

LIFE AND WORK OF EMMANUEL UNITED CHURCH OCTOBER 2026



Photo Credit: Emma Dowd

NOVEMBER ISSUE SUBMISSION DEADLINE:
OCTOBER 19, 2026

Welcome to Emmanuel United Church

INCLUSIVE • COMPASSIONATE • JUSTICE SEEKING • WELCOMING ALL

Welcome to Emmanuel United Church, where the church is the body of Christ with each member having unique gifts to share and a ministry to offer. We invite you to come and visit, to worship, to join in our fellowship, to participate in our many activities, and to enrich your faith. As an affirming church, we welcome everyone.

We recognize the Anishinabeg Algonquin Nation, on whose traditional unceded territory Emmanuel United Church is located. We gratefully acknowledge them as past, present and future stewards of this land.

**691 Smyth Road,
Ottawa, ON K1G 1N7
Website: www.emmanuelunited.ca
Telephone: 613-733-0437**

Sunday Worship at 10:00 AM

**Office Hours: Monday – Thursday
9:00 am-4:30 pm**

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For information on any of our church activities, please call or email the office and check out our website - the upcoming events and good to know sections of the homepage host excellent content; get to know us even better by exploring more!



AN
OPPORTUNITY FOR
LUNCH & CONVERSATION

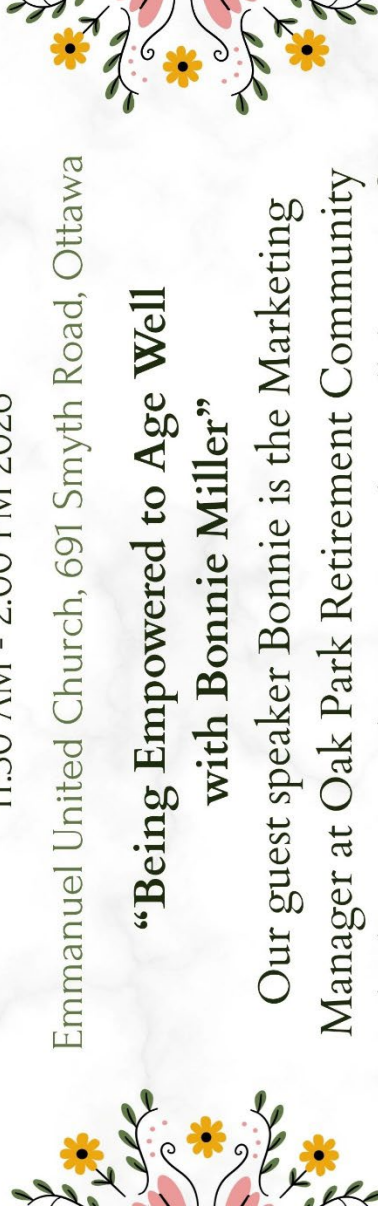
Living With Transitions

WEDNESDAY, OCTOBER 14TH
11:30 AM - 2:00 PM 2026

Emmanuel United Church, 691 Smyth Road, Ottawa

“Being Empowered to Age Well with Bonnie Miller”

Our guest speaker Bonnie is the Marketing Manager at Oak Park Retirement Community. She has a special interest in the well-being of seniors who face life transitions. Bonnie will be bringing her professional experience and training as a Life/Health Coach to our conversation. Please RSVP by October 9 to Ron MacDonald or the Office.



Shantymen's Dinner

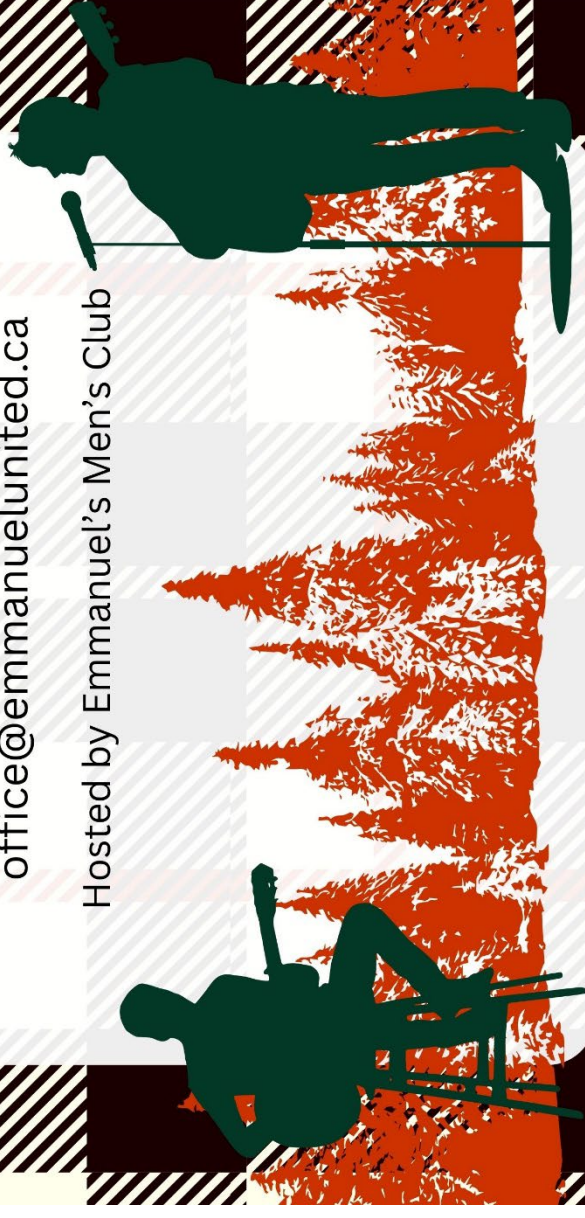
Saturday, October 24, 2026
5:00 PM & 6:45 PM
Emmanuel United Church,
691 Smyth

Homemade beans, bread, ham, coleslaw,
and dessert, with entertainment by the
Emmanuel River Boys

**Tickets: Adults \$25; Seniors (60+)
\$20; Children under 12 \$10;
Families \$60**

Contact our office for tickets,
613-733-0437 or email
office@emmanuelunited.ca

Hosted by Emmanuel's Men's Club





Emmanuel United Church
Holiday Bazaar

Saturday, November 14, 10am-2pm.

The Bazaar is approaching quickly, and planning is underway for this major fund-raising event where proceeds go directly to Emmanuel's General Fund. We are looking forward to everyone being involved in big and small ways, each helping to make this event fun and successful!

Please consider volunteering to assist in various areas and/or working on Bazaar Day, Saturday November 14. Sign-up sheets will be in the Narthex in late October. You can contact Brenda Ashe: brendalashe@gmail.com or 613-806-2296 or talk to Brenda on Sunday, if you have any questions.

We are still seeking someone to be in charge of setting up and working at the **Indoor Plant Table**. If you don't want to be in charge of an area, but are willing to help out with setup, please consider signing up to assist with the **Scrounger's Paradise**. That room will need a lot of help to set up before and on November 14.

There will be two more craft workshops in late October and early November. Check the Sunday bulletin and website for more information. Also, don't forget to sign up for one of the Deli Workshops and help to make specialty meals. The signup sheet and meal listings for the workshops are on an easel in the Narthex.

Your donations are so important to the 2026 Bazaar. Here are the various areas and special requests to consider when donating this year:

BAKING: All baking is welcome! Ginger, chocolate chip and oatmeal cookies sell well. Fudge, jams, jellies, preserves, small loaf cakes, muffins, cupcakes, squares and seasonal items are all appreciated. Cookies can be packaged by 6 or 12. Iced Cupcakes packaged in boxes to protect the icing, and muffins can be packaged by 2, 4 or 6 per package. Again, all baking is welcome.

BOOKS/CDs: Young adult and children's books sell well. Mystery, biography, history, crafts, self-help and travel books are appreciated. Please no textbooks, encyclopaedias, or Harlequin romance.



691 SMYTH ROAD, OTTAWA
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613-733-0437





Emmanuel United Church
Holiday Bazaar

CHRISTMAS CRAFTS & GIFTS: Newly made crafts for Christmas giving and decor.

INDOOR PLANT Table: Potted cuttings or plants for indoors.

JEWELRY and ACCESSORIES: Jewelry that does not require repair. Accessories can include gently used and cleaned scarves, ladies' gloves, purses, belts, and jewelry storage boxes.

KNITTING and SEWING: ONLY NEW knitted and sewn items please. The estimated cost of the item should be included with the donation. Toques, socks, mitts, baby items, kitchen towels, dish cloths and cloth wine bags are all appreciated.

SCROUNGERS PARADISE: Items in good condition and in working order. Games, toys, sports equipment and puzzles with no missing pieces. No cracked or chipped dishes/glassware. No bicycles or large equipment. There will be a Christmas Corner for decorations BUT no electric lights please.

SHANTYMEN'S DELI: Homemade bread and rolls are needed to sell alongside the Deli items available at the table. Rolls packaged in quantities of 4 and 6 sell well.

SILENT AUCTION: Can you provide tickets to an event (EXAMPLE. season ticket holders who know they will be away), or a service to help others? A service can include making a dinner for pick-up or delivery, making a photo book, giving computer help. Also, unique treasures, good quality collectables and children's items are popular. Please no large sets of dishes, no large furniture items or non-working electrical items. No clothing.

WOODWORKING: Handmade wood items and wooden Christmas items. No furniture please.

WISH UPON A STAR DISPLAY: Freely offers an invitation to make a wish for someone or something this holiday season

***PLEASE NOTE: WE ARE ABLE TO RECEIVE YOUR DONATIONS THE WEEK BEFORE THE BAZAAR. BAKED GOODS ARE BROUGHT IN ON FRIDAY, NOVEMBER 13.**



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ACTIVITIES & GROUPS

Book Club meets on Zoom on October 12 to discuss *The Break In* by Katherine Faulkner. Patricia will lead the discussion.

The **Emmanuel’s Men’s Group** meets monthly for Breakfast from 8:30-10:30 am at Roger’s Italian Bistro, at 500 Terminal Ave. The next meeting is October 10.

Emmanuel Bazaar ~ Deli Workshops

Once again, we will be offering an expanded Shantyman’s Deli at the Emmanuel Bazaar on Saturday, November 14th. We are looking for volunteers to help prepare the following items. A crew of 4-5 people works best. There will be sign-up sheets in the narthex starting in September. For more information, please contact Val Dowd.

From 12:30 – 4:00 approx.	Meals
Thursday, Oct. 8	Soup
Thursday, Oct. 15	Macaroni and Cheese
Thursday, Oct. 22	Vegetarian Curry
Thursday, Oct. 29	Lasagna

The **Thursday Morning Discussion Group** (‘Heretics’) will conclude the study of the beatitudes using *Claiming the Beatitudes: Nine Stories from a New Generation*, and then will move on to investigate Celtic Spirituality using the book *Sacred Earth, Sacred Soul: Celtic Wisdom for Reawakening to What Our Souls Know and Healing the World* by John Philip Newell

On **October 1** we will have a very special meeting, when Pennie Boyer will share with us her experiences with a project dear to her heart – the **Freedom Sewing Center**, which is based in **Lahore Pakistan**.

The Freedom Sewing Circle teaches underprivileged women sewing, tailoring, and manufacturing to empower them to be able to support themselves and their families. Ten students graduated from the one-



year program in May and twenty students are currently registered and studying. Pennie has visited there in person three times, and along the way has met many new friends.

All of the Heretics meetings will be held at **10:00 am Thursday mornings on Zoom**. Contact the church office or any member of Heretics for a Zoom invitation for this or for any of the Heretics meetings.



CHRISTIAN DEVELOPMENT

Nursery is available every Sunday.

Sunday School activities for children aged 3 to 14 take place during our Sunday church service.

Rainbow Hub is a monthly social group for LGBTQ2+ youth 12-18 years old from across the city. The next Rainbow evening is October 2, 2026. For more information, please contact Ellen Brohman. (ellenbrohman@gmail.com)

Let's Stay Together Sunday – There will not be a Let's Stay Together Sunday in October due to the Welcoming Emmanuel Workshop being held after the service on Oct 25. Look for our next LST on Nov 11.

Youth Night – Saturday, Oct 24 – Youth are invited to do some volunteer work and then take part in some fun Hallowe'en outdoor activities. The start time will be sent out later. Contact Amelia or Val Lines for more information.

Young Adult Activities

Planning for the next get-together is underway. Contact Amelia Brohman (amelia.euc@gmail.com) for more info.

UCC Online Workshop - Becoming an Intercultural Church

Members of the CD team will be joining in a UCC led online workshop on becoming an Intercultural Church from 6pm to 7:30pm on Wednesdays from Oct 14 to Nov 25. If you would like to join us, please contact Val Lines for instructions on how to register as part of our group.

COUNCIL

As a follow-up to the **Welcoming Emmanuel Workshop** in June, we are holding a second session focusing on worship and music. With the goal of developing a more appealing and inviting service, we ask for attendance from a wide range of the congregation. Join us for lunch after the service on **October 25th** and contribute to this important discussion.

GLOBAL PARTNERS

The Thanksgiving Pie Market will run until October 9. In person orders can start anytime now. Once again, this year, Apple, Raspberry, Blueberry, Strawberry Rhubarb and Peach pies will be offered in two sizes: 9” for \$18 and 6” for \$8. The funds raised will contribute to our global partners in El Salvador and Zambia. Go to www.euonlinemarket.ca to order pies.

Message from Emmanuel Baptist Church, San Salvador

Sisters and Brothers in Emmanuel United Church: We want to express our love and gratitude for your partnership and generosity. We hope to continue working together for God’s Kingdom in this world.

Emmanuel Baptist Church
San Salvador
El Salvador

Miguel Tomas Castro
Pastor



HEALTH

TAKE TIME TO BE WHOLEY – Seniors' Exercise Programs Drop-in Fee: \$7 per class

Chair Yoga – Mondays, 10:30–11:30 am

Chair Yoga offers a gentle and accessible way to improve flexibility, balance, and overall well-being. Suitable for all ages and fitness levels. No mat required.

Stretch & Strength – Fridays, 10:30–11:30 am

This program includes light exercises, both seated and standing, using free weights and exercise bands. Designed to help seniors stay active, stretch, and strengthen major muscle groups. All equipment is provided.

KEEPING IN TOUCH

Post-Secondary Students, Keeping in Touch

Thank you to everyone who has sent in addresses for College and University Students. **We want to include everyone, so this is a reminder that “thinking of you” packages will be delivered in late October.**

Send student information to Joyce at welcoming@emmanuelunited.ca or to 613-324-8759.

Coffee and Conversation:

Keeping in Touch will be hosting on October 4. If you would like to learn more about kitchen routines and the duties for Coffee and Conversation, we would be happy to welcome you to the kitchen.

That day we will have Photos of Newcomers available to insert in your 2024 Pictorial Directory as well as other updates.

Welcome Board Bienvenido(a) Karibu Willkommen Bienvenu(e)

You are invited to add Welcome in another language to the bulletin board at the top of the stairs. Supplies can be found in the Keeping in Touch mail slot.

October and November “Keeping in Touch”

There are opportunities to keep in touch with each other at the **Shantymen's Dinner on Saturday, October 24** and the **Emmanuel**

Bazaar on Saturday, November 14. Let's help make these events a great success by letting family, friends and neighbours know about them. **It is also a great way to keep in touch with other volunteers by working at the events.**

PASTORAL CARE

THRIVING TOGETHER • FOSTERING SELF-ADVOCACY THROUGH MUTUAL SUPPORT

Transition's Lunch and Talk

There will be a Transition's Lunch and Talk **Wednesday October 14th**. Bonnie Miller from Oak Park Retirement Community will be our guest speaker. Bonnie is a Marketing Manager for Retirement Communities. She has a special interest in the well-being of seniors who face life transitions. Bonnie will be bringing her professional experience and training as a Life/Health Coach to her talk and conversation – **Being Empowered to Age Well**.

“Being Empowered to Age Well with Bonnie Miller”

When: Wednesday October 14th, 2026

Time: 11:30 p.m. to 2:00 p.m.

Where: C.E. Hall

Please contact Ron MacDonald at pastoralcarel@emmanuelunited.ca or Emma at office@emmanuelunited.ca if you would like to attend. **Deadline to RSVP is Friday, October 9th.**

The Spiritual Blessing of the Seasons

Tuesday, September 22, marks the autumnal equinox—the official beginning of astronomical autumn. Once again, we arrive at a turning of the year, a holy reminder that nothing stays the same, yet everything is held. In autumn, the light shifts, the air cools, and creation quietly leans toward rest. There is a profound mystery and a spiritual gift in this rhythm of change.

The Irish poet and mystic John O'Donohue reminds us that there are seasons of the heart, and that autumn is the great “harvest circle” of the soul. O'Donohue invites us to see that growing, changing, and letting go are part of the soul's harvest. Just as a harvest gathers what has grown over time, we gather the wisdom our experiences have given us, the joys and sorrows that

have shaped us, and the lessons we want to carry forward. We can also leave behind what has become a burden—old fears, regrets, and expectations that no longer serve us. The harvest of the soul is not about keeping everything; it is about recognizing what is worth carrying with us and what we can gratefully let go.

So, as the world around us begins to slow, autumn invites us into a deeper, contemplative rhythm. This spiritual season asks us to trust that the fading light can be a gentle grace, creating space to pause, to let our experiences settle into wisdom, and to become more aware of the presence of the Creator—the deeper mystery that holds us, surrounds us, and is quietly at work within all of life.

As you enter this autumn, what is your life inviting you to gather, to release, and to make space for?

The Pastoral Care Team

If you ever find yourself in need of a listening ear — whether you're celebrating, grieving, wondering, or simply feeling the weight of the day — the Pastoral Care Team at Emmanuel is here for you. We're here to offer a gentle presence, a compassionate heart, and prayerful support, whatever the season you're in. To get in touch with the Pastoral Care Team, contact Ron MacDonald, Pastoral Care Provider at: pastoralcare@emmanuelunited.ca or contact the church at 613-733-0437.

Pastoral Care Team: Rev. Grant Stuckless, Dr. Ron MacDonald, Malcolm Collins, Patricia Fairbairn, Terry Henderson, Jon Jones, Jill MacLean, Richard Johnson and Joyce White (Keeping in Touch)

SOCIAL ACTION

Photos from Ottawa's Pride Parade, where Emmanuel members joined other United Churches and hundreds more to celebrate inclusivity and love.



Refugee Sponsorship Update: The Social Action committee is pleased to report that our Syrian friends Wael Abdo, his wife Tasnim and their son Adam have become Canadian citizens. Emmanuel started the sponsorship process in 2019. The family arrived in January 2023, and we supported them for a period thereafter. They have settled in well and had a daughter, Celine, in 2024. Wael is hoping to join the Canadian armed forces. If you would like to send them a card of congratulations, please contact Jon Jones or David Langner.

The **Rideau-Rockcliffe Community Resource Centre** is holding two tours at 10:00 a.m. on October 16 and 17 to showcase the impressive range of programs housed at the Rideau HS Hub. These include the food bank and Isaruit supported by EUC. Anyone interested should contact penglish407@gmail.com.

The **Heron Emergency Food Center** held its annual walkathon fundraiser on September 19. Donations are still very welcome as it strives to meet its goal of \$15,000.

There is a conference on the concept of a **Guaranteed Basic Income on October 17** at Bells Corner UC. It requires registration and a \$20 ticket.

World Communion Sunday Offering: October 4

Emmanuel congregants will join with Christians around the world for World Communion Sunday on October 4. This Communion Offering will be

dedicated to our partnership with the United Church of Zambia congregation in Chipembi. The links between Emmanuel and the Chipembi church are deep and strong. Members have visited and helped with projects; our youth have helped with Camp Chipembi, the Vacation Bible School, for many years. With funding from Emmanuel and Bells Corners United Churches the Chipembi Day School Secondary Girls Dormitory is nearly finished. Our communion offering is a great opportunity for each of us to share in the Chipembi story.

SOUTHEAST OTTAWA CLUSTER

You're invited to join
BCUC Basic Income Solutions

Workshop on Poverty Reduction & Bill S-206



8:30am-12:30pm

Keynote Speaker: **Dr. Evelyn Forget**
She is a key promoter of research on poverty reduction and basic income.

HIGHLIGHTS INCLUDE:

Limited Seats Available!

Tickets: \$20

Explore the
connection between
poverty reduction
and basic income

Network with others
supporting basic
income initiatives

Updates on the progress
& challenges surrounding
Bill S-206.

Lunch and
refreshments included!

Learn about
non-monetary solutions
to poverty, emphasizing
community support



Please register online, scan the QR Code. Payment can be made by:
1. e-transfer, treasurer@bcuc.org,
quote "basic income"
2. cheque payable to Bells Corners United Church
3. cash at door

FOR MORE INFORMATION

basicincome3955@gmail.com
613-820-8103



www.bcuc.org
Bells Corners United Church
3955 Old Richmond Rd, Ottawa, K2H 5C5

WORSHIP

Looking ahead to Worship in October

October 4th

World Communion Sunday

Matthew 21: 33-46

October 11th (Thanksgiving)

Guest – Rev. Brian Copeland

October 18th

Guest – Nadine Dawson

October 25th

Matthew 22: 34-46

Simplify Your Celebrations



We would like to thank those
who have made contributions
in the month of September, 2026
to the Emmanuel United Church as part of the
Simplify your Celebrations project.
Donations were received as follows:

In thanks for the generosity and hospitality
of Betsi and Malcolm
by Mary Turnbull

In celebration of Malcolm's 90th birthday
by Mary Turnbull.

With thanks to the CD Committee and helpers
for the Youth Leadership Camp in July
and the September Fall Fair.
A good time was had by all!

Amen to Kormassa Soriba
for her care and kindness to another
at the Fall Fair.

Gratitude to Steve Taylor
for his outstanding work
to publicize Emmanuel activities and events.

Donations may be made by cheque
payable to "Emmanuel United Church",
e-transfer to envelope.secretary@emmanuelunited.ca
or through the CanadaHelps.org "Donate Now" button
on our website at www.emmanuelunited.ca

Simplify Your Celebrations



FORM TO ACCOMPANY DONATION

Donation to:

Emmanuel United Church
691 Smyth Road, Ottawa ON K1G 1N7

General Fund ☐ Capital Fund ☐

From: (Name) _____

(Address) _____

In recognition of:

*Please provide a statement that could go into the next monthly packet,
along the lines of those on the previous page.*

If you do not wish for this to be published, please check here _____

Please send acknowledgment to:

If you wish this to be an anonymous donation, please check here _____

Amount: \$ _____

Thank You