **Keeping in Touch**, contact Joyce at 613-324-8759 or welcoming@emmanuelunited.ca

We will host Coffee and Conversation on June 1 and welcome volunteers.

Our next meeting is Tuesday, June 3 at 7:00 P.M. on Zoom.

MINISTRY & PERSONNEL

M&P June 2025 Packet

We're pleased to announce that on May 20, Council approved the hiring of Ann McNamee as our Music Director and Abigail Sanchez-Rojas as our Collaborative Musician.

As Music Director, Ann's primary responsibilities include directing and coordinating the senior choir; liaising with the minister, worship team and office; and providing support as needed to all of Emmanuel's music groups. Her open-ended contract starts 1 July 2025.

As Collaborative Musician, Abi's responsibilities include providing piano accompaniment for choir anthems, playing hymns on the piano and/or organ, and playing preludes and postludes on the piano or organ. Her open-ended contract starts 1 Aug 2025. Abi will be on vacation for the month of July.

Rev Grant will be away on vacation from June 23 through July 13.

PASTORAL CARE

THRIVING TOGETHER • FOSTERING SELF-ADVOCACY THROUGH MUTUAL SUPPORT

Transitions Senior's Group

A lunch and conversation opportunity for seniors is once again being organized by the Pastoral Care Provider for Monday June 16th , 11:30 a.m. – 1:30 p.m... The conversation focus : **Our Aging Bodies Speak to Us.**

"What is your body trying to tell you at your stage of life—and how are you listening?" In your life right now, how is your body asking you to live differently—and how are you responding to or have responded to or are challenged to respond to what your body is speaking to you?

If this is a conversation you would like to be part of, contact Ron by calling the **church office at 613-733-0437** or email Ron at **pastoralcare@emmanuelunited.ca**.

Spring Pilgrimage May 2025

On Monday May 21st , the Spring Pilgrimage was held in the church lounge. There were 16 congregants present for this retreat – a time of contemplation on the theme – *No One Stands Alone*. Here is a meditation from this year's pilgrimage.

Meditation on No One Stands Alone

No one truly stands alone in our community —just as trees in a forest are connected through roots and shared resources, we are bound to one another through community and care. Our well-being is tied to the well-being of each other , and we each have a role in offering support, empathy, and companionship. Especially in difficult times, it's vital to remember we are not alone—there is strength in solidarity. Like the mother tree quietly nourishing the forest, we are called to uplift and nurture those around us. Guided by the Holy Spirit, these connections foster resilience, healing, and a deeper sense of belonging in both natural and spiritual life. As you move through your day, contemplate one intentional way you can strengthen a connection to community — through a gesture of kindness, a listening ear, or a simple act of support. (*A book to check out - Diana Beresford-Kroeger's "To Speak for the Trees" - a homage to the trees themselves and their importance to our world.*)

Pastoral Care Team

At Emmanuel, we believe in walking alongside one another through life's challenges, offering emotional and spiritual support to individuals and families in times of need. Our Pastoral Care Team is here to listen, to comfort, and to help support you through whatever you may be facing. To get in touch with the Pastoral Care Team, contact Ron MacDonald, Pastoral Care Provider at: pastoralcare@emmanuelunited.ca or contact the church at 613-733-0437.

Team Members: Rev. Grant Stuckless, Dr. Ron MacDonald, Malcolm Collins, Patricia Fairbairn, Terry Henderson, Jon Jones, Jill MacLean, and Joyce White (Keeping in Touch)

WORSHIP

June 1

Chipembi news and reflections from the pilgrims

June 8

Pride Sunday

June 15

100th Anniversary service at EY Centre & livestreamed
(no service at Emmanuel)

June 22

Luke 8: 26-39

June 29

Speaker – Bob Gander

100TH ANNIVERSARY CELEBRATIONS

EOORC 100th Anniversary Event, June 15, 2025

You are invited to participate in the United Church of Canada 100th Anniversary celebration which will take place at the EY Centre in Ottawa on Sunday June 15.

Agenda for the celebration:

9:30 – Doors Open

10:15 – Choir Practice

10:45 – Gathering Music

11:00 – Worship Service (in the same room there will be simple activities for children aged 4-12 and a little play area for babies and toddlers)

12:30 – Picnic Lunch (you can bring a picnic blanket along with your food, there will be tables and chairs for those who prefer)

12:30 Onwards – Music, “Walk Through 100 Years” historical exhibit plus scavenger hunt and games.

If you and your family plan to attend, please notify **Joan Foster-Jones** at joanfosterjones@gmail.com. (even if you have already completed a survey).

Parking is available at the EY Centre for \$10. The Centre is accessible by public transportation. We will organize carpooling to travel from the church to the EY Centre. There will be a sign-up sheet for car poolers in the Narthex. Please contact **Phyllis MacRae** at pmjmacrae@gmail.com for information on transportation.

Note: there will not be a worship service at Emmanuel on June 15.

The service will be livestreamed **Watch the livestream here, at:** www.youtube.com/watch?v=57q9_Wxf9p8

The broadcast will begin between 10:30 and 10:45 am on June 15th. The worship service will begin at 11 am, but you may wish to get everything set up a little ahead of time.

Simplify Your Celebrations

We would like to thank
those who have made
contributions in
the month of May 2025 to the
Emmanuel United Church as part of the
Simplify your Celebrations project.
Donations were received as follows:



In memory of Cathy Borza
by Sharon Noonan,
Patty Henderson

In memory of Debbie Meek's Mother
by Hilde Reynolds

In memory of Joan Reveler.
She will be missed.
by Hilde Reynolds

Remembering the life of Joan Reveler
by Joyce & Ross White



In recognition of Ellen Brohman's
wonderfully elegant, thoughtful and personal reflection
to the confirmands on Mother's Day Sunday
by Graham & Marg Kneen



Donations may be made by cheque
payable to "Emmanuel United Church",
e-transfer to envelope.secretary@emmanuelunited.ca
or through the CanadaHelps.org "Donate Now" button
on our website at www.emmanuelunited.ca

Simplify Your Celebrations

FORM TO ACCOMPANY DONATION

Donation to:
Emmanuel United Church
691 Smyth Road, Ottawa ON K1G 1N7

General Fund ☐ Capital Fund ☐

From: (Name) _____

(Address) _____

In recognition of:

*Please provide a statement that could go into the next monthly packet,
along the lines of those on the previous page.*

If you do not wish for this to be published, please check here _____

Please send acknowledgment to:

If you wish this to be an anonymous donation, please check here _____

Amount: \$ _____

Thank You