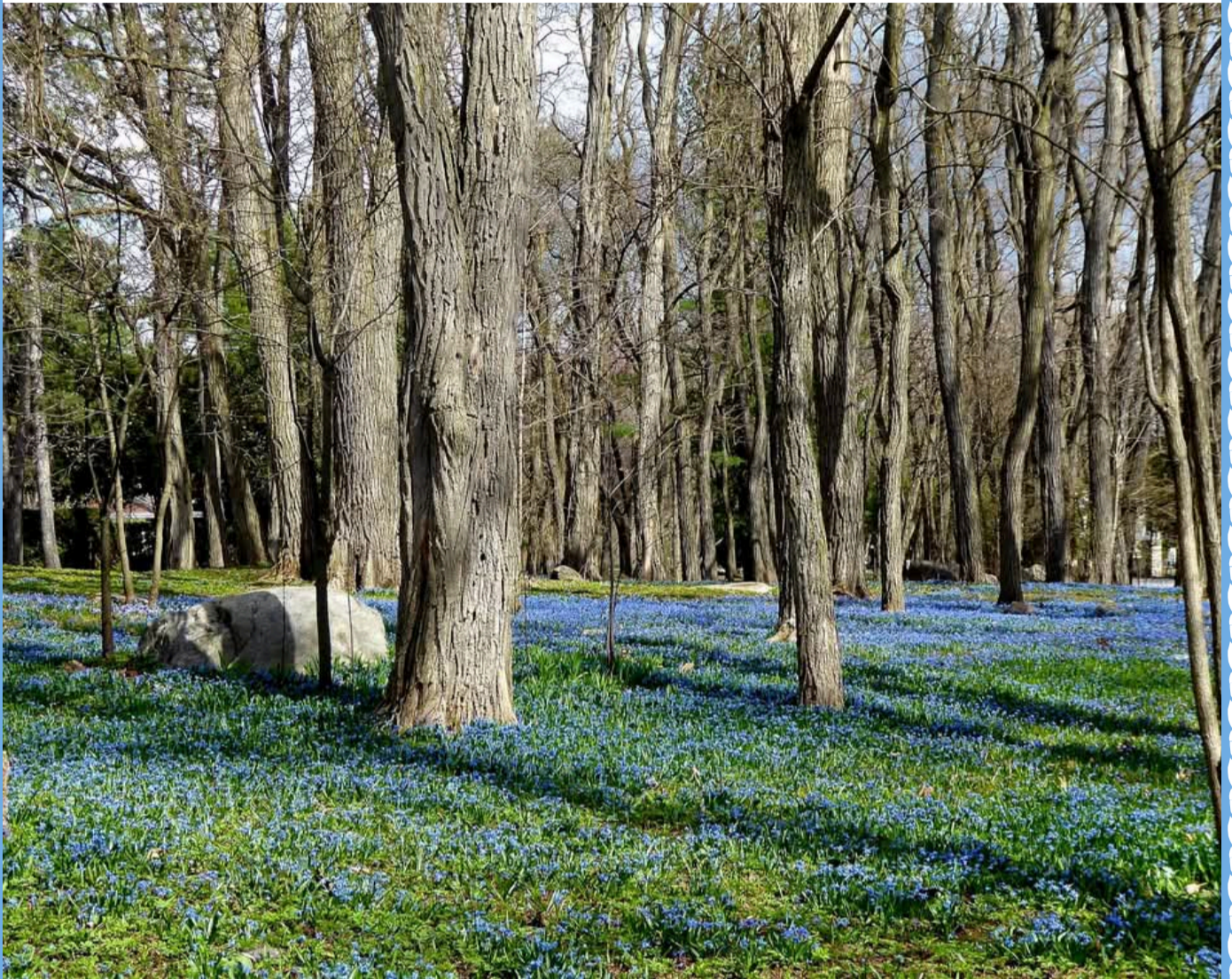


LIFE AND WORK OF  
EMMANUEL UNITED CHURCH  
MAY 2026



*Photo Credit: Joyce White, Village Green Park, Ottawa*

**SUMMER JUNE-JULY ISSUE SUBMISSION DEADLINE:  
MAY 25, 2026**

*Welcome to Emmanuel United Church*

**INCLUSIVE • COMPASSIONATE • JUSTICE SEEKING • WELCOMING ALL**

Welcome to Emmanuel United Church, where the church is the body of Christ with each member having unique gifts to share and a ministry to offer. We invite you to come and visit, to worship, to join in our fellowship, to participate in our many activities, and to enrich your faith. As an affirming church, we welcome everyone.

We recognize the Anishinabeg Algonquin Nation, on whose traditional unceded territory Emmanuel United Church is located. We gratefully acknowledge them as past, present and future stewards of this land.

**691 Smyth Road,  
Ottawa, ON K1G 1N7  
Website: [www.emmanuelunited.ca](http://www.emmanuelunited.ca)  
Telephone: 613-733-0437**

**Sunday Worship at 10:00 AM**

**Office Hours: Monday – Thursday  
9:00 am-4:30 pm**

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**Minister of Worship and Pastoral Care**

Grant Stuckless                      [revgstuckless@emmanuelunited.ca](mailto:revgstuckless@emmanuelunited.ca)

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**Pastoral Care Provider**

Ron MacDonald                      [pastoralcare@emmanuelunited.ca](mailto:pastoralcare@emmanuelunited.ca)

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**Office Administrator**

Emma Dowd                          [office@emmanuelunited.ca](mailto:office@emmanuelunited.ca)

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**Leader of Children, Youth and Young Adult Ministry**

Amelia Brohman                      [amelia.euc@gmail.com](mailto:amelia.euc@gmail.com)

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**Media Publicity**

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**Keeping in Touch**

Joyce White                          [welcoming@emmanuelunited.ca](mailto:welcoming@emmanuelunited.ca)

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For Information on any of our church activities, please call or email the office and check out our website - the upcoming events and good to know sections of the homepage host excellent content; get to know us even better by exploring more!



***In Memoriam***

In memory of Clarice  
Dewar, a long-time  
wonderful friend.

I will miss her voice on our  
phone calls. -Patty Kavcic

***Thank you to those who made  
donations to the Memorial Fund, in  
honour of a loved one or friend.***

*Blessed are those who mourn,  
For they shall be comforted.*  
**Matthew 5:4**

# HOLIDAY BAZAAR 2026

YOUR HELP IS NEEDED FOR THE 2026 HOLIDAY BAZAAR

**Scroungers Paradise** and **Silent Auction** are important areas in our Bazaar. Each of these areas requires a Supervisor(s) for our 2026 Holiday Bazaar on Saturday November 14, 2026.

I am inviting families, friends, neighbors, Emmanuel Groups to consider working together to manage either of these areas. I'm open to all possibilities.

All Bazaar proceeds go to the General Fund used to support our Church building, programs and initiatives.

If you have questions, can supervise **Scroungers Paradise** or **Silent Auction**, please contact: [brendal Ashe@gmail.com](mailto:brendal Ashe@gmail.com)

**Brenda Ashe**  
**Bazaar Convener**

# ACTIVITIES & GROUPS

**Emmanuel's Book Club** meets in person in the lounge on May 11<sup>th</sup> at 7:00 pm to discuss *Proof* by Beverley McLachlin.

The **Emmanuel's Men's Group** meets monthly for Breakfast from 8:30-10:30 am at Roger's Italian Bistro, at 500 Terminal Ave. The upcoming dates are May 9, June 13, July 11, & August 8.

## **Broadview subscriptions**

The next subscription cycle for Broadview magazine will begin in July. Watch for an email from the church within the next week or two which will provide details on how to subscribe or renew an existing subscription.

Dave Langner,  
Broadview co-ordinator

## **The Thursday Morning Discussion Group ('Heretics')**

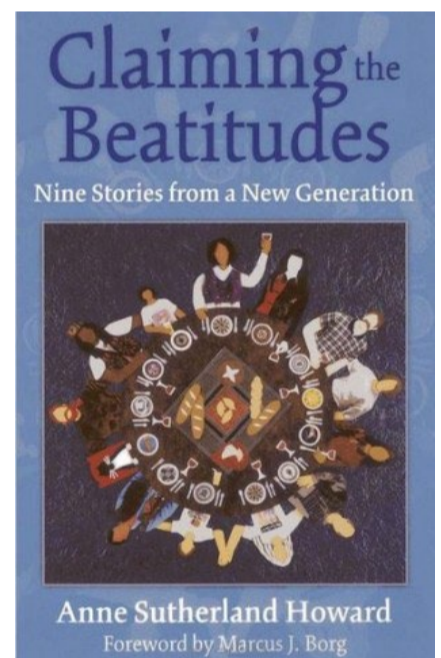
May promises to be a lively month at Heretics!

On April 30, Phil and Linda English will join us for a discussion on economic disparity. We look forward to hearing their perspectives.

We will then study the beatitudes using *Claiming the Beatitudes: Nine Stories from a New Generation* by Anne Sutherland as a resource.

On May 14, we will break for a discussion of St. Cuthbert's way and Lynn Solvaston will describe her pilgrimage there.

Heretics meets weekly on Thursday mornings at 10:00 on Zoom. Drop-ins are welcome, and there is no need to have the book to attend. Please contact the church office or any member of Heretics for a Zoom invitation.





# Bells in Spring Concert

Sunday, May 3 at 7 pm



*Featuring*

A Touch of Brass, La Bell Ensemble and Ringing Praise  
(Rideau Park United Church)

*and*

Emmanubells (Emmanuel United Church)  
St. Andrew's Ringers (St. Andrew's Presbyterian Church)  
Trinity Hilltop Ringers (Trinity Presbyterian Church)

**Freewill Offering**

Rideau Park United Church, 2203 Alta Vista Drive, Ottawa






A  
CONVERSATION  
OPPORTUNITY FOR FAMILIES

# Living With Transitions

MAY 25<sup>TH</sup> 7:00 PM - 8:30 PM 2026


At Emmanuel United Church, 691 Smyth Road, Ottawa



Marc Séguin, author of the book *Advocacy in Aging* will be at Emmanuel United Church to lead families in a discussion about how to plan for, and support each other in aging. All are invited.

If you have parents, children, friends, and family with whom you share an aging plan, or you have wondered how to start the conversation, this discussion and workshop opportunity might be what you have been looking for.

To learn more about Marc, his background, and the event, check out the upcoming events on Emmanuel's Website, [www.emmanuelunited.ca](http://www.emmanuelunited.ca)





## CHRISTIAN DEVELOPMENT

The Nursery is available every Sunday.

Sunday School activities for children aged 3 to 14 take place during our Sunday church service.

Rainbow Hub is a monthly social group for LGBTQ2+ youth 12-18 years old from across the city. The date of the May Rainbow evening is TBD. For more information, please email Ellen at ([ellenbrohman@gmail.com](mailto:ellenbrohman@gmail.com)).

### **Let's Stay Together Sunday – May 3**

Join us for lunch after the service on May 3 followed by a choice of two activities with the theme of poetry. Jamaal Jackson Rogers will be our speaker. Jamaal is well known in Ottawa's spoken-word and literary scene and was Ottawa's poet laureate in 2018. There will also be an activity to explore poetry for the young and young at heart.

Looking ahead to **Sunday, June 7** – our Let's Stay Together activity will be square dancing for all ages, led by a caller and some dancers from the Merry Squares group. Mark it on your calendar and come out to dance (or watch)!

**Youth and Children Event – May TBD** - Parents are invited to drop their kids off for a few hours for games, crafts and a meal. Tweens and teens will have an activity at the same time. Amelia is currently canvassing for the best date. Contact Amelia for the date chosen and for more info.

**Summer Camps** – We're looking ahead and have picked the dates for our summer camps!

**Youth Outreach Leadership Camp – July 27 to 31** for youth in Grades 6 to 10 (please note the change in dates from what was published in February)

**Canoe Camp** – August 10 to 14. This is a camp for youth going into Grades 4 and up. We spend two days at Emmanuel and three days (two

nights) canoeing and camping at Lac La Peche in Gatineau Park. Contact Amelia Brohman or Val Lines if there are any questions and look for more information and registration forms soon.

### **Young Adult Event – May TBD**

Eleven young adults gathered on Monday, March 23 to make dinner together and play board games. The next event will be bubble soccer – the date is being confirmed. Contact Amelia for more information.

## **FINANCE**

**Post-Secondary Bursary** – Students entering the first year of a post-secondary program are encouraged to apply for a bursary from Emmanuel. To apply, please fill in the application form found in the *finance section* of Emmanuel’s website on the Resources page. Include a letter of reference and proof of acceptance into the program. For more information contact Janice Péron, Val Lines or Ellen Brohman. **Applications are due by June 7, 2026.**

## **GLOBAL PARTNERS**

### **Pilgrimage trip to El Salvador March 2027**

Our neighbours in the East Central Region are making plans for a visit to our partners in El Salvador in March 2027. If you would like to learn about the plans for the trip, sign up for a Zoom call on May 5 at 7:00 pm. To get the zoom link and register for the call, contact Rev Wanda Stride at [minister@trinitystandrews.ca](mailto:minister@trinitystandrews.ca).

# HEALTH

## TAKE TIME TO BE WHOLELY- Exercise Programs for Seniors

### **Chair Yoga – Monday’s from 10:30 to 11:30 am**

Chair Yoga is a gentle and accessible way to enhance your flexibility, balance and overall well-being. It's perfect for individuals of all ages and fitness levels. No mat is required. Cost: Drop-in fee of \$7 per class or \$65 for 10 tickets.

### **Stretch and Strength – Friday’s from 10:30 to 11:30 am**

Exercise that consists of light exercises, some standing using light free weights and exercise bands. The program is designed to encourage seniors to stay or become more fit by stretching and exercising most body muscles. All the equipment needed is provided. Drop-in fee of \$7 per class or \$65 for 10 tickets.

The final day for TTBW will be Friday, June 12, 2026.

## KEEPING IN TOUCH

### **Emergency Contacts--Who Do We Call?**

Keeping in Touch will have a table set up at Coffee and Conversation on Sunday, April 26, to collect Emergency Contact information. Stop by to check the information we have for you, or if you are not on the list, provide us with an emergency contact, two are even better. You never know when it might be needed.

### **Membership**

Make Emmanuel your home church; we welcome everyone who chooses our congregation, wherever you are in your spiritual journey. Becoming a full member of The United Church of Canada signifies a deeper commitment to a progressive, inclusive community that offers opportunities for spiritual growth, active leadership, and social justice engagement. If you are interested in becoming a member on the Emmanuel Roll, through profession or reaffirmation of faith, or transfer of membership from another congregation, speak with Rev. Grant, or call the church office.

## **“I Have Called Your Name”**

Many people are wearing their nametags on Sunday mornings as a sign of hospitality and openness, especially to newcomers who are just getting to know others. If you need a nametag, add your name to the list on the bulletin board closest to the office.

**Members of the Keeping in Touch Committee** are Janet Campbell, Latisha Joseph, Phyllis MacRae, Hilde Reynolds, David Wray, and Zawadi Zahinda.

**Contact:** Joyce White, Chair at 613-324-8759  
welcoming@emmanuelunited.ca

Next Meeting: **Tuesday, May 5 at 7:00 P.M. on Zoom.**

## **PASTORAL CARE**

THRIVING TOGETHER • FOSTERING SELF-ADVOCACY THROUGH MUTUAL SUPPORT

### **Gratitude in the Garden**

There will be no Spring Pilgrimage Day this May. In its place, an event called Gratitude in the Garden is being organized.

**When:** Friday May 8<sup>th</sup>, 11:30 a.m. -1:30 p.m.

**Where:** In the Emmanuel Garden and the Lounge

**Who:** Anyone is welcome to join. We expect Carol Scott, our first pastoral care provider, to attend.

**Program:** There will be an opportunity for anyone, who wishes to share, what they are thankful for.

**What to bring:** Brown bag lunch and a lawn chair. (If you have an extra one, please bring it). Some snacks will be provided.

In the case of inclement weather, the event will move to the lounge.

**Questions?** Talk to Jill or Irene.

### **Transitions Event - Advocacy in Aging – Building your team for life transitions on Monday May 25th, at 7:00 p.m. at Emmanuel.**

There will be a presentation made by Marc Séguin, author of “Advocacy in Aging – Building your team for life transition,” to our cluster churches. Marc has helped many families, including his own, plan for and deal with the inevitable changes in life, triggered by unplanned events or aging. These experiences have enabled him to crystallize an approach, in

everyday language, to maintaining continuity in financial affairs and personal care.

As Marc writes, parents wish to support their children through the good as well as challenging times. Children want to be ready to support their parents through natural aging, life events, or illness. Marc will speak about building a **team of advocates** to meet those unplanned transitions families will meet in the future.

Marc invites attendees to bring along family members or friends who may form the ‘team of advocates.’

R.S.V.P. – Please let Emma in the main office know if you plan to attend and the number of family members or friends who will also attend.

### **A Meditation for the Month of May – The Quiet Resurrection**

As spring deepens into May, the natural world comes alive in ways that feel almost intentional. Ecosystems expand, bloom, and renew themselves, offering a quiet reminder of a sustaining presence at work in all things. The vitality of May is, therefore, more than seasonal beauty; it is a glimpse into a cosmos still in the making, sustained and gently drawn forward by the presence of the Creator woven through every living thing.

John O’Donohue writes, “The beauty of the world is God’s tenderness made visible.” Spiritually, May becomes more than a month of beauty. It becomes an invitation to notice and feel part of what is happening all around us. To notice the ‘quiet resurrection.’

During this Easter season, look closely, listen carefully, notice scent and texture, even taste what is in this season. Let one sense guide you into awareness of the change underway. In doing so, you may see yourself part of the quiet resurrection unfolding in your life. “The beauty of the world is God’s tenderness made visible.”

### **The Pastoral Care Team**

The Pastoral Care Team offers emotional and spiritual support to individuals and families facing various life challenges. The well-being of the Emmanuel community is our priority. To get in touch with the Pastoral Care Team, contact Ron MacDonald, Pastoral Care Provider at: [pastoralcare@emmanuelunited.ca](mailto:pastoralcare@emmanuelunited.ca) or contact the church at 613-733-0437.

**Pastoral Care Team:** Rev. Grant Stuckless, Dr. Ron MacDonald, Malcolm Collins, Patricia Fairbairn, Terry Henderson, Jon Jones, Jill MacLean, Richard Johnston and Joyce White (Keeping in Touch)

# WORSHIP

Looking ahead to Worship in May

**May 3**

John 14:1-14

**May 10**

John 14:15-21

**May 17**

John 17:1-11

Baptism

**May 24**

Pentecost

Communion

**May 31**

CD intergenerational service

**Land Acknowledgement**

The Worship committee has discussed using a variety of Land Acknowledgements in our Sunday services. We hope this will help us to avoid falling into the habit of hearing the same words without reflecting on their significance. If you have suggestions for alternative versions, please pass them onto any member of the Worship committee for our consideration.

Notes:

Notes:

# *Simplify Your Celebrations*

FORM TO  
ACCOMPANY DONATION

Donation to:

Emmanuel United Church  
691 Smyth Road, Ottawa ON K1G 1N7

General Fund  Capital Fund

From: (Name) \_\_\_\_\_

(Address) \_\_\_\_\_

In recognition of:

*Please provide a statement that could go into the next monthly packet,  
along the lines of those on the previous page.*

\_\_\_\_\_  
\_\_\_\_\_

If you do not wish for this to be published, please check here \_\_\_\_\_

Please send acknowledgment to:

\_\_\_\_\_  
\_\_\_\_\_

If you wish this to be an anonymous donation, please check here \_\_\_\_\_

Amount: \$ \_\_\_\_\_

*Thank You*