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# LIFE AND WORK OF EMMANUEL UNITED CHURCH JULY-AUGUST 2025



Photo Credit: Emma Dowd

# September Issue Submission Deadline: August 25, 2025

# Welcome to Emmanuel United Church

INCLUSIVE • COMPASSIONATE • JUSTICE SEEKING • WELCOMING ALL

Welcome to Emmanuel United Church, where the church is the body of Christ with each member having unique gifts to share and a ministry to offer. We invite you to come and visit, to worship, to join in our fellowship, to participate in our many activities, and to enrich your faith. As an affirming church, we welcome everyone.

We recognize the Algonquin Nation, on whose traditional unceded territory Emmanuel United Church is located. We gratefully acknowledge them as past, present and future stewards of this land.

# 691 Smyth Road, Ottawa, ON K1G 1N7

Website: www.emmanuelunited.ca Telephone: 613-733-0437

**Sunday Worship at 10:00 AM** 

Summer Office Hours: Tuesday – Thursday 9:00 am-2:00 pm

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For Information on any of our church activities, please call or email the office and check out our website - the upcoming events and good to know sections of the homepage host excellent content; get to know us even better by exploring more!



Thank you to all those who made donations to the Memorial Fund, in honour of a loved one or friend.

In memory of Eva-May
Hamilton,
a cherished member of
Emmanuel and friend
Christine & Norman
Williams

In memory of Cathy Borza, steadfast member of Emmanuel and colleague for Global Partners Christine & Norman Williams

In memory of Cathy Borza
Patty Kavcic

In memory of Joan Reveler, loyal member of Emmanuel and friend Christine & Norman Williams

In memory of Joan Reveler Isobel Oakley, Patty Kavcic, Janice & Pierre Péron

# **ACTIVITIES & GROUPS**

**Book Club** has announced its reading list for next year. If you happen to have read any of these books, please consider joining in for the discussion!

Akin by Emma Donoghue, September 8.

Before We Were Yours, by Lisa Wingate, October (date TBD).

Clear: A Novel, by Carys Davies, November 10.

North of Nowhere, by Marie Wilson, January 12.

Jennie's Boy, by Wayne Johnston, February 9.

A Single Thread, by Tracey Chevalier, March 9.

The Salt Path, by Raynor Winn, April 13.

Proof, by Beverley McLachlin, May 11.

The **Emmanuel's Men's Group** meets monthly for Breakfast from 8:30-10:30 am at Roger's Italian Bistro, at 500 Terminal Ave. The upcoming dates are July 12, and August 9.

#### Ottawa Pride August 24, 2025: Team leaders needed.

Please mark your calendars for the annual Ottawa Pride Parade which will take place in Centretown Ottawa on Sunday, August 24 starting at 1:00 pm. Some United Church congregations will coordinate a gathering point for local congregations who will want to take part together. We will get more information about this later.

Emmanuel is looking for a volunteer team to coordinate our participation in this event. We have an Emmanuel Pride Banner to carry in the parade. If you would like to do some advertising for this event and recruit a team at Emmanuel, please let the Office know.

#### **Monday Night Christian Meditation Group**

"If anyone wishes to be a follower of mine, he must leave self behind; day after day he must take up his cross, and come with me" (Luke 9:23)

As we enter the silence within us, having allowed ourselves to become aware of its presence in the first place, we are entering a void in which we are unmade. We cannot remain the person we were or thought we were. But we are, in fact, not being destroyed but awakened to the eternally fresh source of our being. We become aware that we are being created, that we are springing from the Creator's hand and returning to Him in love." – John Main OSB

The meditation group meets on Monday evening for an hour starting at 7:00pm on Zoom. There is 25 minutes of silent meditation, a talk or video presentation, and a time for sharing.

For further information and a zoom link, please contact Evelyn Perkins (perkeve@hotmail.com).





# Food Bank & School Supplies Sunday and Monday

It's that time again. Time to think about donating to the Rideau Rockcliffe Community Resource Centre food bank.

Size 3T, 4T, and 5T diapers and feminine supplies are especially appreciated, as is coffee. Rice, canned goods (meats, vegetables and fruits), and whole grain cereals are appreciated. Egg boxes are back on the list too. Reusable grocery bags continue to be welcome.

Donations of pencil crayons, HB Pencils, Pens, kid safe scissors, rulers, lined notebooks, duotangs, binders, calculators, and small hand sanitizers are all needed school supplies.

Feel free to drop contributions in the **Food Bank Collection Box** on or before Sunday, August 3<sup>rd</sup>. You can bring your donations to the church on Monday, August 4<sup>th</sup> between **2:00 to 3:00 PM**.

At this time, we will not be accepting monetary donations to the Russell Heights Food Bank – either in cash, cheque or e-transfer. Monetary donations can be made directly to:

Russell Heights Community House 1799 E&D Russell Road Ottawa ON K1G 0N1

No tax receipts will be issued.



Saturday, November 15, 2025

There will be many opportunities to contribute in big and small ways in the Fall, but for now.....

If you are canning or making jams over the summer, please consider setting aside a jar or two for our Bazaar.

If you are cleaning out, clearing out or wondering what to do with no-longer-needed treasures, please consider setting items aside for our Bazaar.

If you are doing any small wood working projects over the summer, please consider donating a few works of art to our Bazaar. Christmas themed items in wood are always appreciated.

If you are re-potting or pruning indoor plants, please consider making a few small pots for our PLANT TABLE (new) at the Bazaar.

Thank you for your support Brenda Ashe, Bazaar Convener







# **CHRISTIAN DEVELOPMENT**

**Group activities** for kids aged 3 to 14 continue to be provided during Sunday services during the summer months.

Rainbow Hub is a monthly social group for LGBTQ2+ youth who are 12-18 years old from across the city. It is paused for the summer and will resume on Friday, September 5. For more information, please contact Ellen Brohman. (ellenbrohman@gmail.com)

Youth Community Service Leadership Camp - July 7 to July 11, 9am to 3:30pm. Youth going into Grade 6 to 10 will take part in community outreach projects as well as games, crafts and baking. For more information or a registration form, contact Amelia Brohman or Valerie Lines.

Youth going into Grade 4 and up will spend Monday and Tuesday at Emmanuel preparing food for our cance trip, playing games and take

Lines.

food for our canoe trip, playing games and taking part in other activities. Wednesday morning to Friday afternoon will be spent canoe camping at Lac LaPeche, about 50 minutes north of Ottawa. For more information or a registration form contact Valerie

Our *Let's Stay Together* Sundays will resume in September! We welcome suggestions of topics or themes for future sessions; please pass them on to any member of the CD team.



#### **COUNCIL**

There are no meetings of Council or Executive of Council scheduled for July and August. Our next Council meeting will be on Tuesday, September 16, 2025 at 7:00 pm on Zoom.

#### Have a great summer!

May it be filled with sunshine, fun, and relaxation.

### **FINANCE**

As summer approaches, as temperatures rise and as families drift off to their cottages, charitable giving tends to decline.

Help us avoid the dreaded summer giving slump.

Please consider continuing your contributions to Emmanuel over the summer months even if you are not around. There are many ways you can do it:

- by dropping off your donation at the church before you leave
- by setting up pre-authorized remittances (PAR)
- by Interac e-transfer to envelope.secretary@emmanuelunited.ca

# **GLOBAL PARTNERS**



# **Fundraising for Camp Chipembi 2025**

Just a reminder, we are still working to raise funds in support of Camp Chipembi this year.

You can sponsor in any of the following ways:

- Send a kid to Camp Chipembi (t-shirt & lunches) \$50
- Any number of t-shirts \$15 each
- Any number of lunches \$7 each or lunches for a kid for the whole camp \$35

You can sponsor any of the above in the usual ways:

- a) buy a sponsorship at the table at Coffee & Conversation;
- b) make an e-transfer to envelope.secretary@emmanuelunited.ca; or
- c) write a cheque (payable to "Emmanuel United Church") in an envelope mailed or dropped off at the church.

In the case of b) or c), please indicate in the comments field or on a note what you are sponsoring and that it is for Camp Chipembi.

Tax receipts will be provided.

Starting in June, there will be a suitcase in the Narthex with a list of supplies needed in the operation of the camp. You can also support Camp Chipembi by purchasing supplies on the list and leaving them in the suitcase.

If you have any questions, you can call Keith Jeacle @ 613 440-6646 or Jim Lamb @ 613 797-2753

#### **HEALTH**

#### TAKE TIME TO BE WHOLEY -

#### **Exercise Programs for Seniors**

As we break for the summer, the Health Committee of Emmanuel United Church would like to extend our heartfelt thanks to all participants for your continued support and commitment to the program. A special thank you to our dedicated instructors, André and Kris, for their excellent leadership and care.

Please note that there will be no classes over the summer months. Take Time to Be Wholey will resume in the fall on Monday, September 8, and beginning with the fall session, our drop-in fee will increase to \$7.00 per visit.

We wish you a safe, healthy, and joyful summer — see you in the fall!

Warm regards,

#### **Debbie Meek and Louise Burness**

Co-Chairs, Health Committee, Emmanuel United Church

## **KEEPING IN TOUCH**

#### Moving? Address/Phone Number/Email Changes

Summer is often the time for moves. Please notify the church office and also let KIT know if there are changes, so that we can update the congregational directory and keep in touch with you.

#### **Summer Hospitality**

A warm welcome is always appreciated by guests worshipping at Emmanuel during the summer. If you notice visitors, please invite them to join you for a glass of lemonade. It is helpful if they are also invited to sign the guest book with a name, address and phone number so that we can follow up. Summer is a perfect time to take a walk and visit or make a phone call to someone in the Emmanuel community that you have missed.

#### **Contact Us**

Emmanuel is a caring community. If you hear of concerns that you can share, we would like to hear from you. Members of the Committee are: Janet Campbell, Latisha Joseph, Phyllis MacRae, Hilde Reynolds, Joyce White, David Wray, Zawadi Zahinda.

Contact: welcoming@emmanuelunited.ca

Our next KIT meeting is Tuesday, September 9 on Zoom at 7:00 P.M. We welcome new members on the committee. Have a safe and restful summer!

# MINISTRY & PERSONNEL

- Summer is vacation time, including for our staff!
- Abi is on vacation for the month of July. Ann has arranged for supply pianists while Abi is away.
- Ann will be away from July 9 July 18.
- Ron will be away June 25 July 1, and the week of August 25.
- Grant will be on vacation from June 23 through July 13; he will be back in the office on July 14.
- Summer office hours are in effect. From July 7<sup>th</sup> August 28<sup>th</sup>, the office will be open Tuesday-Thursday, from 9 am 2 pm.
- We wish all our staff a wonderful summer!

#### PASTORAL CARE

THRIVING TOGETHER • FOSTERING SELF-ADVOCACY THROUGH MUTUAL SUPPORT

As your pastoral care provider, I've been reflecting lately on how deeply advocacy is woven into the care we offer one another. Time and again, I witness the quiet courage it takes for someone to speak their truth — to name a need, to ask for help, or simply to share what's on their heart. That, too, is advocacy. It's the brave act of showing up honestly, trusting that your voice matters. Galatians 6:2 reminds us, "Carry each other's burdens, and in this way you will fulfill the law of Christ." This is the beauty of mutual support — we are not meant to journey alone. In our community, we lift one another with compassion, encouragement, and grace. Self-advocacy isn't a solitary act; it's a shared strength, nurtured in the warmth of God's love and the care of those around us. May the summer months bring you stillness for the soul, joy in the present moment, and the quiet assurance of God's presence.

#### **Meditative Reflection:**

"To plant a garden is to believe in tomorrow." — Audrey Hepburn To plant a garden is to step softly into the mystery of time, embracing the quiet unfolding of life's unseen rhythms. Each seed is a sacred gift, carrying within it the silent hope of a future yet to come, a future shaped by patience and gentle care. As we tend the earth, we learn to listen deeply—to the whisper of the wind, the warmth of the sun, and the steady pulse of the growing root. In this sacred tending, the garden becomes a mirror for our own inner landscape, where hope blooms quietly, nourished by presence, trust, and the tender unfolding of grace. To garden is to believe in the beauty of becoming, and to remember that even in stillness, life is always moving toward light. (Inspired by John O'Dononue)

#### The Pastoral Care Team

If you ever find yourself in need of a listening ear — whether you're celebrating, grieving, wondering, or simply feeling the weight of the day — the Pastoral Care Team at Emmanuel is here for you. We're here to offer a gentle presence, a compassionate heart, and prayerful support, whatever the season you're in. To get in touch with the Pastoral Care Team, contact Ron MacDonald, Pastoral Care Provider at: pastoralcare@emmanuelunited.ca or contact the church at 613-733-0437.

**Pastoral Care Team**: Rev. Grant Stuckless, Dr. Ron MacDonald, Malcolm Collins, Patricia Fairbairn, Terry Henderson, Jon Jones, Jill MacLean, and Joyce White (Keeping in Touch).

#### **WORSHIP**

July 6

Worship at Rideau Park 10:00

July 13

Guest preacher Rev. Anne Montgomery

July 20

Luke 10: 38-42

July 27

Luke 11: 1-13

August 3

(Rideau Park will join us at Emmanuel)

Luke 12: 13-21

August 10

Luke 12: 32-40

August 17

Luke 12: 49-56

August 24

Jeremiah 1: 4-10

August 31

Psalm 81: 1, 10-16

August 6, 13, 20, 27.

Wednesday evening worship in Botsford Garden

# United Church of Canada 100<sup>TH</sup> ANNIVERSARY SERVICE Photos and Highlights



This beautiful quilt has squares from communities of faith throughout our region. It was quilted by the quilting group at St. John's United Church, Kemptville. Thank you to these quilters for their amazing work! More squares will be added, including some squares for communities of faith who didn't send in a square of their own.

See if you can spot Emmanuel's contribution to the quilt & thank you to our quilting group for their work!

Thank you to Rev. Tori Mullin for the quilt photo!

Photographer Curtis Perry captured some highlights from the 100<sup>th</sup> Anniversary Service, more can be viewed on the EOORC website.





We would like to thank those who have made contributions in the month of June 2025 to the Emmanuel United Church as part of the *Simplify your Celebrations* project.

Donations were received as follows:



In memory of Joan Reveler.
by Wendy McCracken and Harold Hedley,
Kathy & John van Egmond,
Clarice Dewar,
Sharon Noonan



With thanks to many for assistance during my recent hospital visit.

by Steve Taylor



Many thanks for the kindness of Joyce & Ross White and Claire Dewar by Patty Kavcic



In appreciation for Sunday School Staff and Students and Volunteers for "Let's Stay Together"



Donations may be made by cheque payable to "Emmanuel United Church", e-transfer to <a href="mailto:envelope.secretary@emmanuelunited.ca">envelope.secretary@emmanuelunited.ca</a> or through the CanadaHelps.org "Donate Now" button on our website at <a href="https://www.emmanuelunited.ca">www.emmanuelunited.ca</a>

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